





**Carne: muito mais que um
alimento, um símbolo natural**
Carnívoros e Vegetarianos na História Universal





**MAS ANTES DE
COMEÇAR...
... TEMOS ALGUMAS
PERGUNTINHAS!**





O QUE É “CARNE”?





As fontes de informação
para esse webinar

No princípio ... éramos mais caça que caçadores ...



BIOLOGICAL Anthropology

third edition



Craig Stanford | John S. Allen | Susan C. Antón



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UNGAR

Evolution's Bite



A Story of
TEETH, DIET,
and HUMAN
ORIGINS

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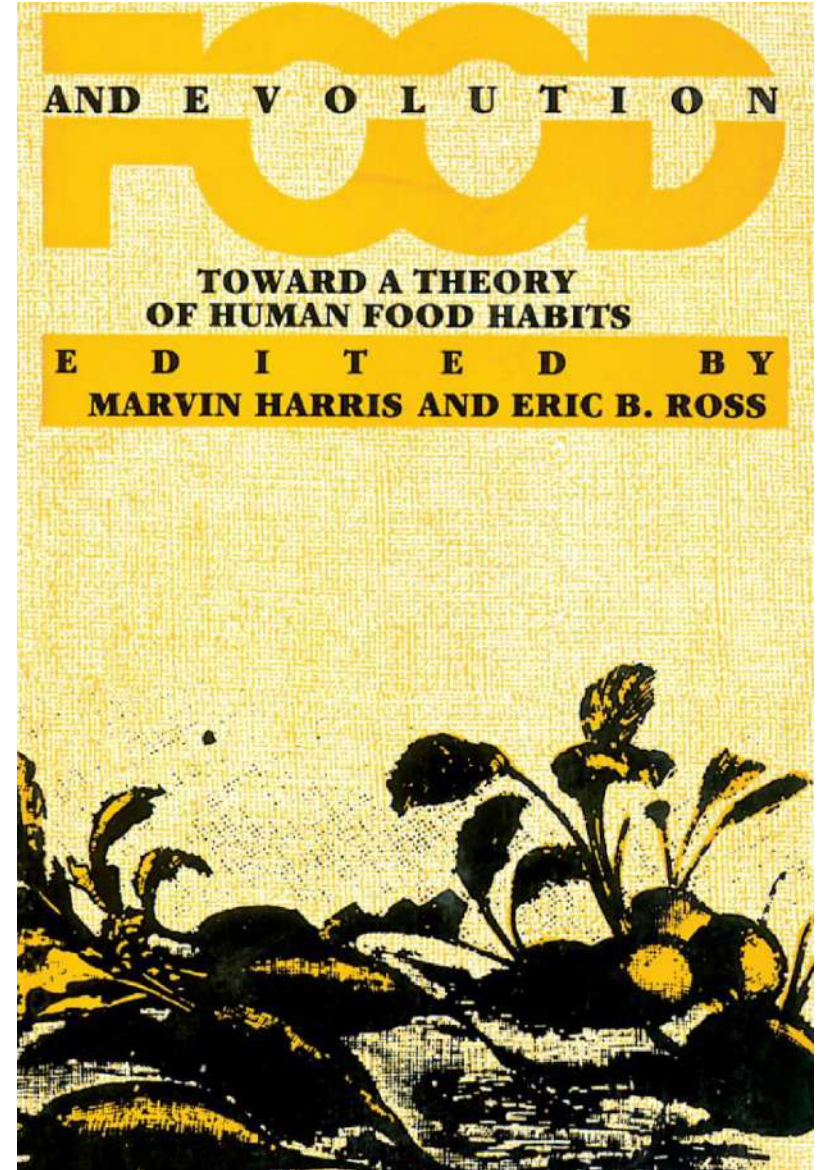
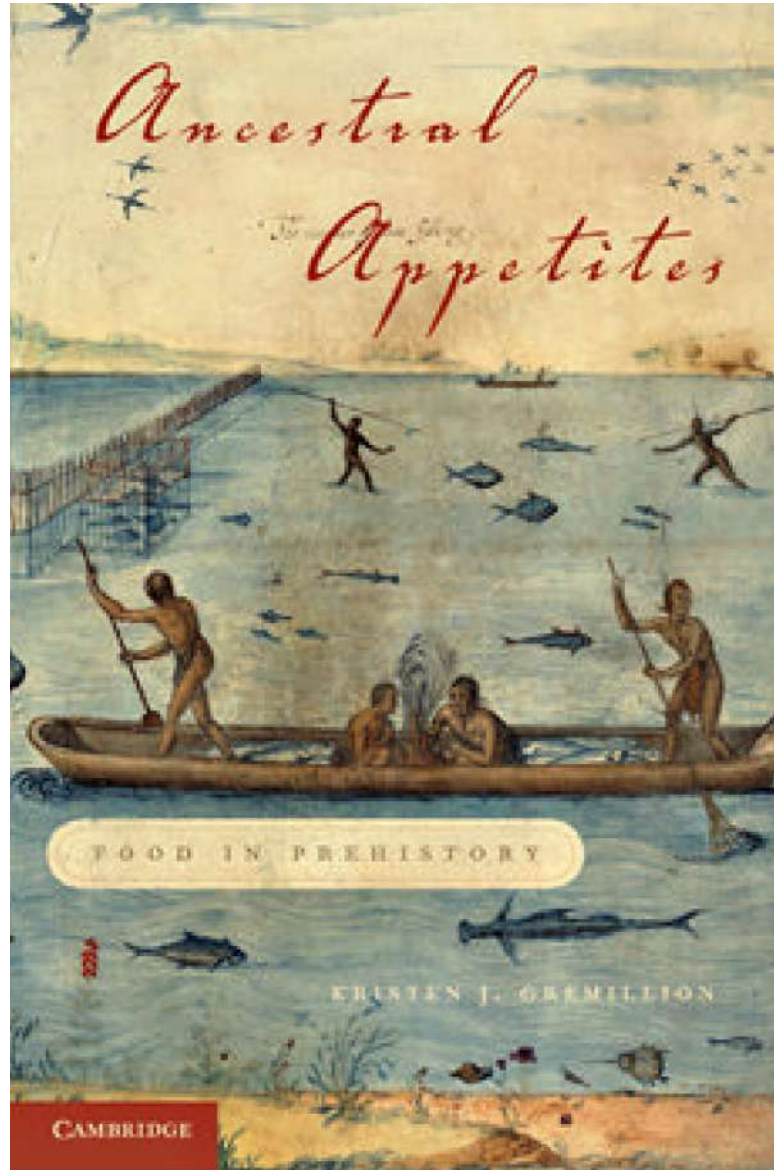
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*The Known,
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and the
Unknownable*

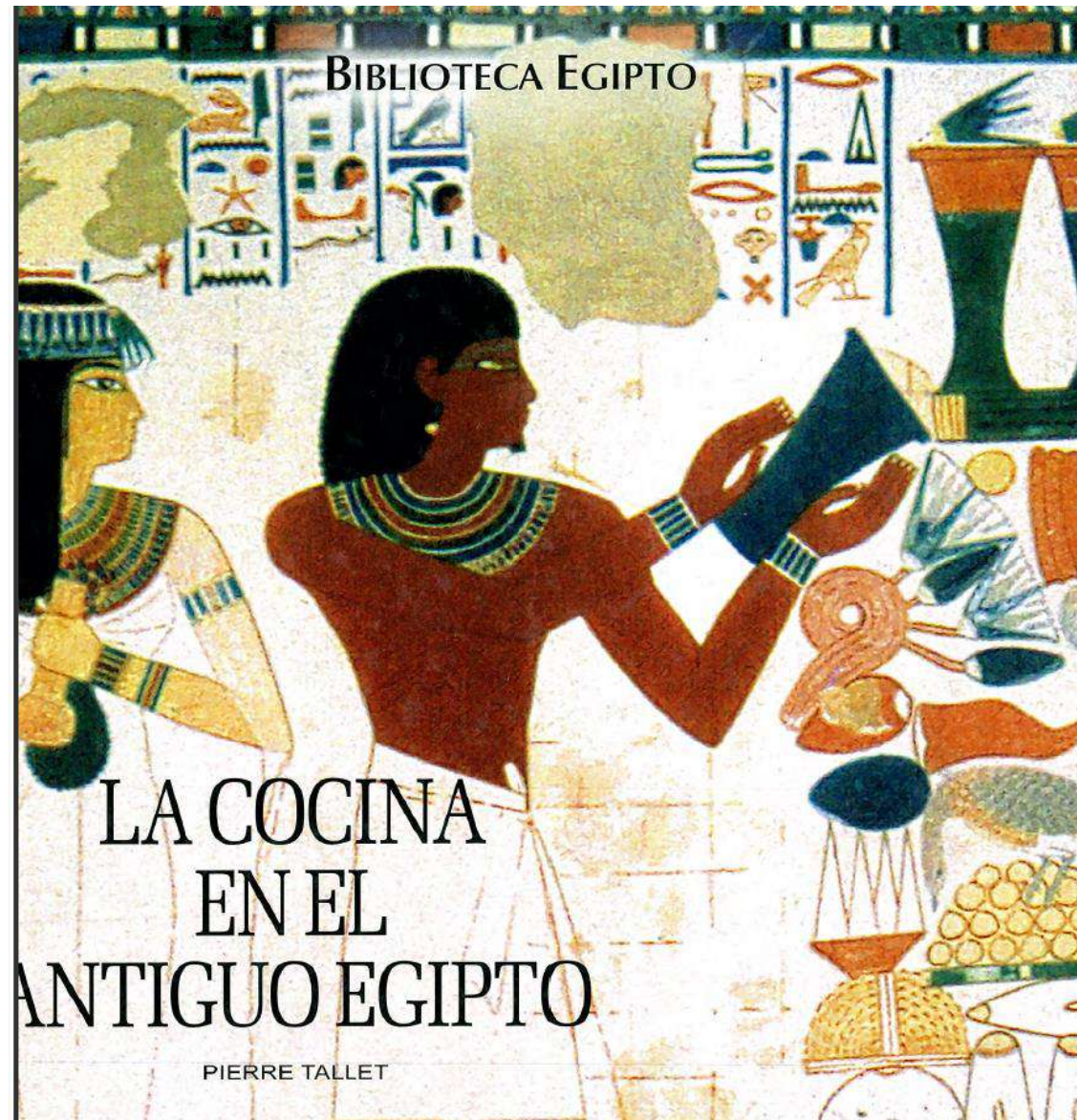


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A COMPANION TO
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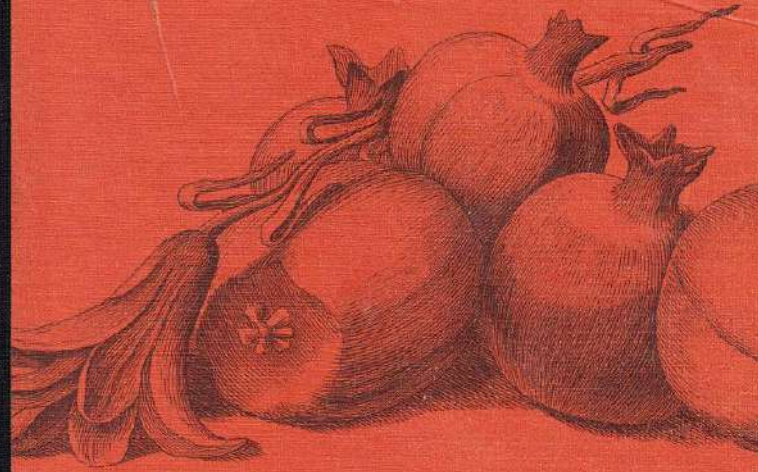
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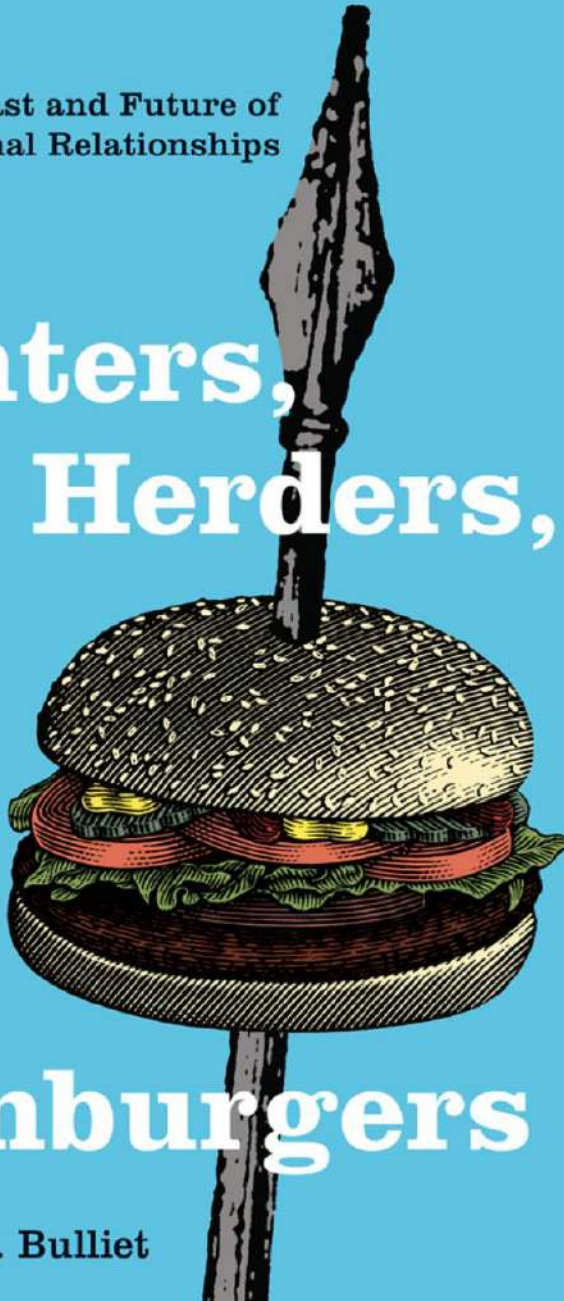
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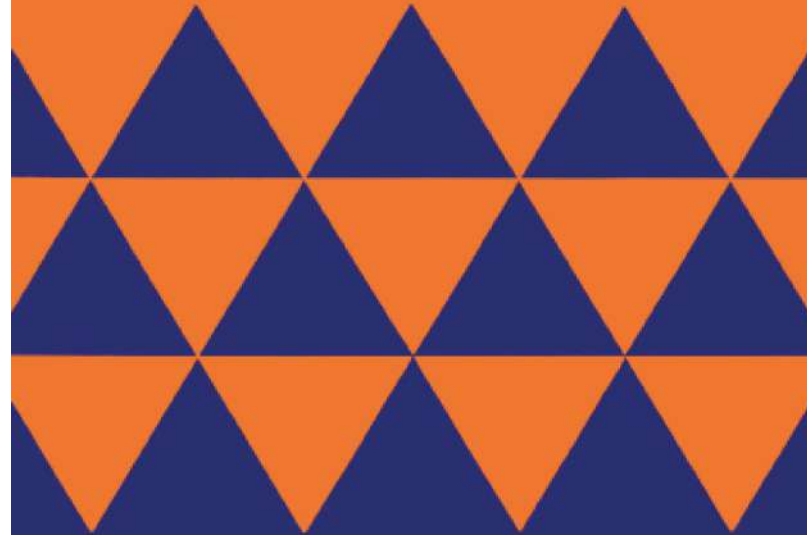


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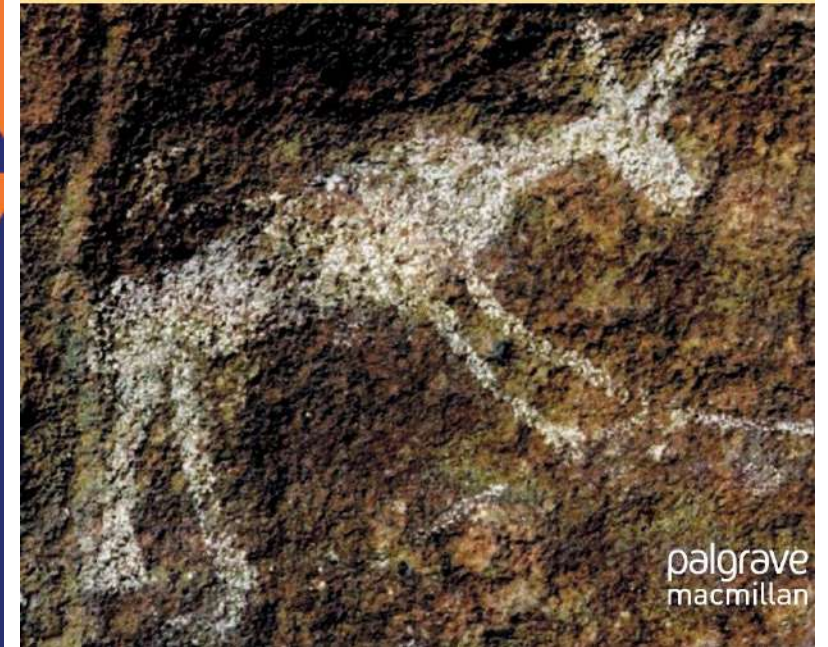
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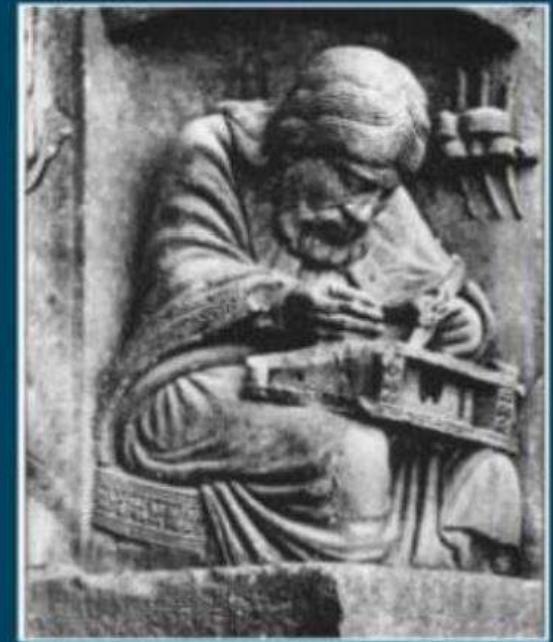
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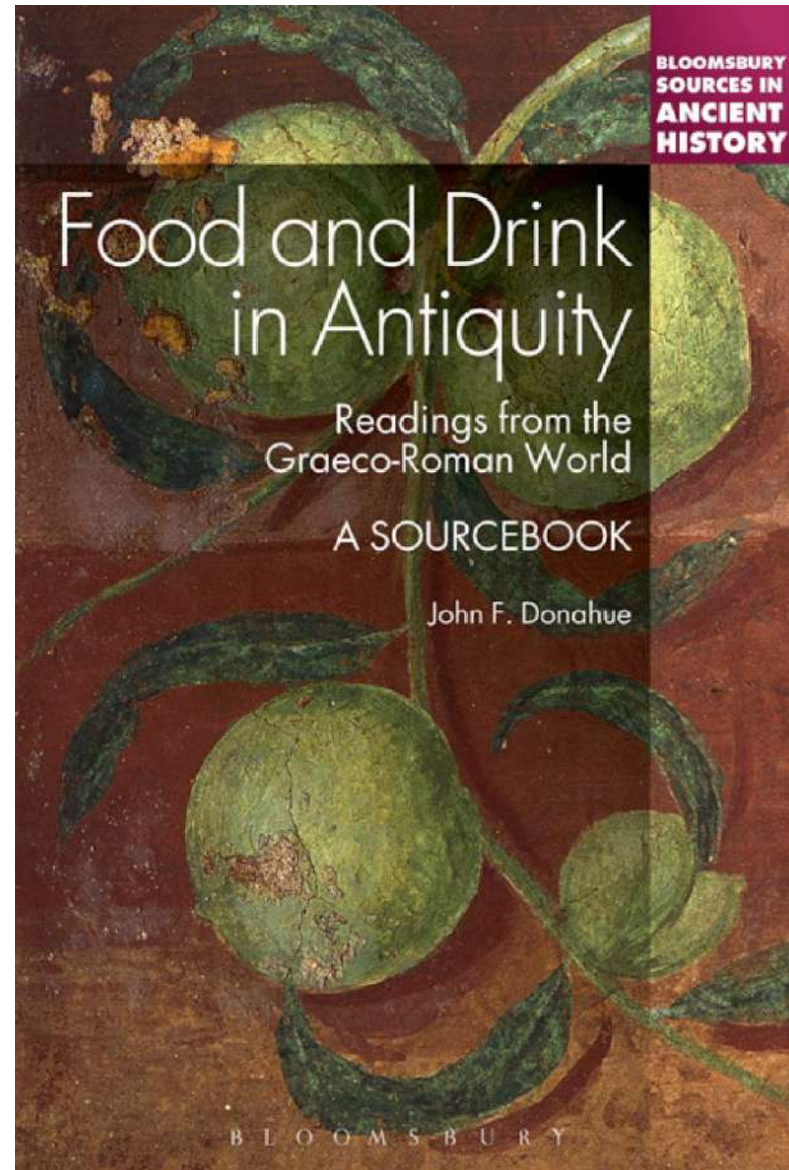


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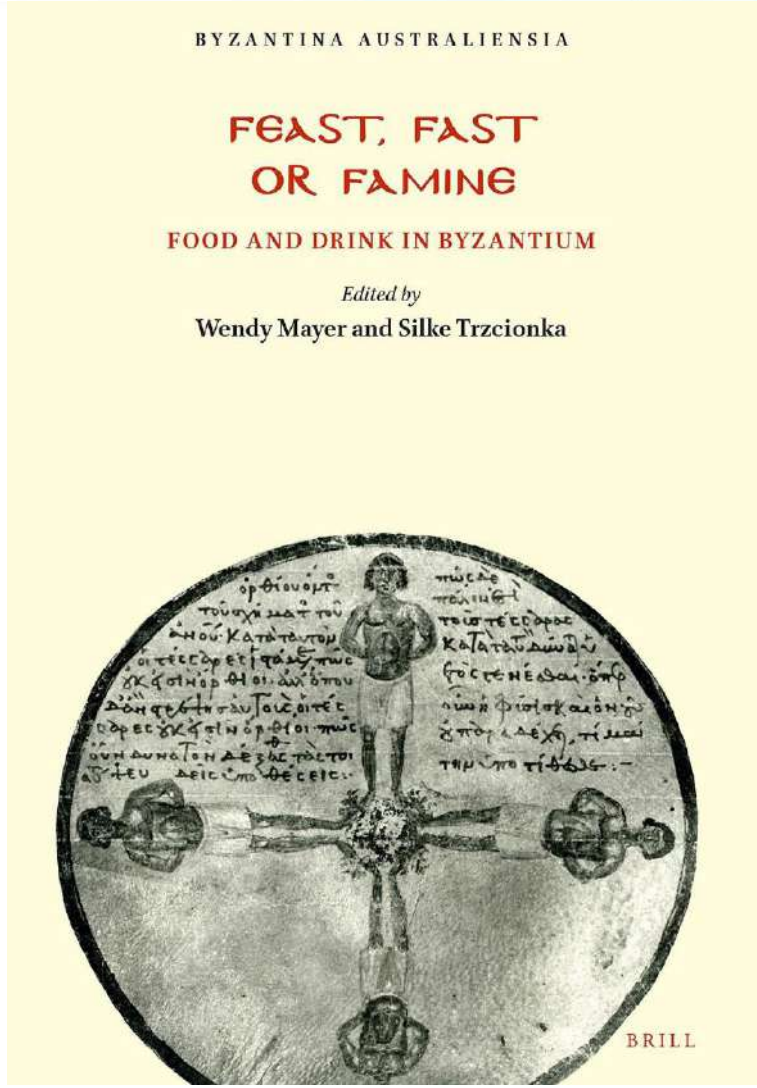
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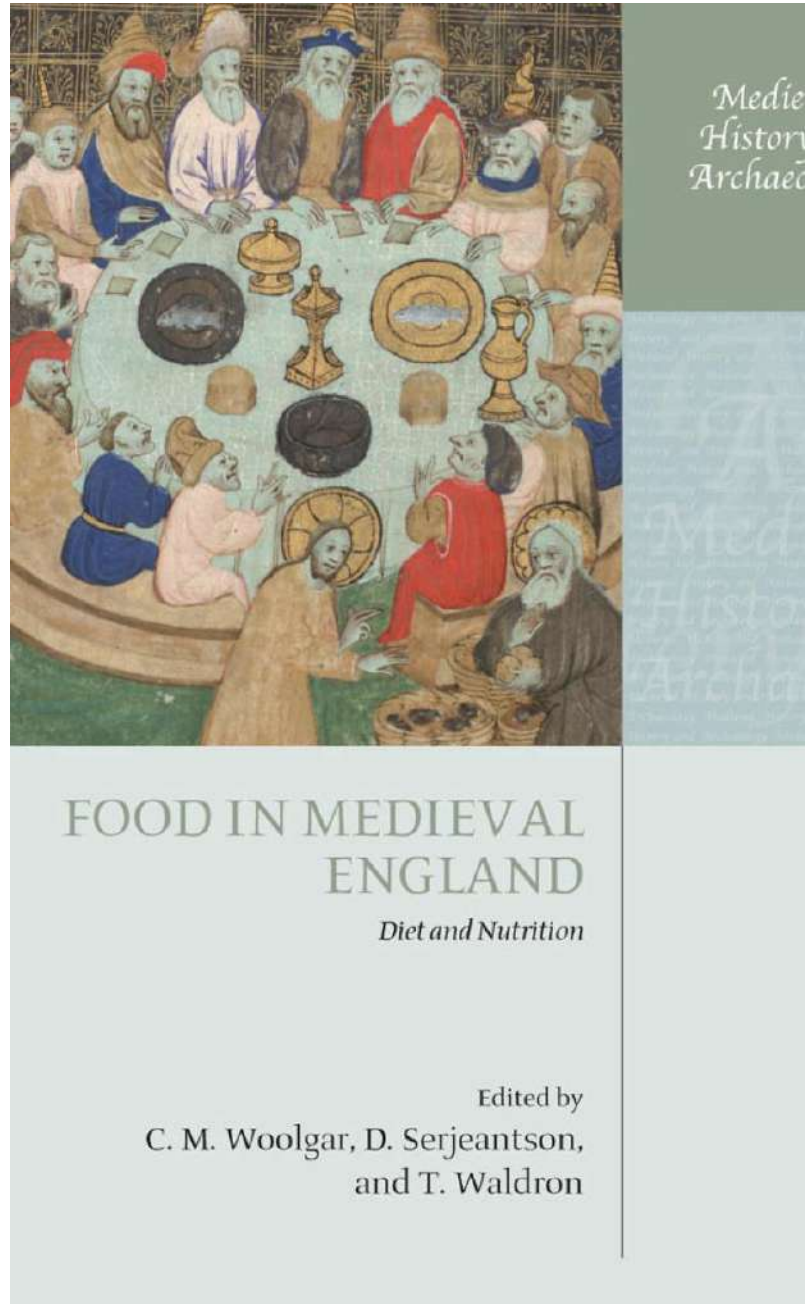
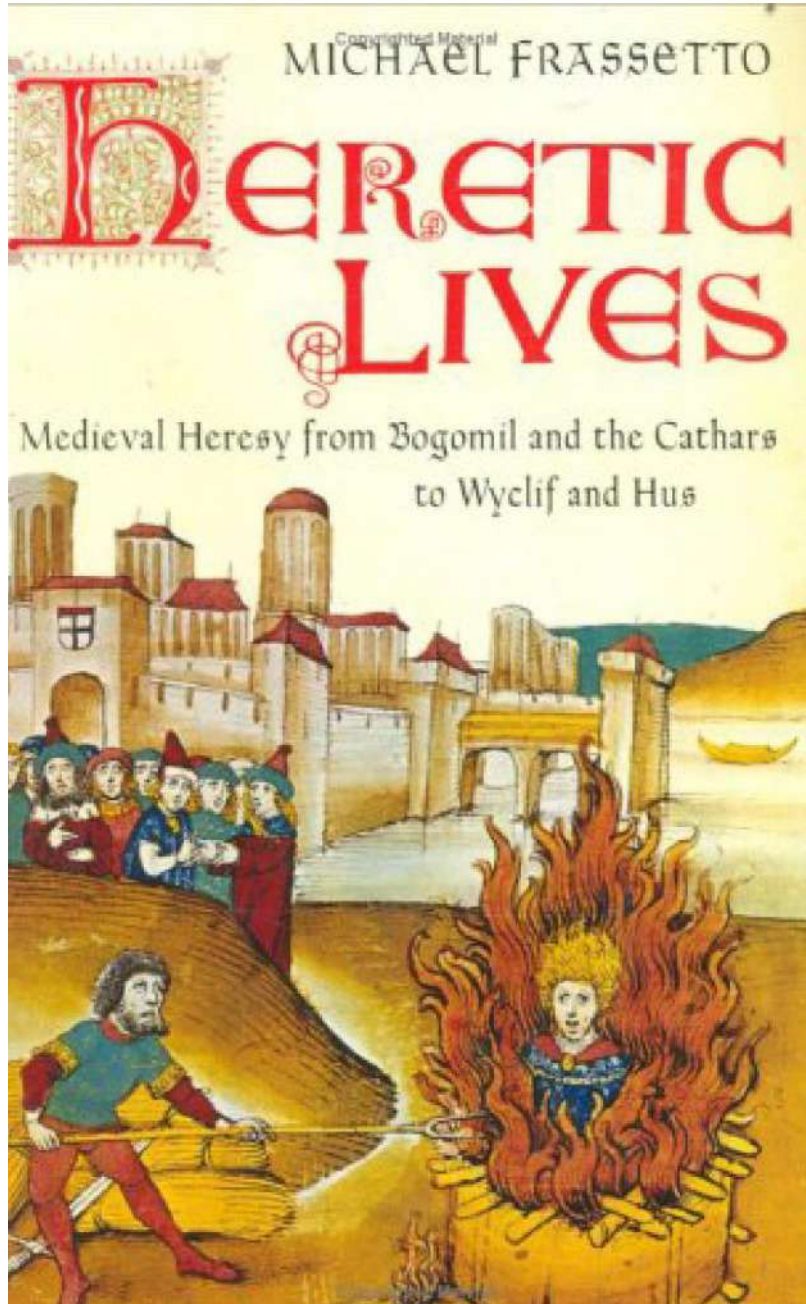
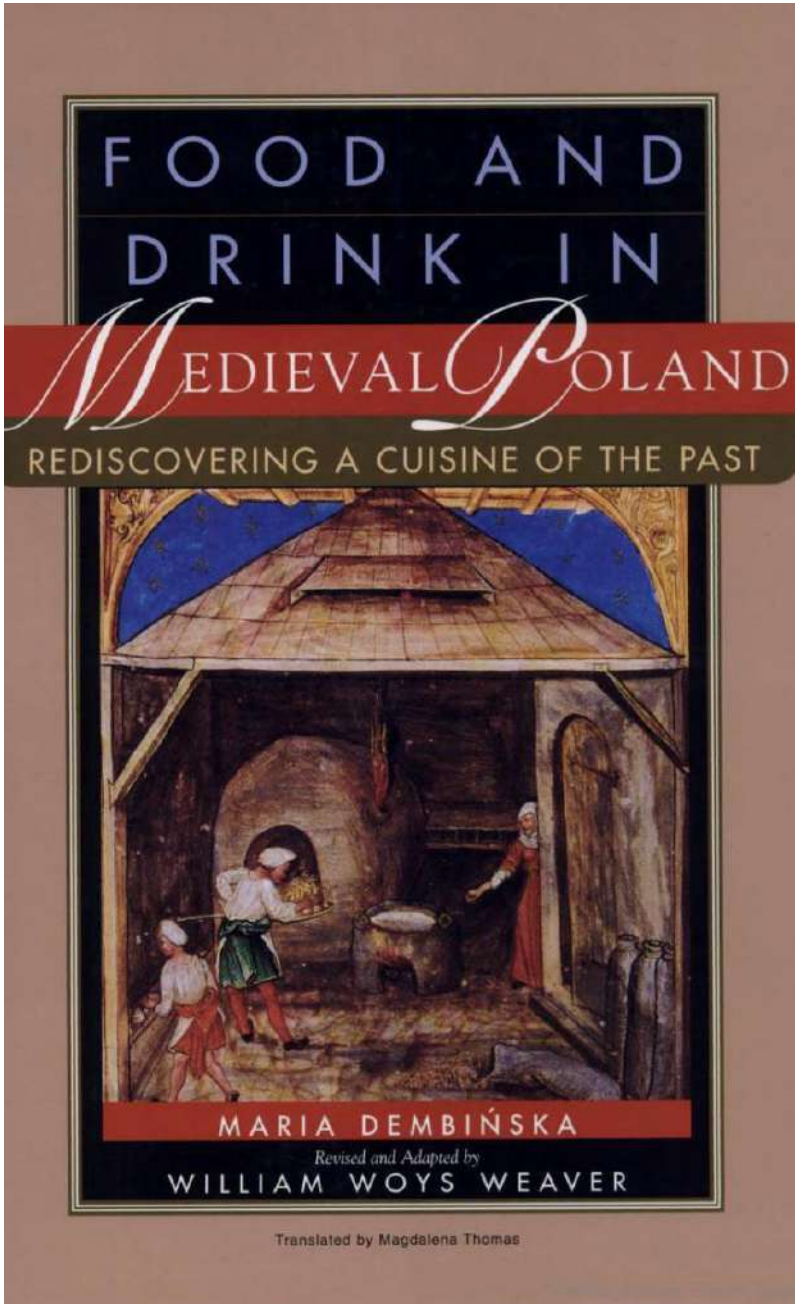


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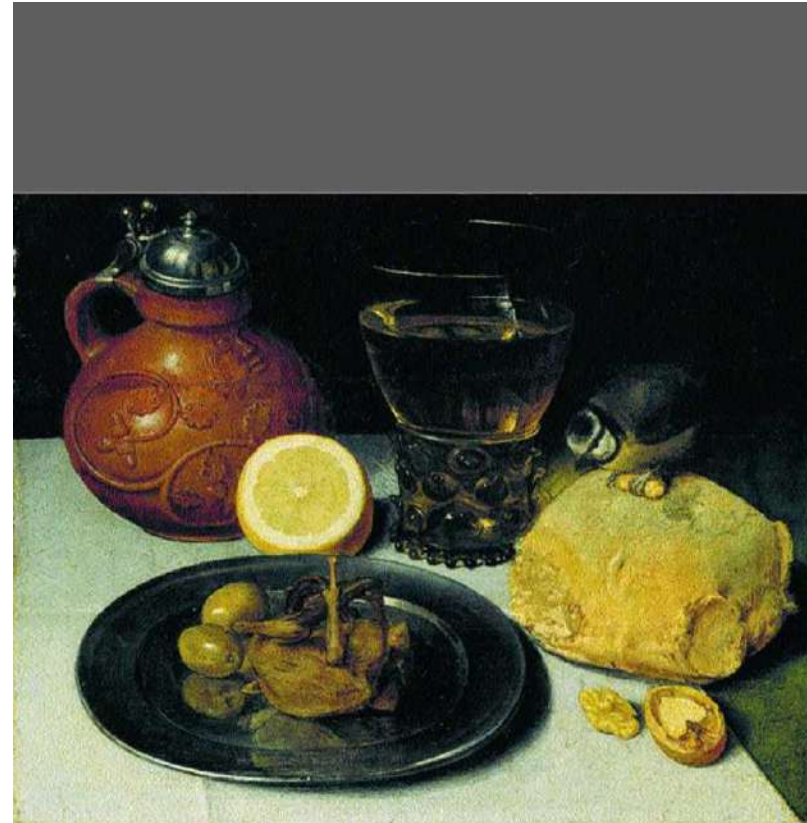




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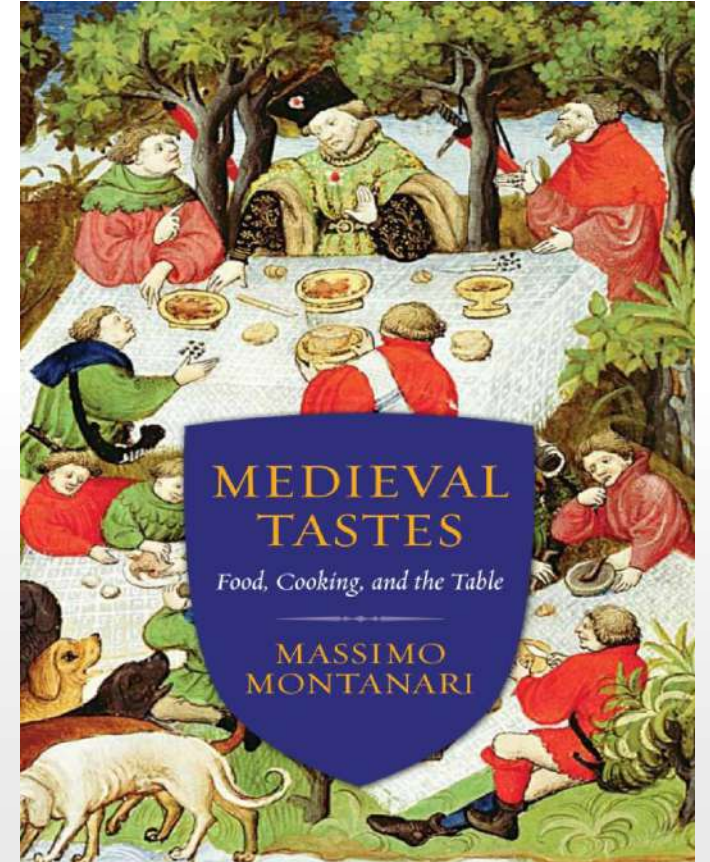


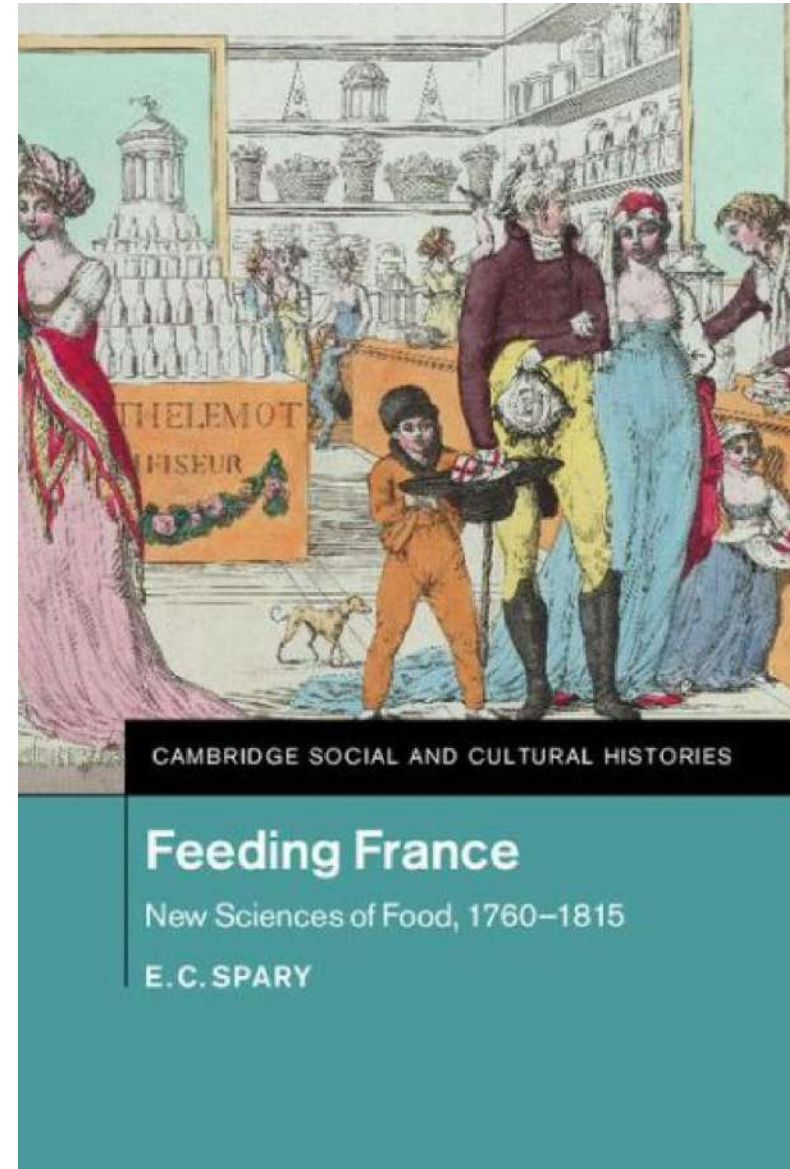
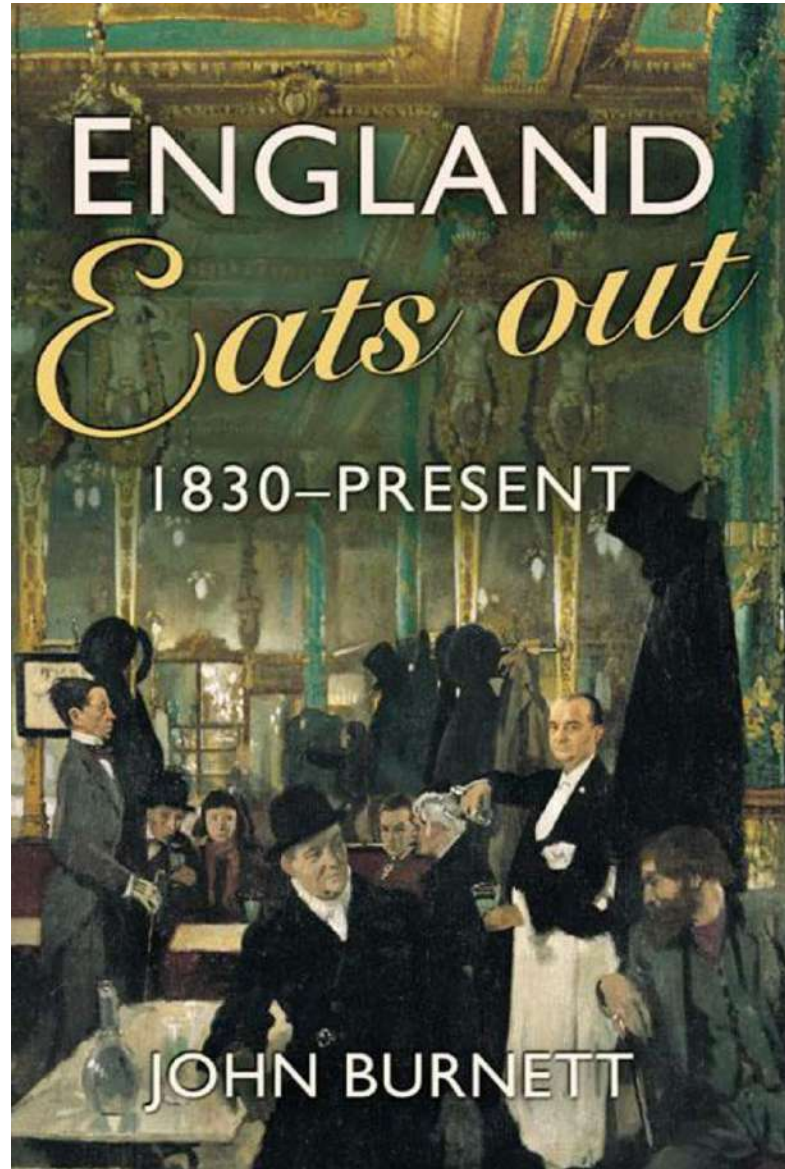
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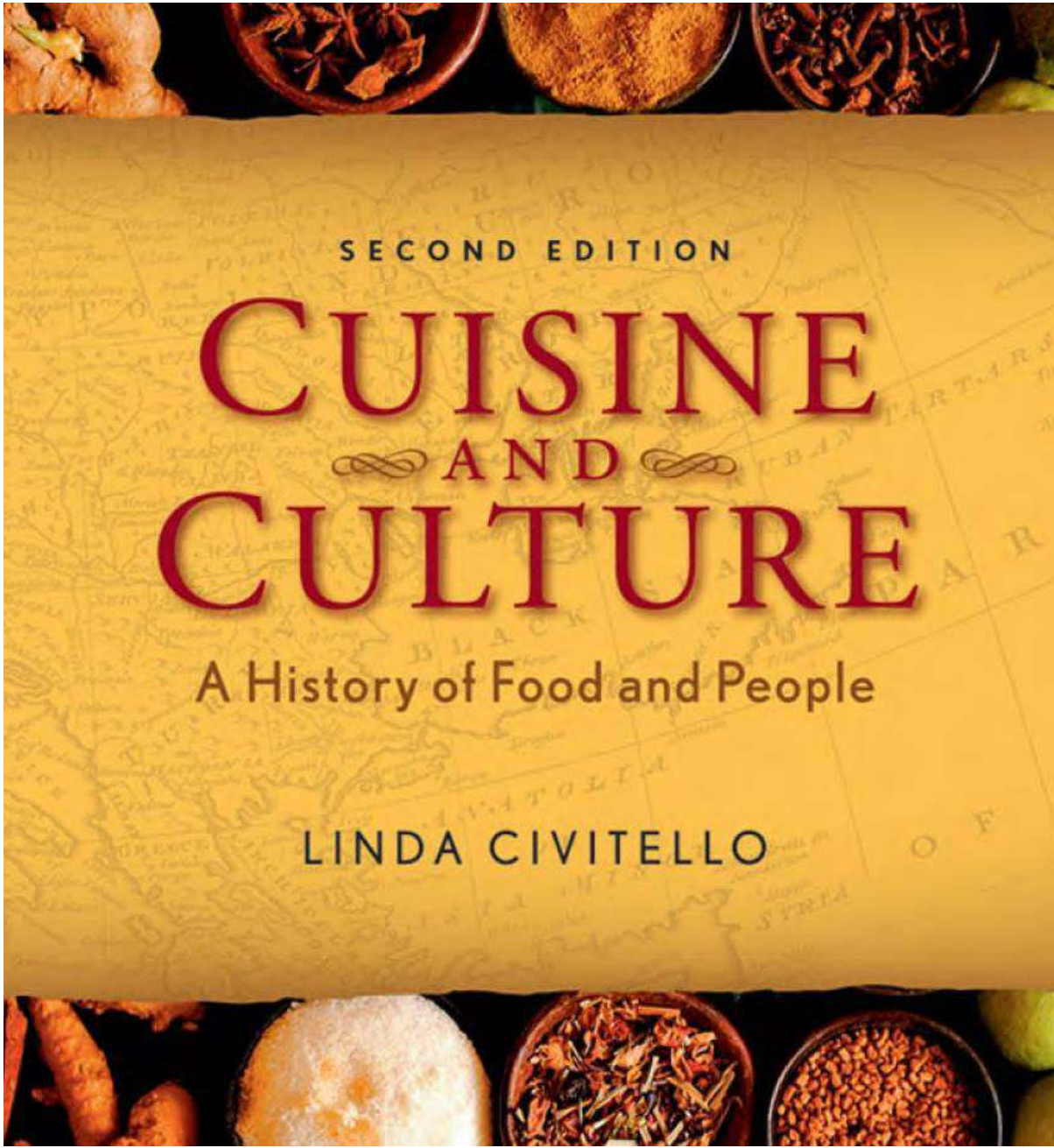


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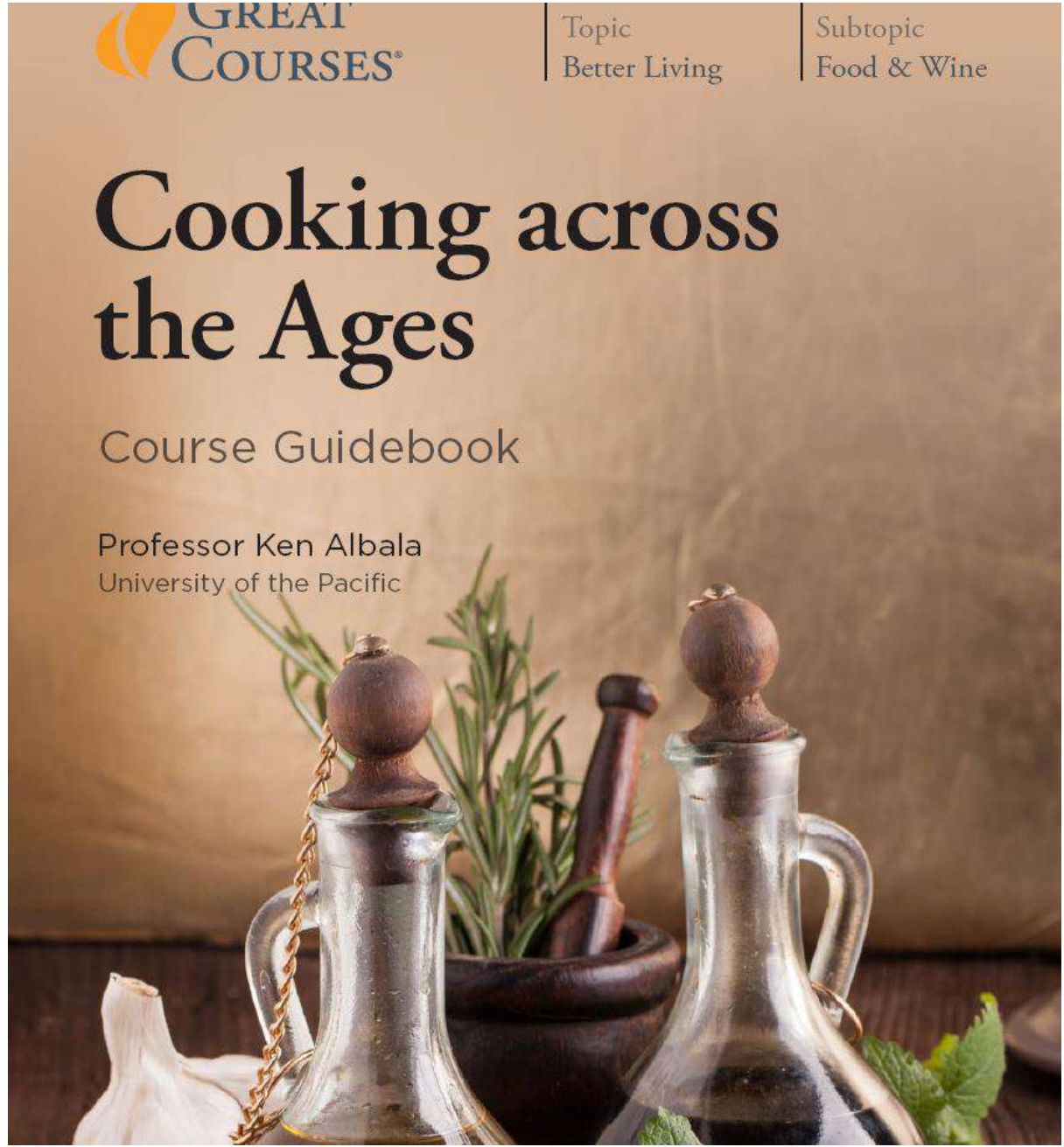
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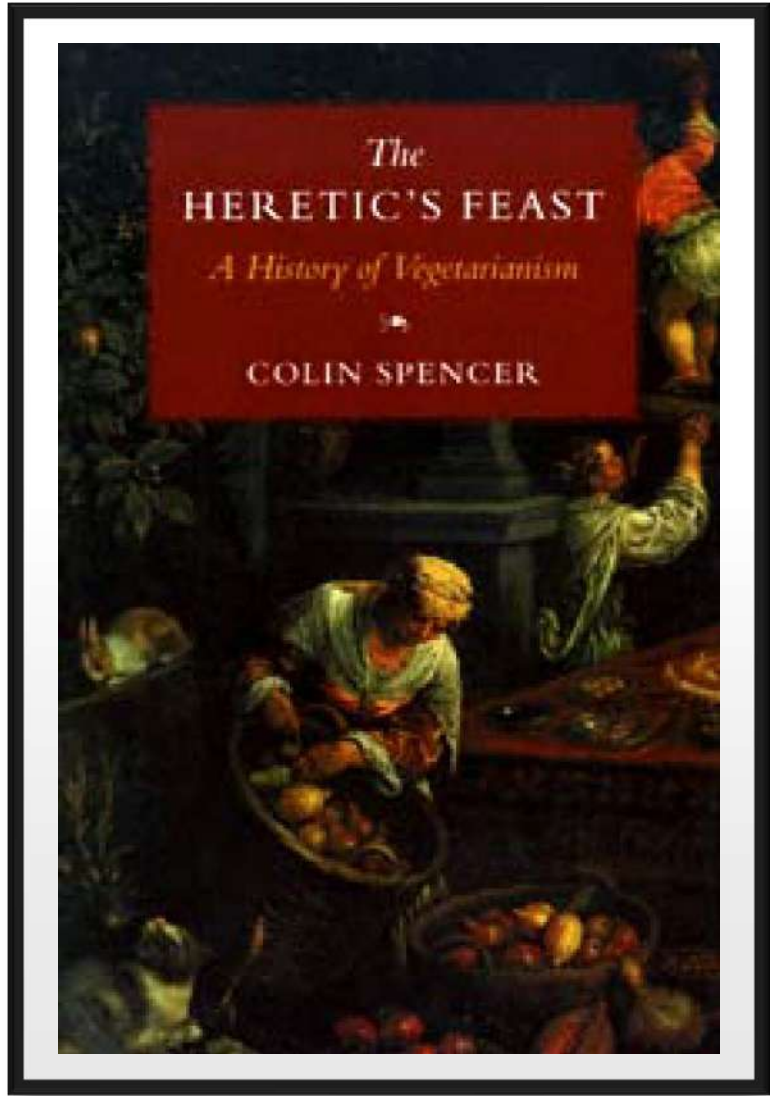
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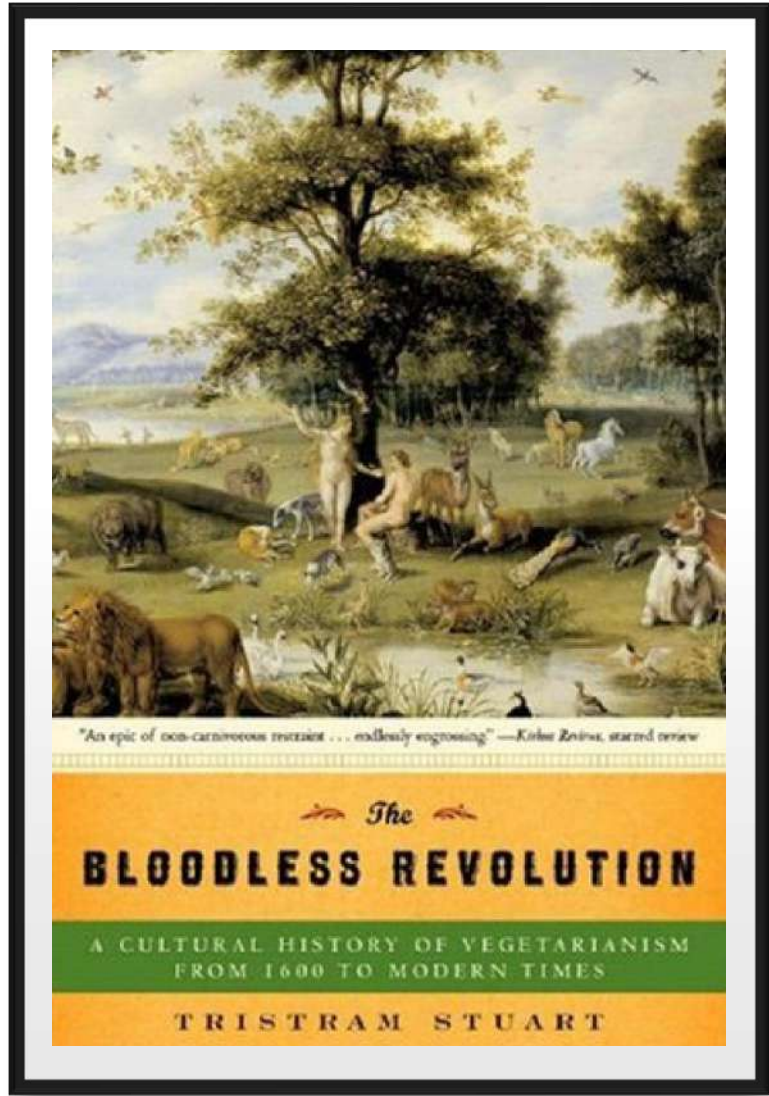
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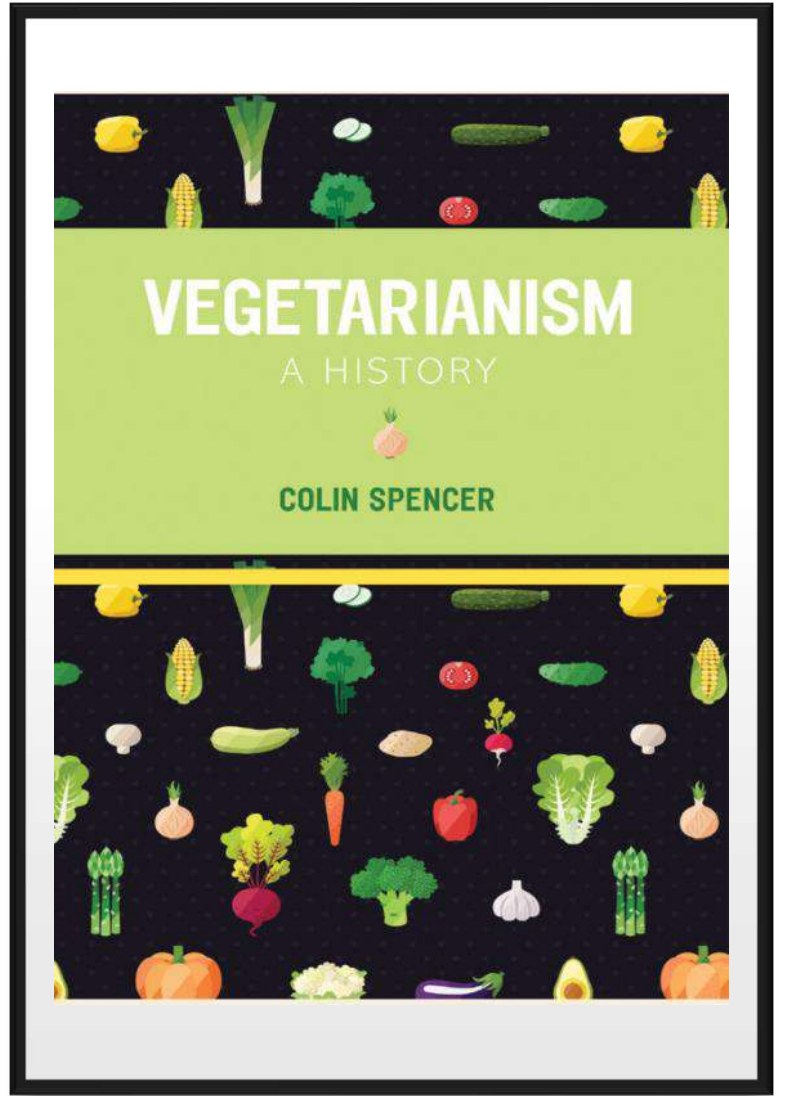


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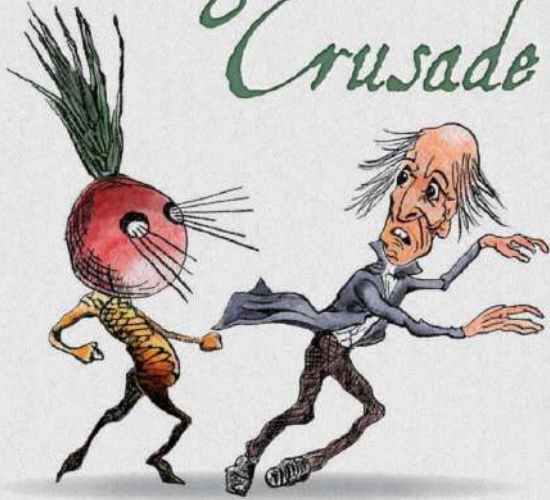
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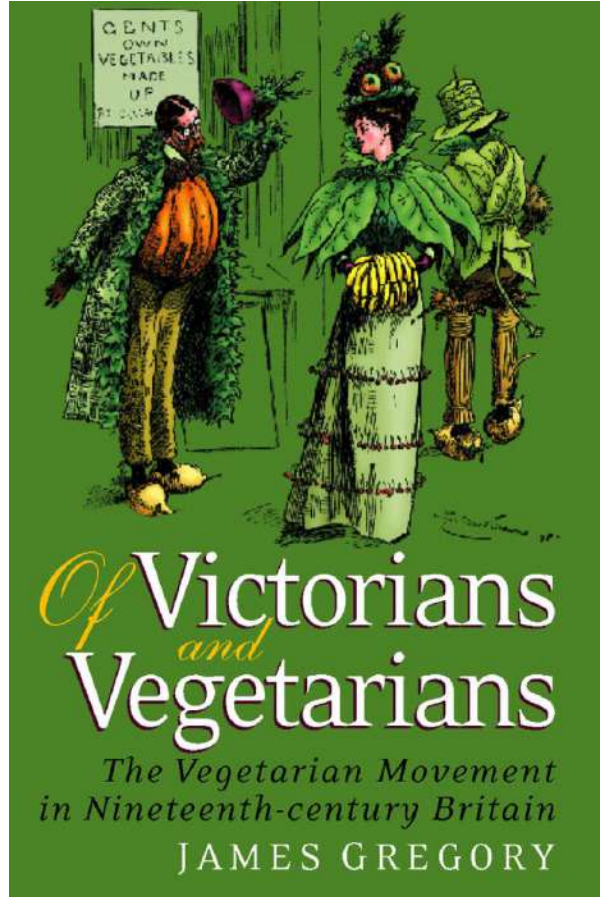
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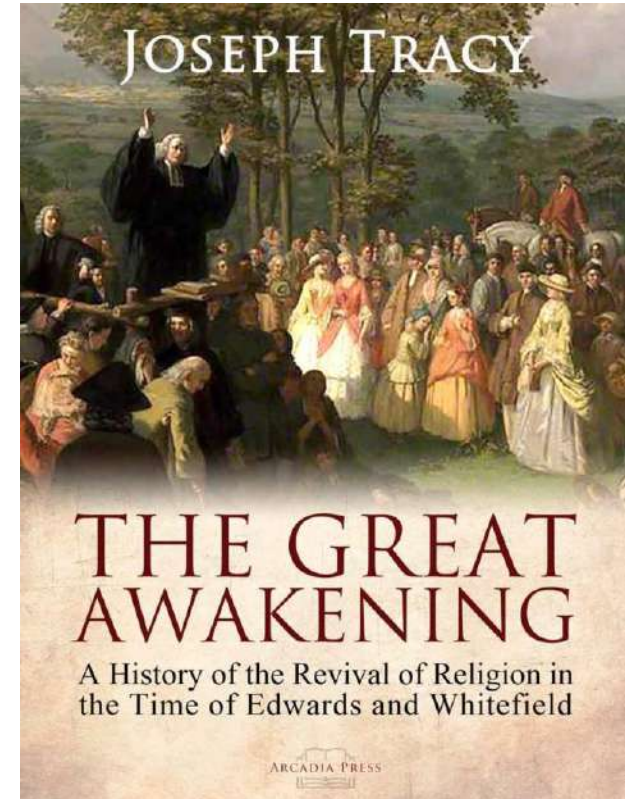
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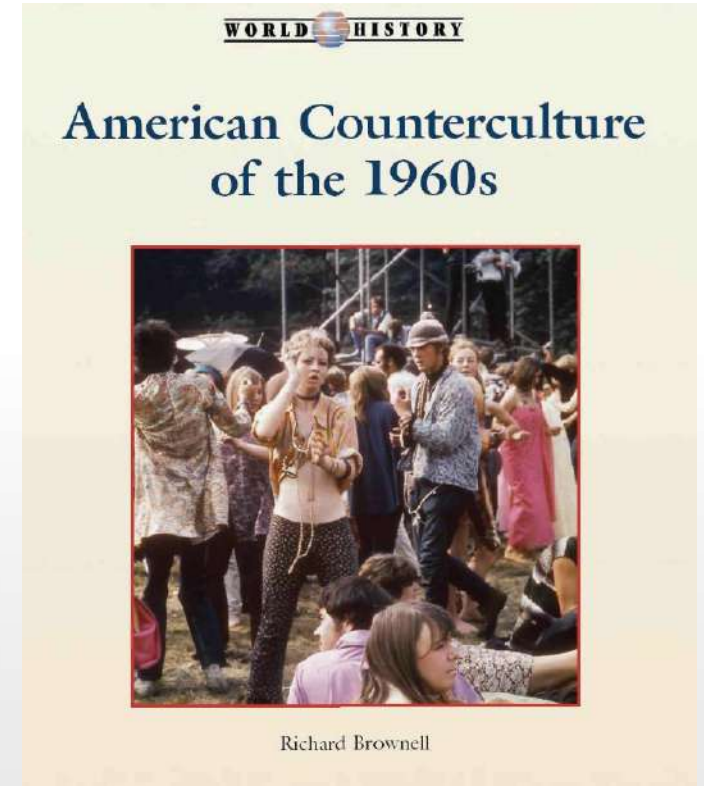
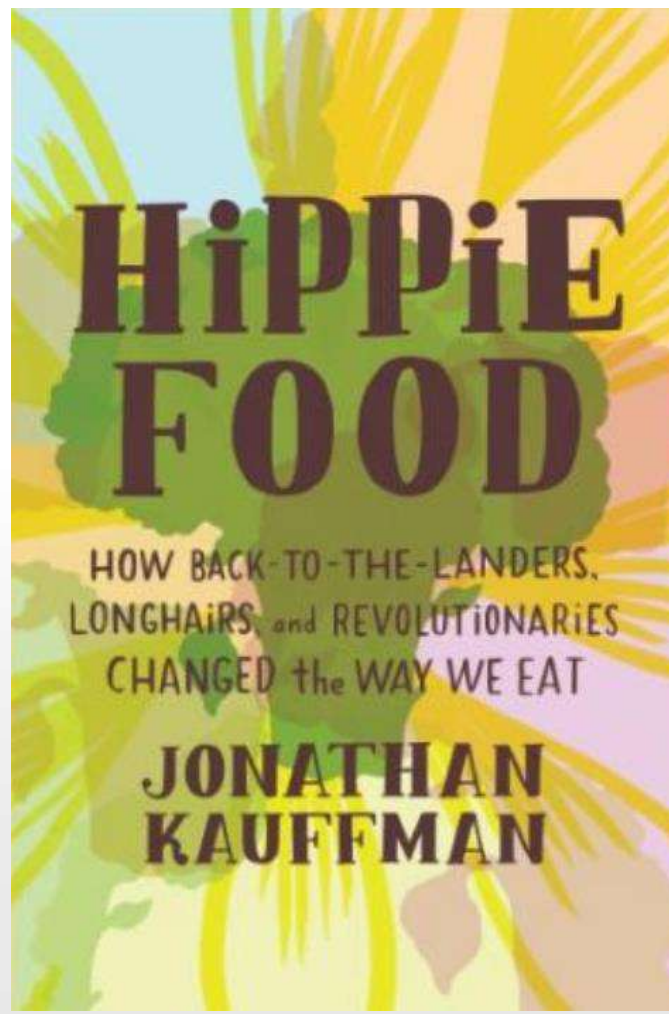
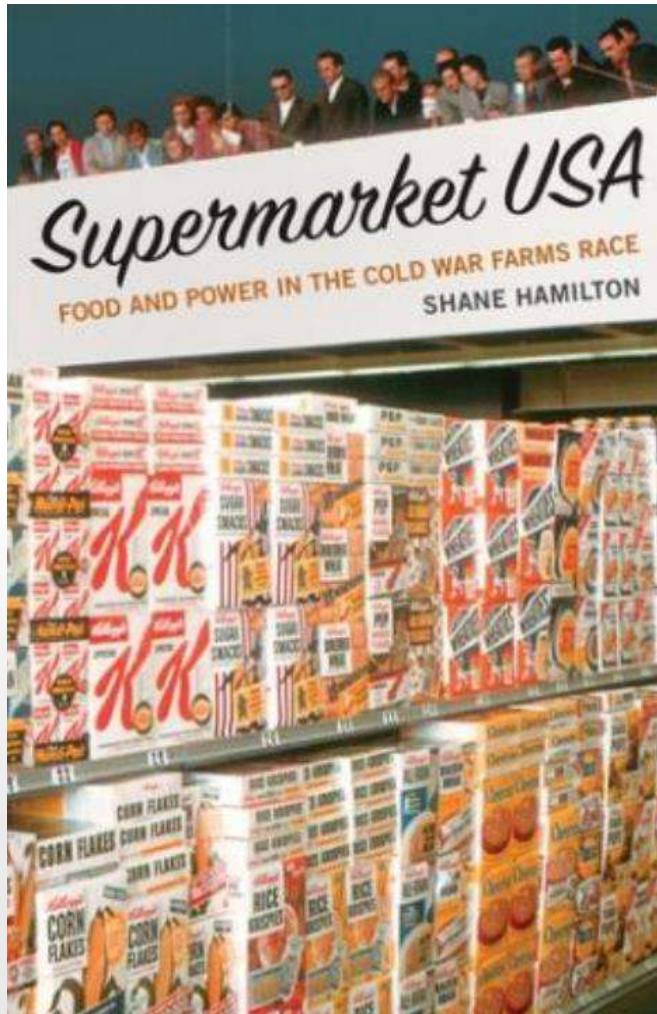
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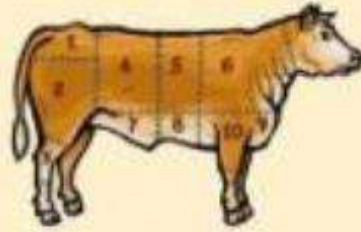
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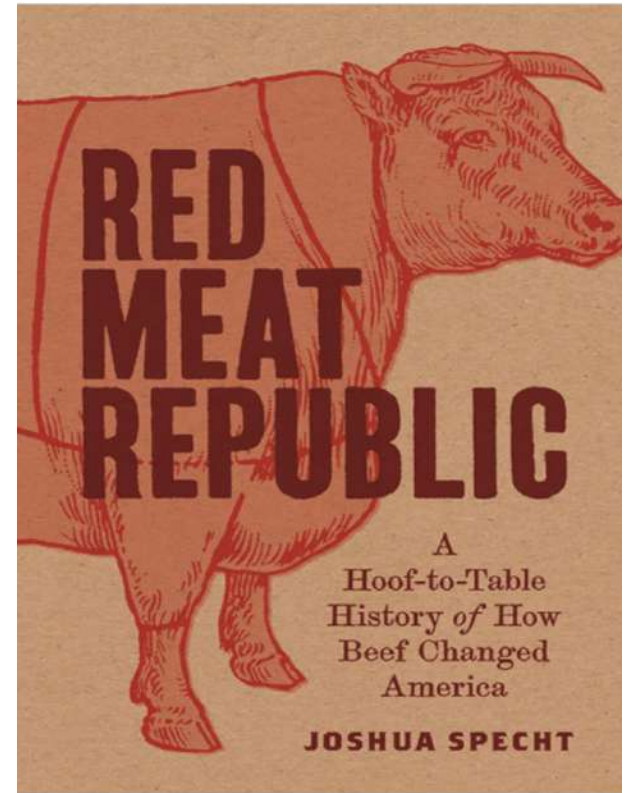
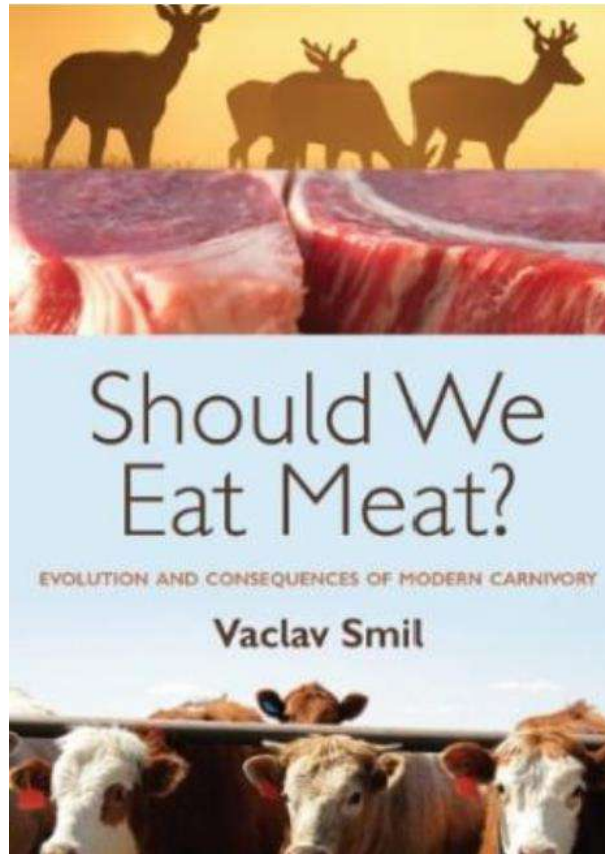
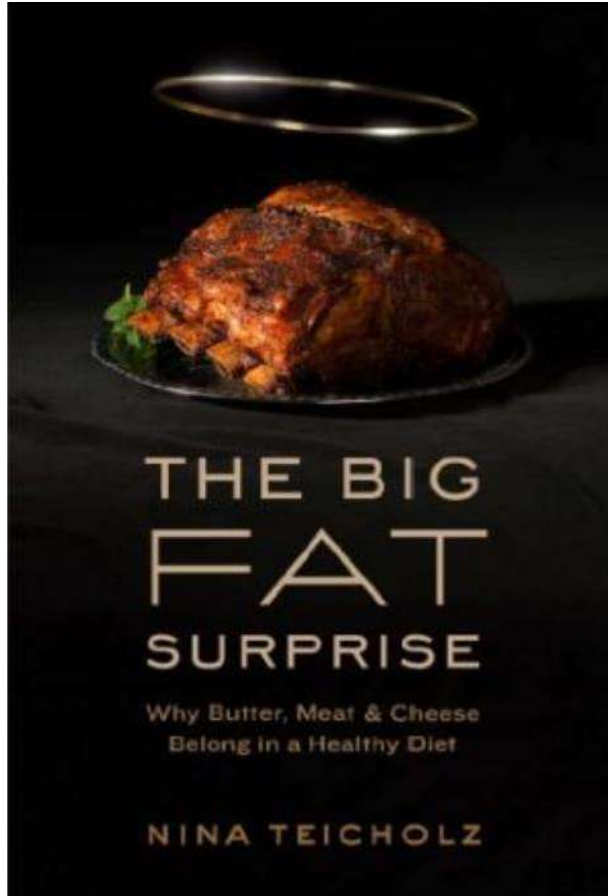
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MEAT PRODUCTION



THE MANIFESTO OF AN
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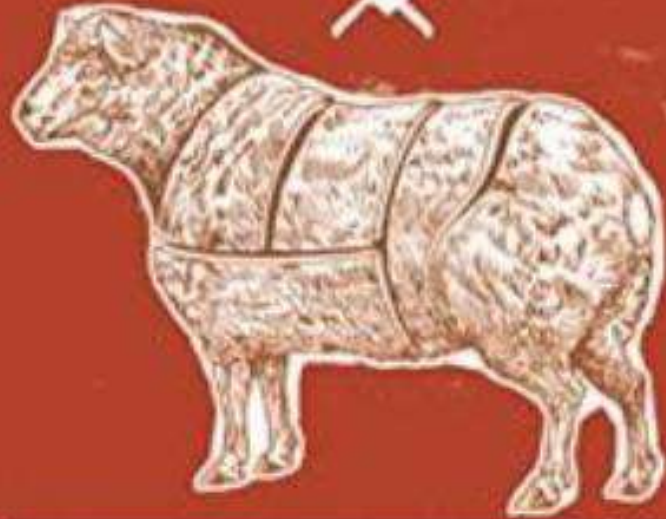
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this ain't
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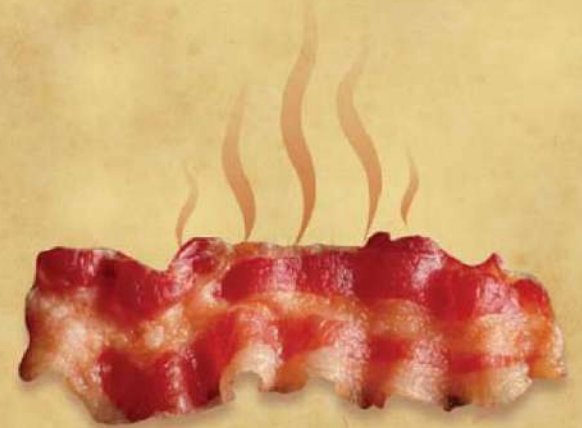


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The Anthropology of Eating

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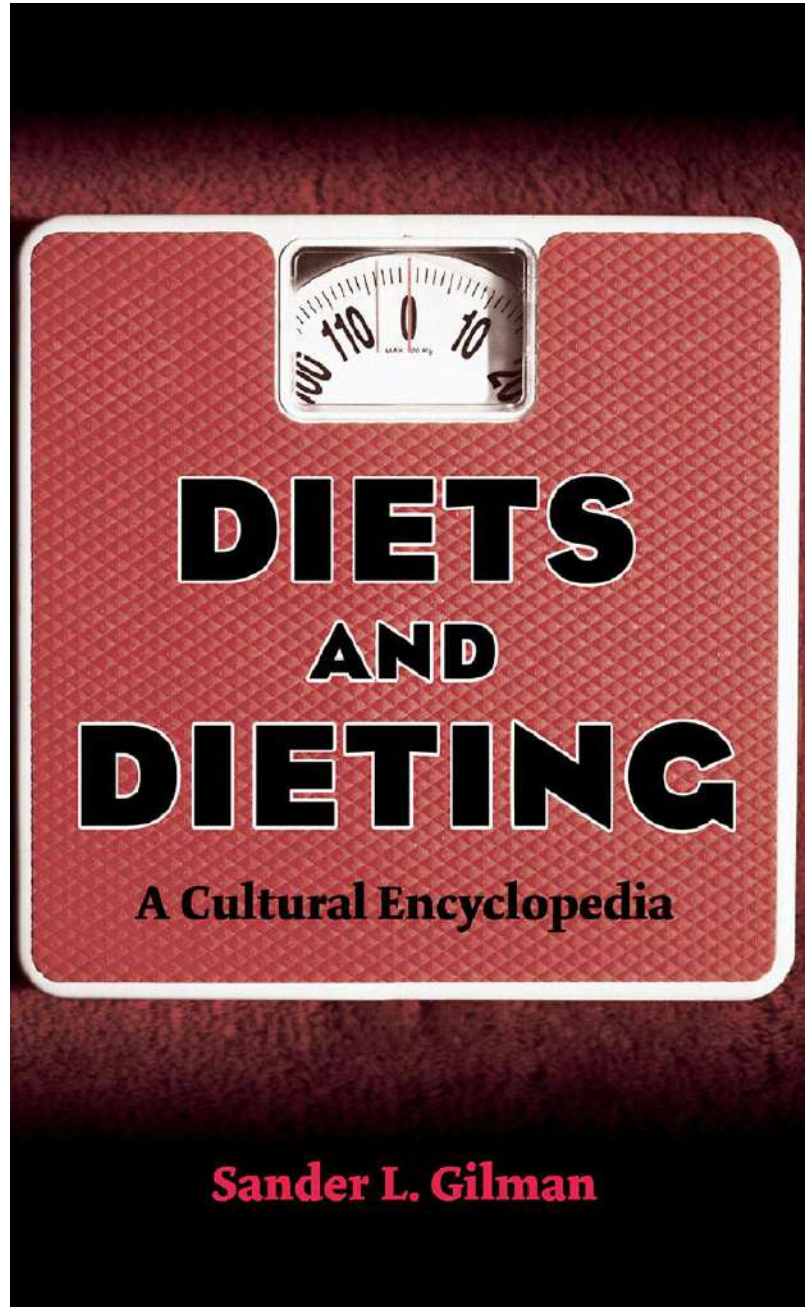
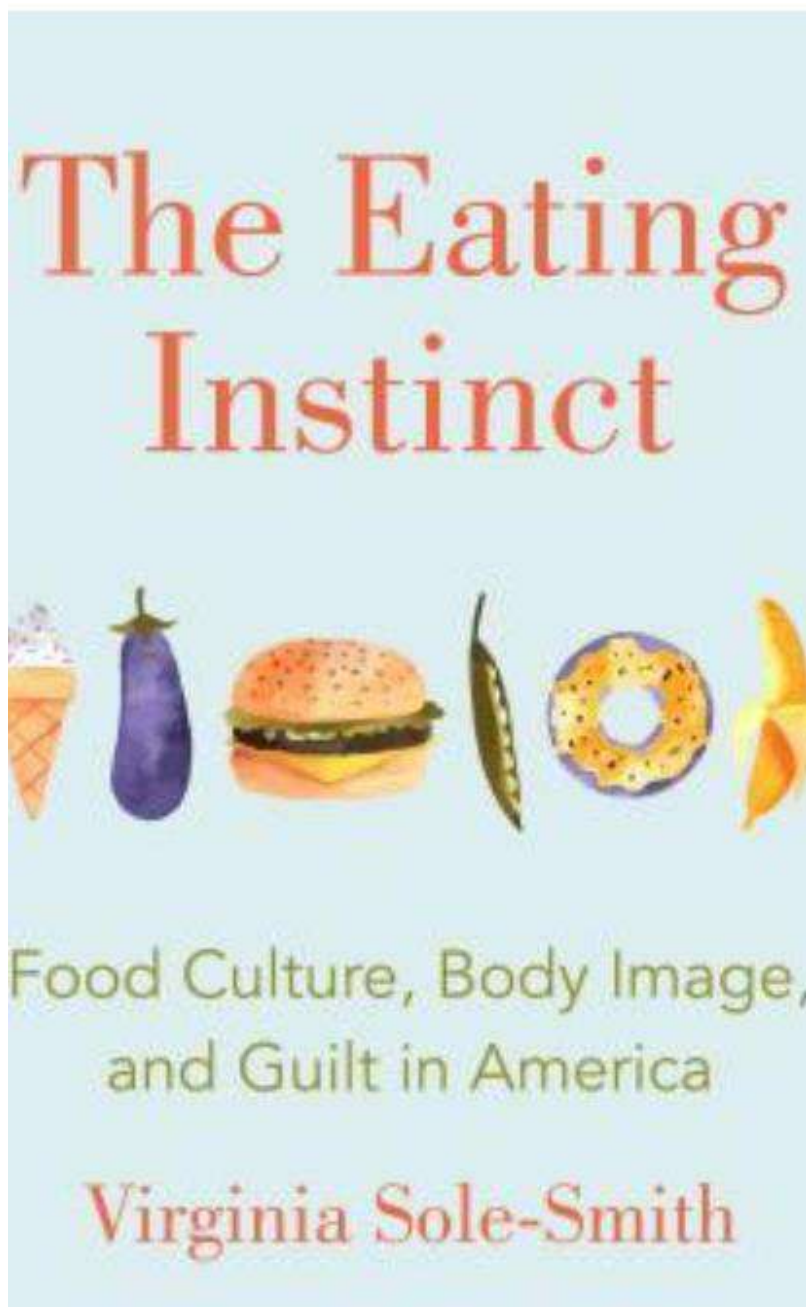
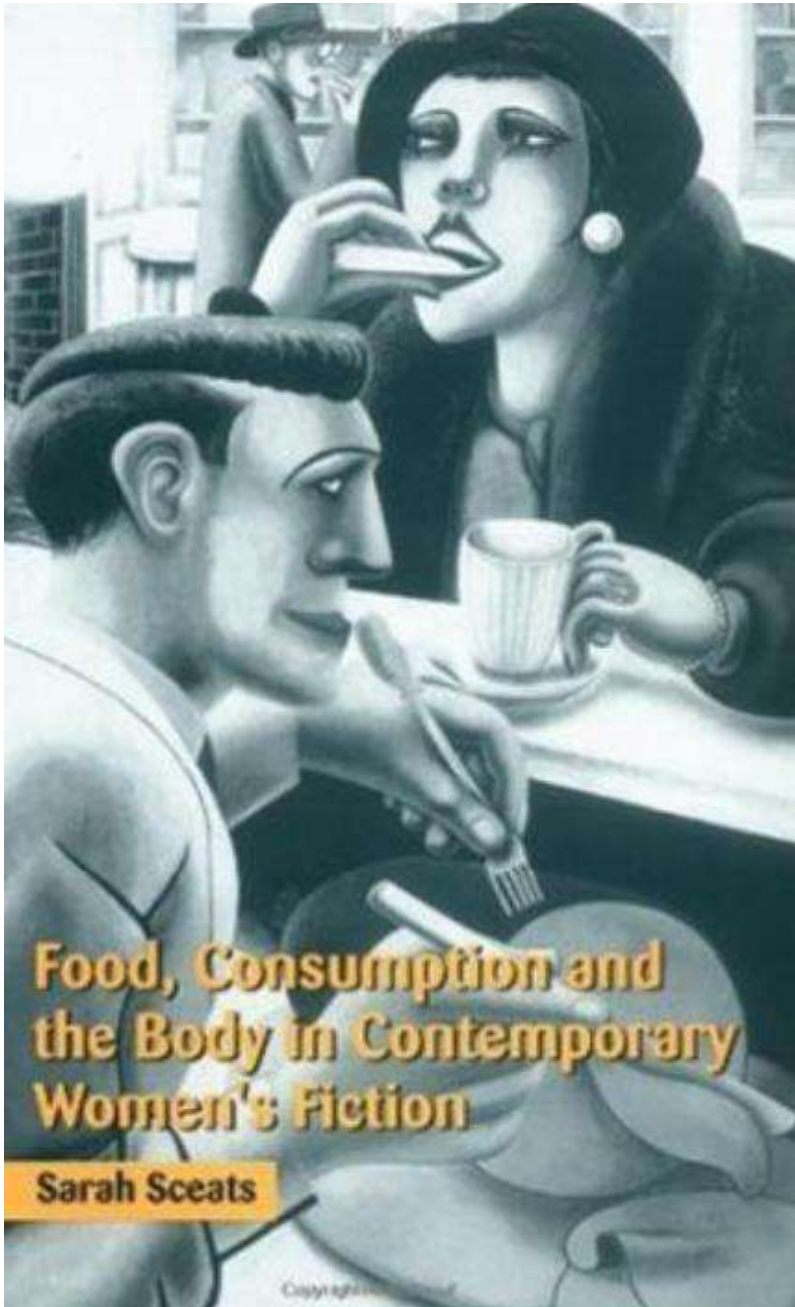
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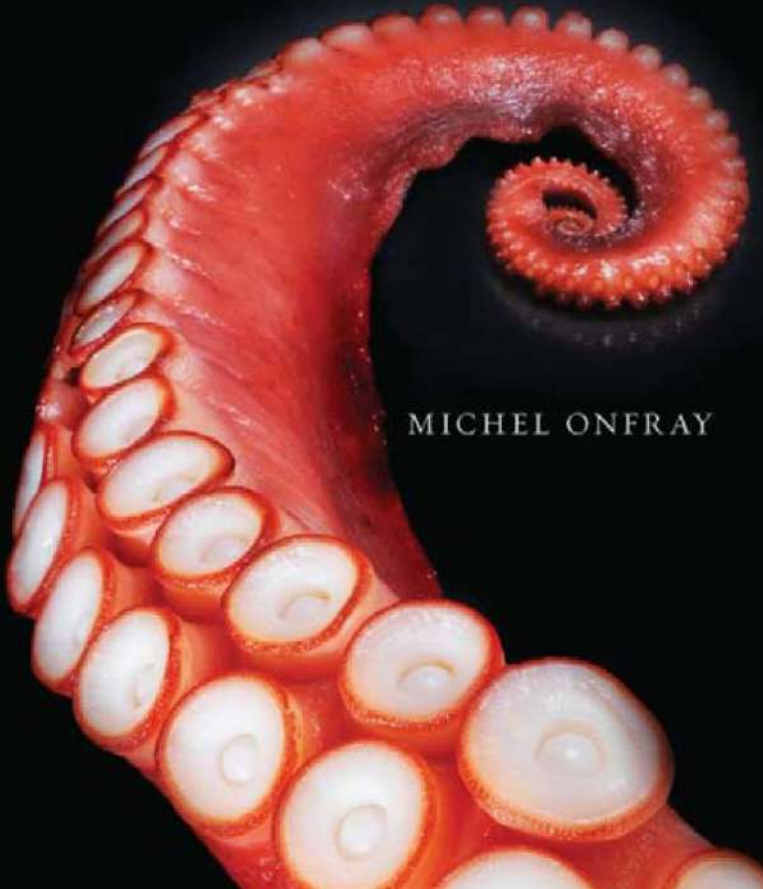
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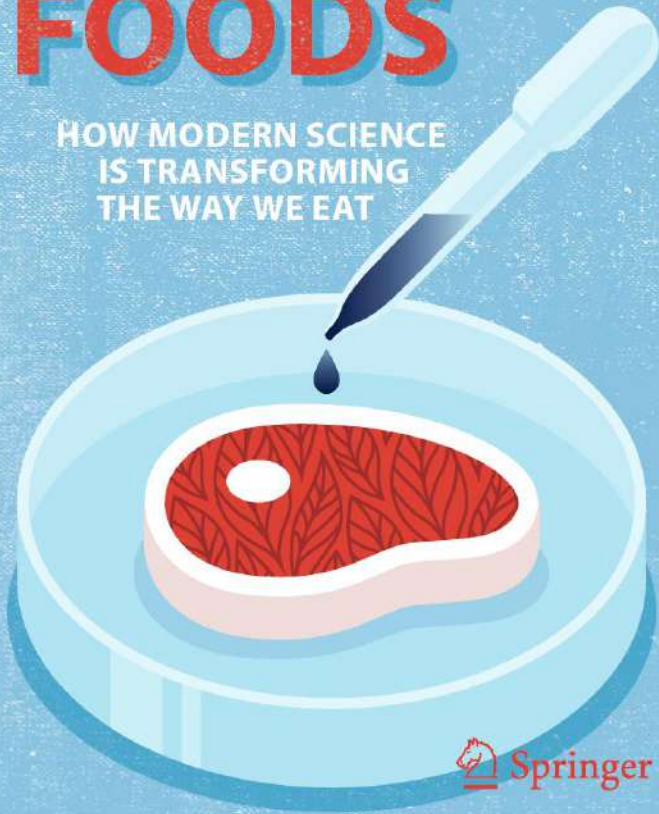
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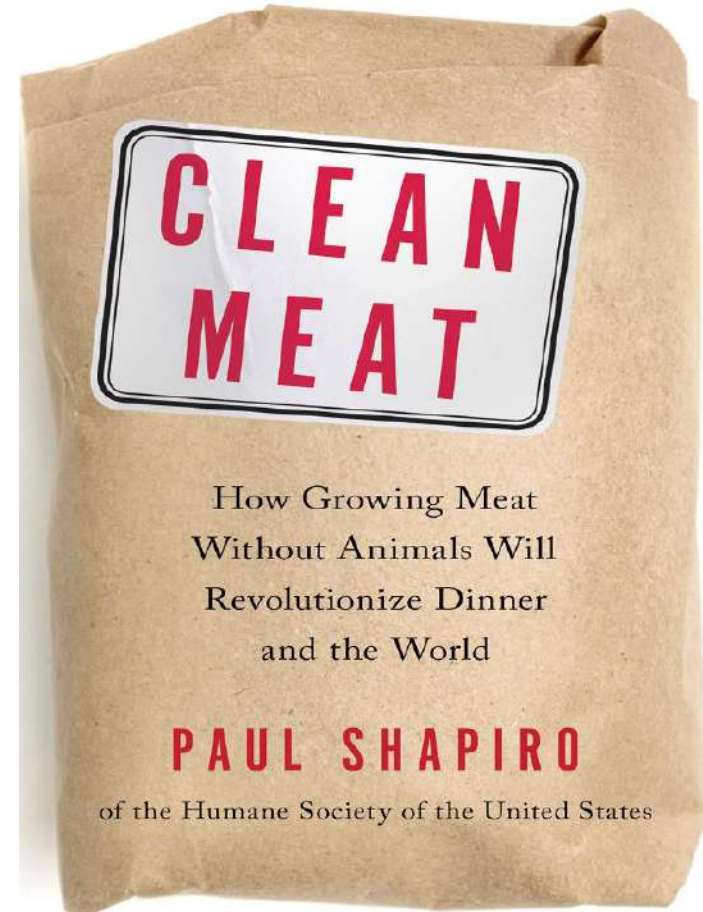
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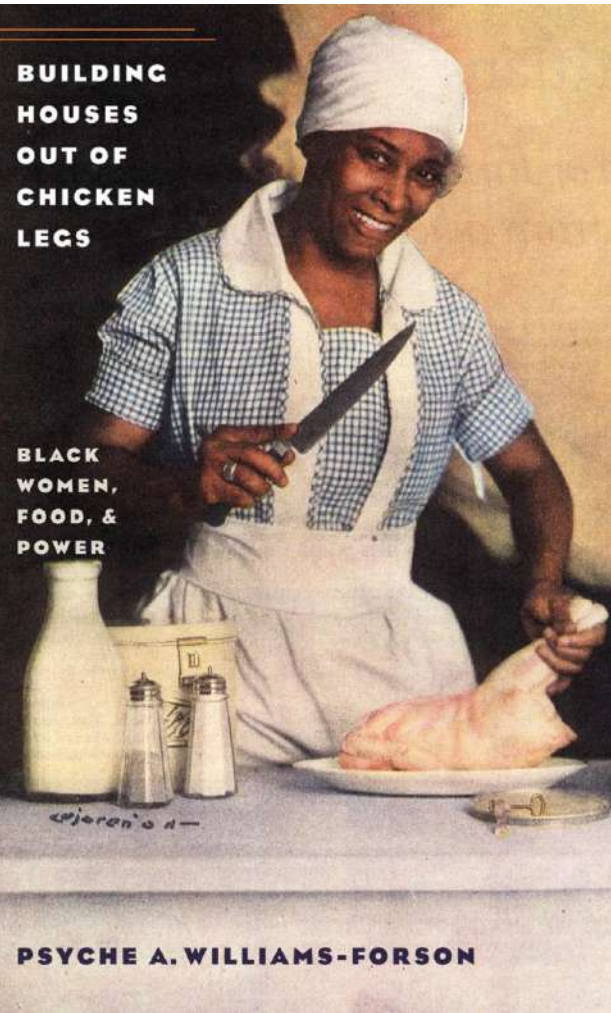


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with a foreword by Yuval Noah Harari, author of *Sapiens*



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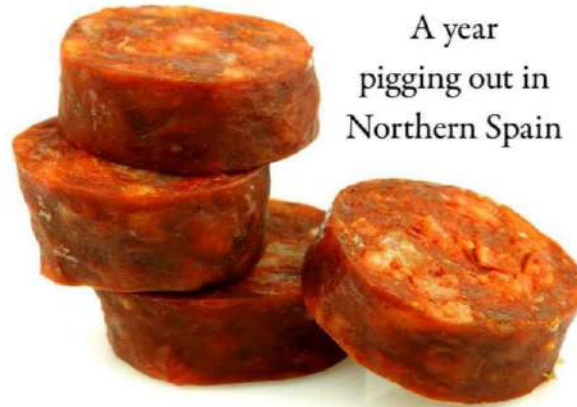
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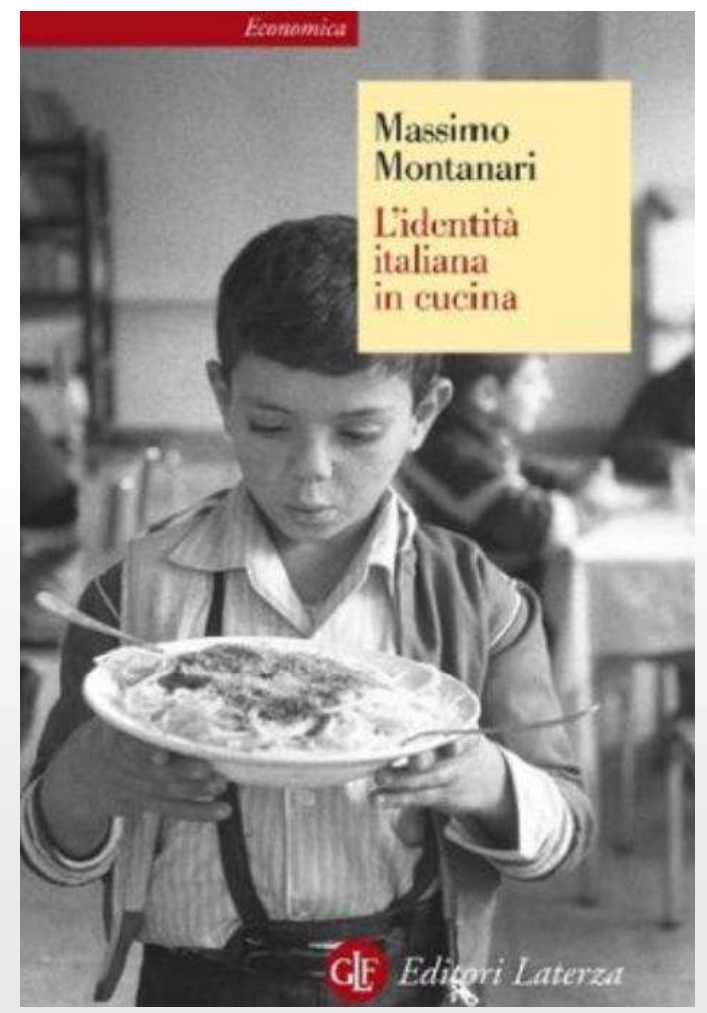
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A year
pigging out in
Northern Spain



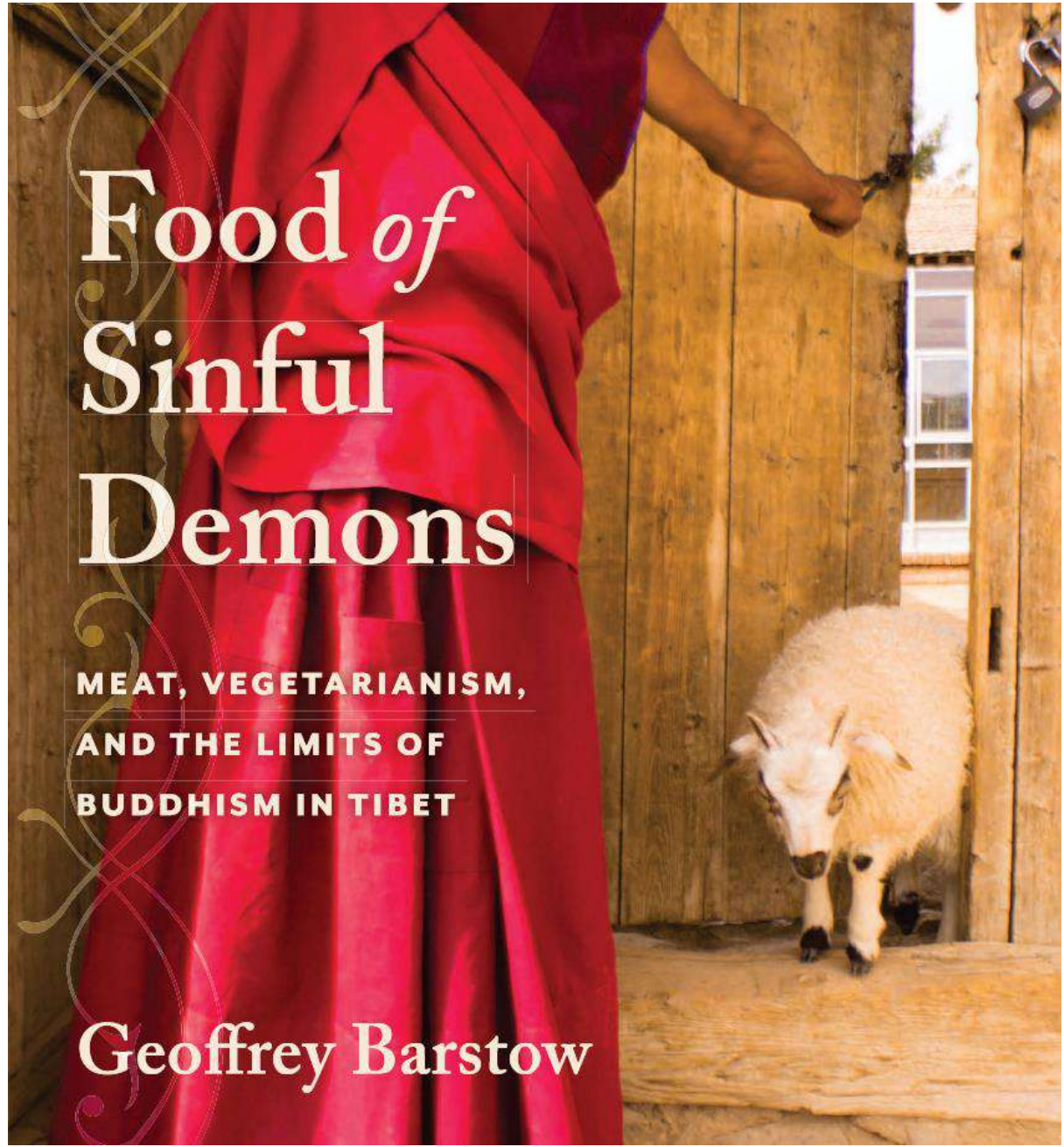
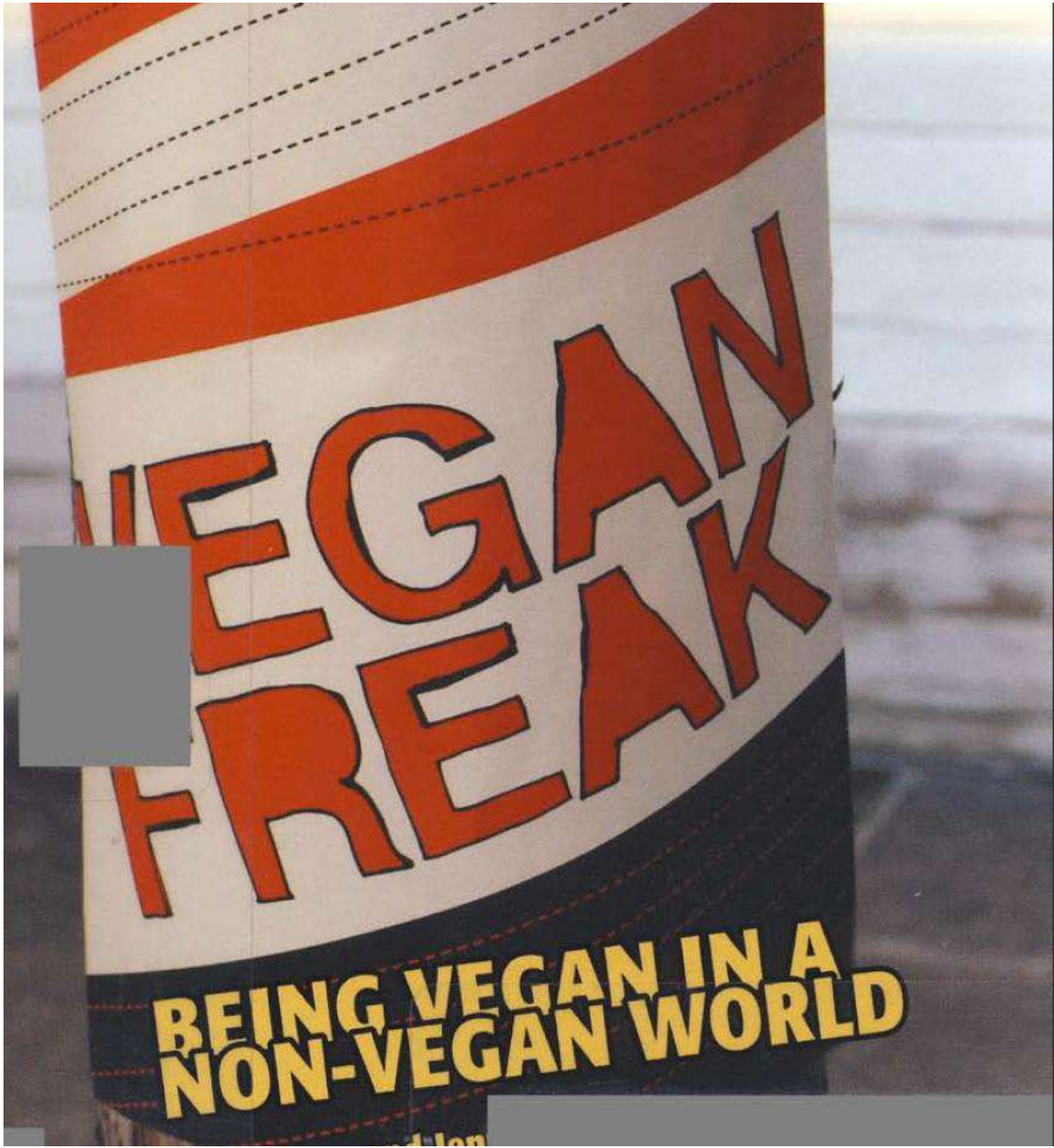
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L'Art et la Viande



Table des Hommes

Sous la direction de
Marie-Pierre Horard-Herbin et Bruno Lauriooux

Pour une histoire de la viande



Presses Universitaires de Rennes
Presses Universitaires François-Rabelais



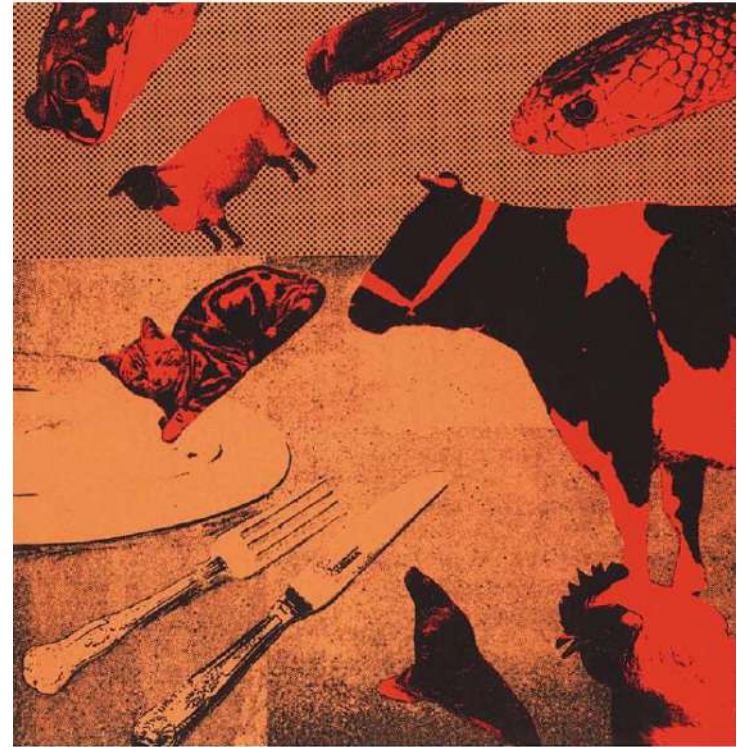
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LETTRE OUVERTE
AUX
MANGEURS
DE VIANDES
QUI SOUHAITENT
LE RESTER
SANS
CULPABILISER

Pourquoi
les végans
ont tout
faux!

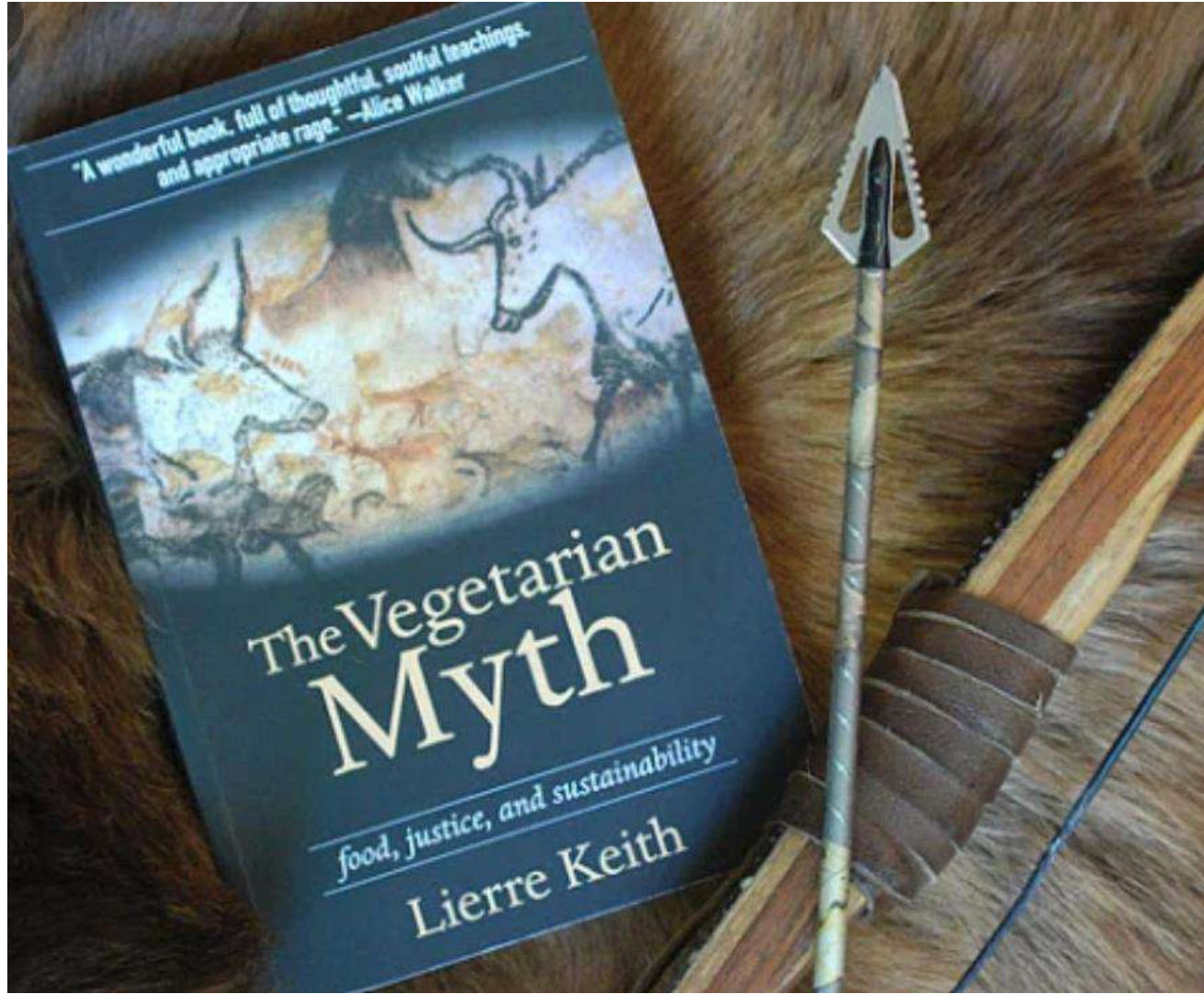
LAROUSSE

MEAT



a natural symbol • Nick Fiddes

ROUTLEDGE



LIERRE KIETH

- Fantastic author
- Gives lots of speeches
- Former vegetarian but realized it was killing her
 - Became completely unhealthy
 - She's treated poorly by the vegan community when she tells her story
 - The story is the truth!
 - This just makes her resent veganism/vegetarianism more
- Our bodies are designed to eat meat and not too much sugar
- Animal products are not the great evil
 - Lierre spent 20 years as a vegan, so she heard and believed this for a long time
 - Deep vegan, in the community
 - Now she is utterly out because it was all so awful

LIERRE KIETH

&
THE VEGETARIAN
MYTH







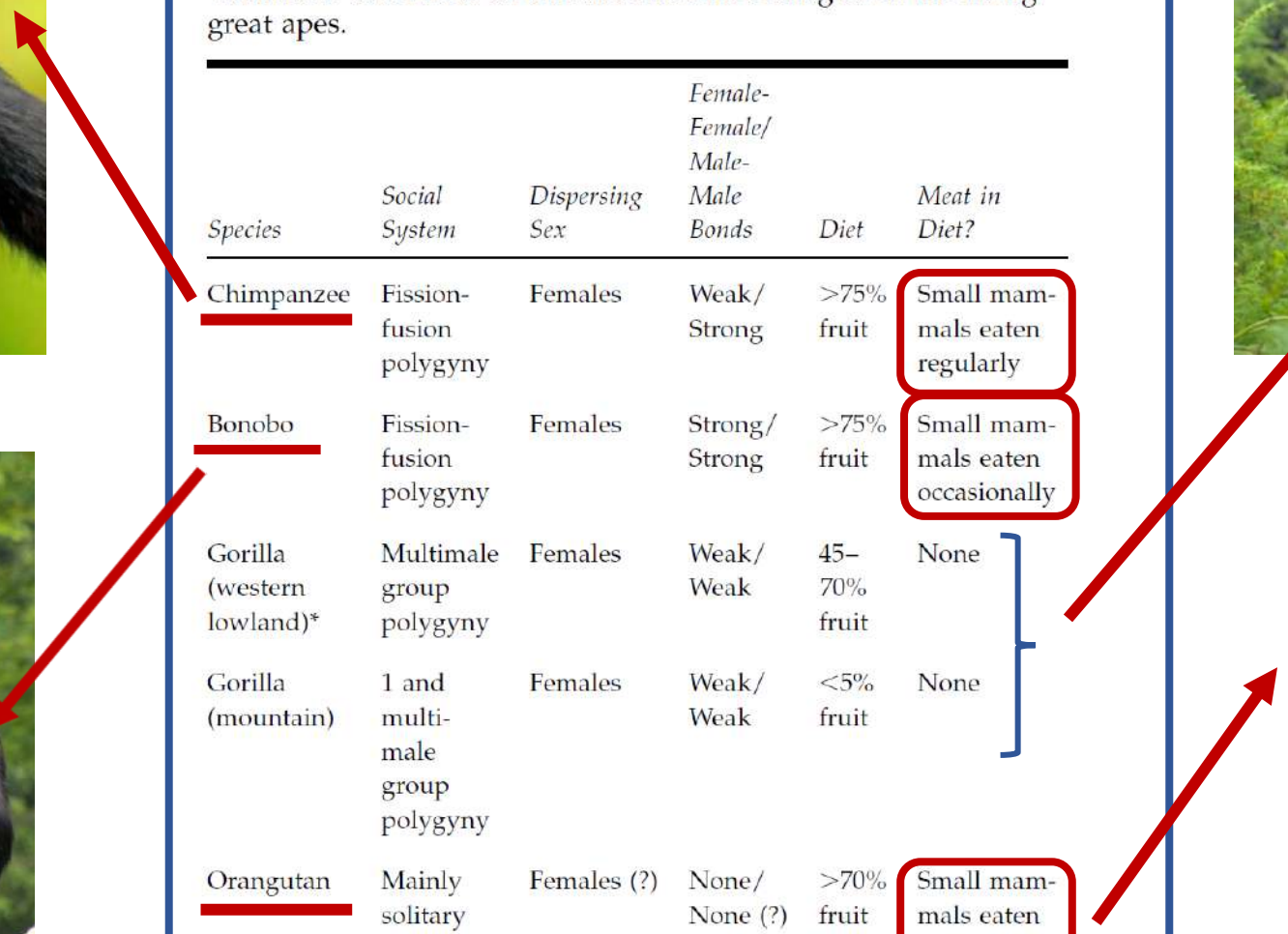
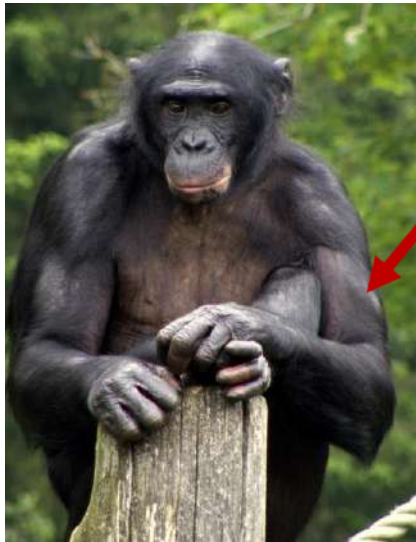
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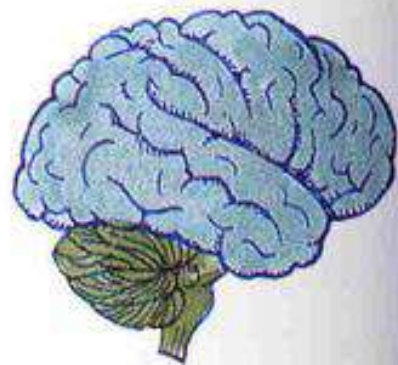
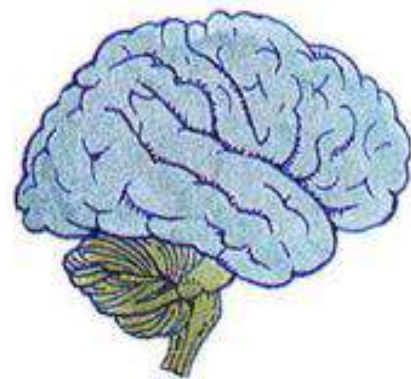




TABLE 3.1. Overview of the societies and ecologies of the living great apes.

Species	Social System	Dispersing Sex	Female-Female/ Male-Male Bonds	Diet	Meat in Diet?
<u>Chimpanzee</u>	Fission-fusion polygyny	Females	Weak/Strong	>75% fruit	Small mammals eaten regularly
<u>Bonobo</u>	Fission-fusion polygyny	Females	Strong/Strong	>75% fruit	Small mammals eaten occasionally
Gorilla (western lowland)*	Multimale group polygyny	Females	Weak/Weak	45–70% fruit	None
Gorilla (mountain)	1 and multi-male group polygyny	Females	Weak/Weak	<5% fruit	
<u>Orangutan</u>	Mainly solitary	Females (?)	None/None (?)	>70% fruit	Small mammals eaten occasionally





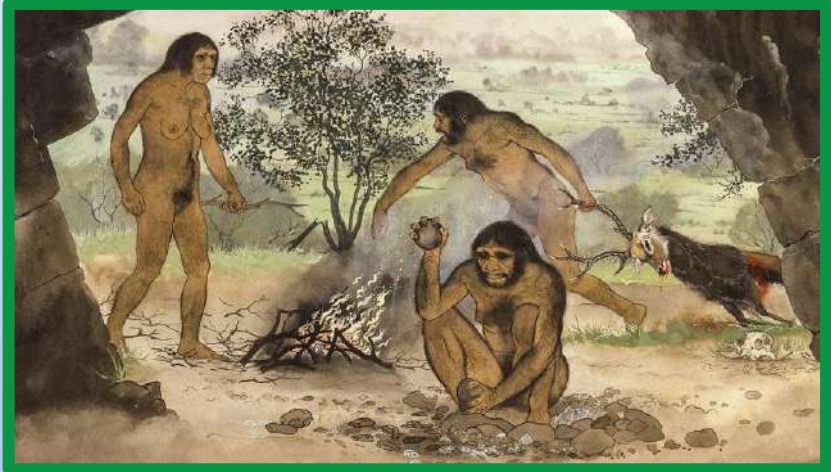
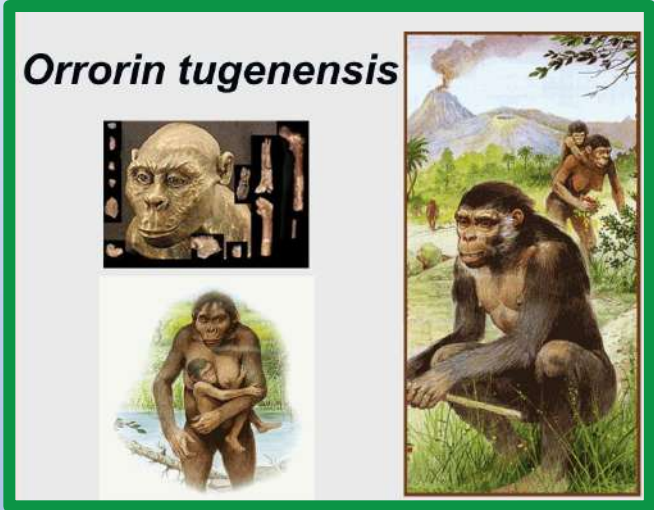
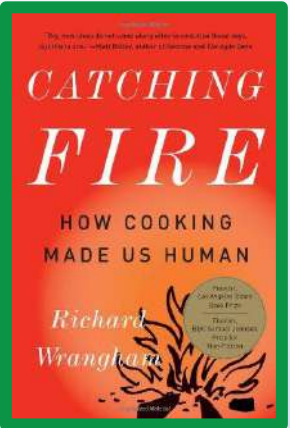
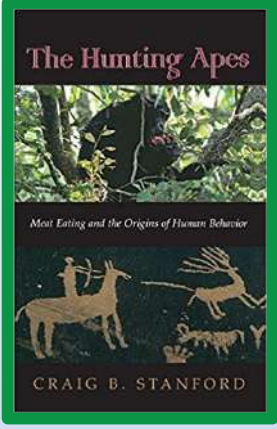
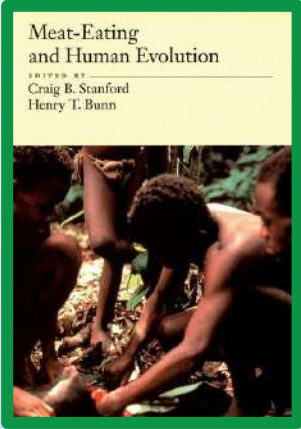
Australopithecus robustus

Homo habilis

Homo erectus

Homo sapiens neanderthalensis

Homo sapiens sapiens



O CHURRASCO NOS HUMANIZOU !



**Tamanho
do
cérebro**

2%

**Energia
que o
cérebro
necessita**

**Aprox.
20%**





CARNES Valores por 100g	Proteína g	Gorduras g	Energia Kcal	ANIMAL Nome Científico e Vulgar	IMAGEM
A	19.0	1.6	96.0		
B	26.3	0.4	116.0		
C	22.8	1.2	112.1		
D	29.0	5.4	172.0		





**TODAS AS CARNES SÃO COMESTÍVEIS.
Já os vegetais ... melhor não comer se
você não os conhece ...**



OMNÍVOROS POR NECESSIDADE

Comer de tudo nos permitiu
popular o planeta inteiro

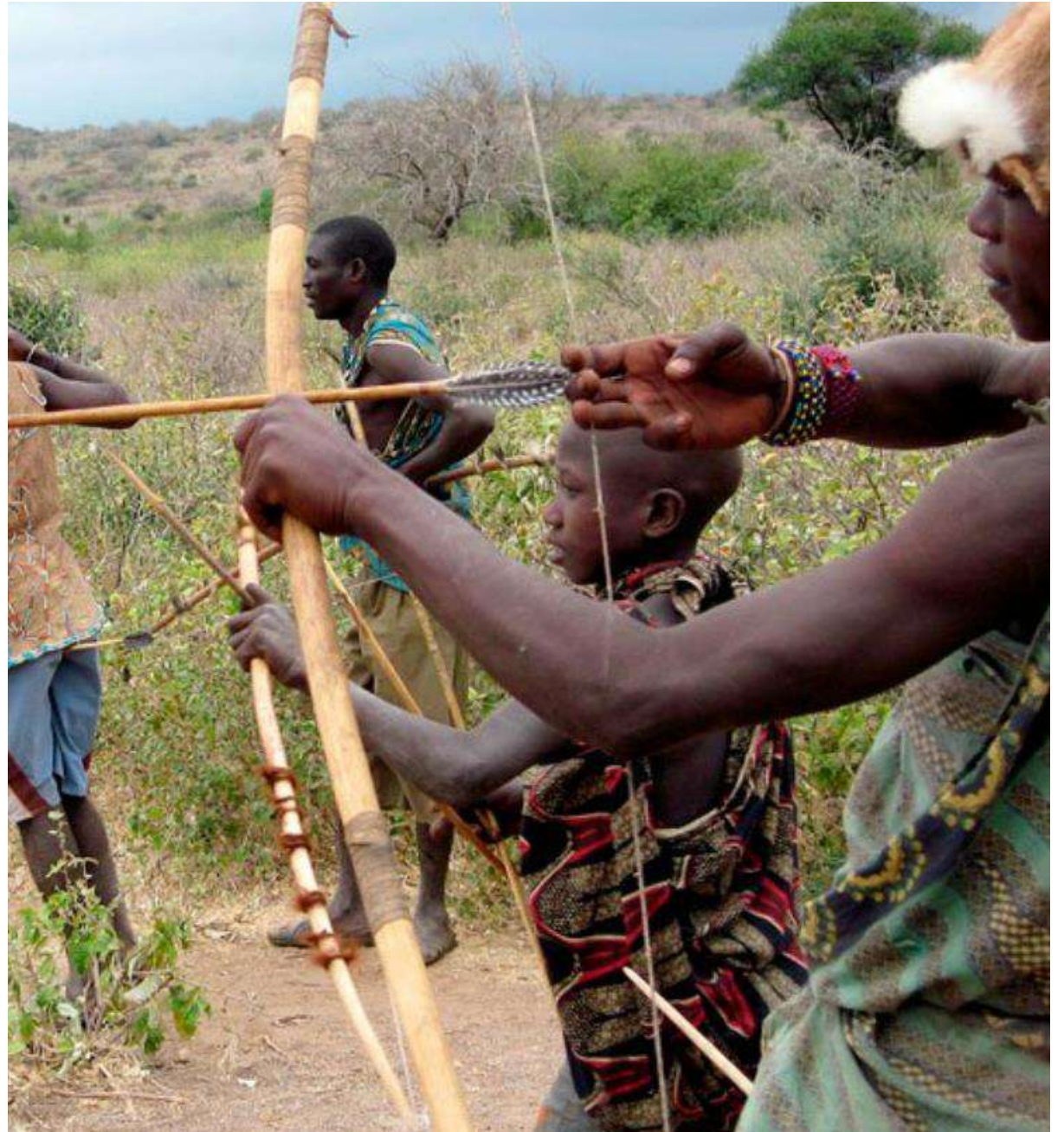






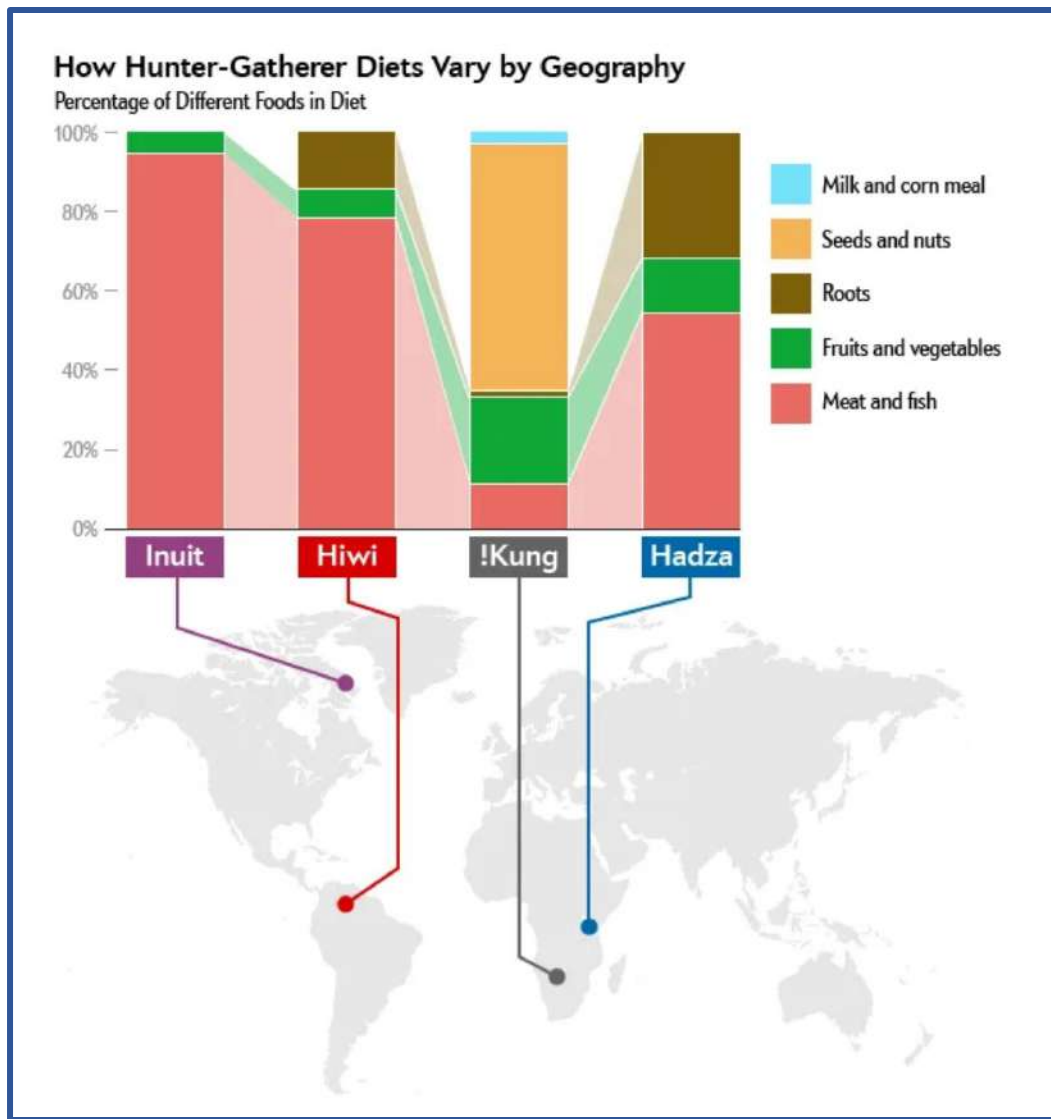
TABLE 5.1. Some tropical and subtropical foraging societies and their diets.

<i>Group</i>	<i>Region</i>	<i>Percentage of Diet from Hunting Animals (by estimated calories)</i>	<i>Percentage of Diet from Gathering Plants and Other Foods</i>
Aché	Amazon basin forest	44%	55
Piro	Amazon rain forest	14 (includes fishing)	86
Efe	Central African rain forest	8.5	91.5
Dobe San	Southwest African desert	40 (seasonally 20–90%)	60
(G/wi)	Southwest African desert	15	85
Hadza	East African savanna	35	65
Siriono	Amazon basin forest	25	75
Walbiri	Australian desert	30	70

SOURCES: Aché—Kaplan and Hill 1985a; Piro—Alvard 1993; Efe—Bailey and Peacock 1988; Dobe San—Lee 1979; G/wi—cited in Kelly 1995; Hadza—Woodburn 1968; Siriono—Holmberg 1950; Walbiri—Meggitt 1962.

<i>Group</i>	<i>Region</i>	<i>Percentage of Diet from Hunting Animals (by estimated calories)</i>	<i>Percentage of Diet from Gathering Plants and Other Foods</i>
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Siriono	Amazon basin forest	25	75





Caçadores-coletores vivem em função do ecossistema.

Comem o que está disponível.

Impossível para eles serem vegetarianos ou veganos.







**Caçadores-coletores necessitam
entre 15 a 20 horas de trabalho
por semana para se alimentarem.**

Sobra tempo para se divertirem!



O Jardim do Éden





¹⁷ E a Adão disse: Porquanto deste ouvidos à voz de tua mulher, e comeste da árvore de que te ordenei, dizendo: Não comerás dela, maldita é a terra por causa de ti; com dor comerás dela todos os dias da tua vida.

¹⁸ Espinhos, e cardos também, te produzirá; e comerás a erva do campo.

¹⁹ No suor do teu rosto comerás o teu pão, até que te tornes à terra; porque dela foste tomado; porquanto és pó e em pó te tornarás.

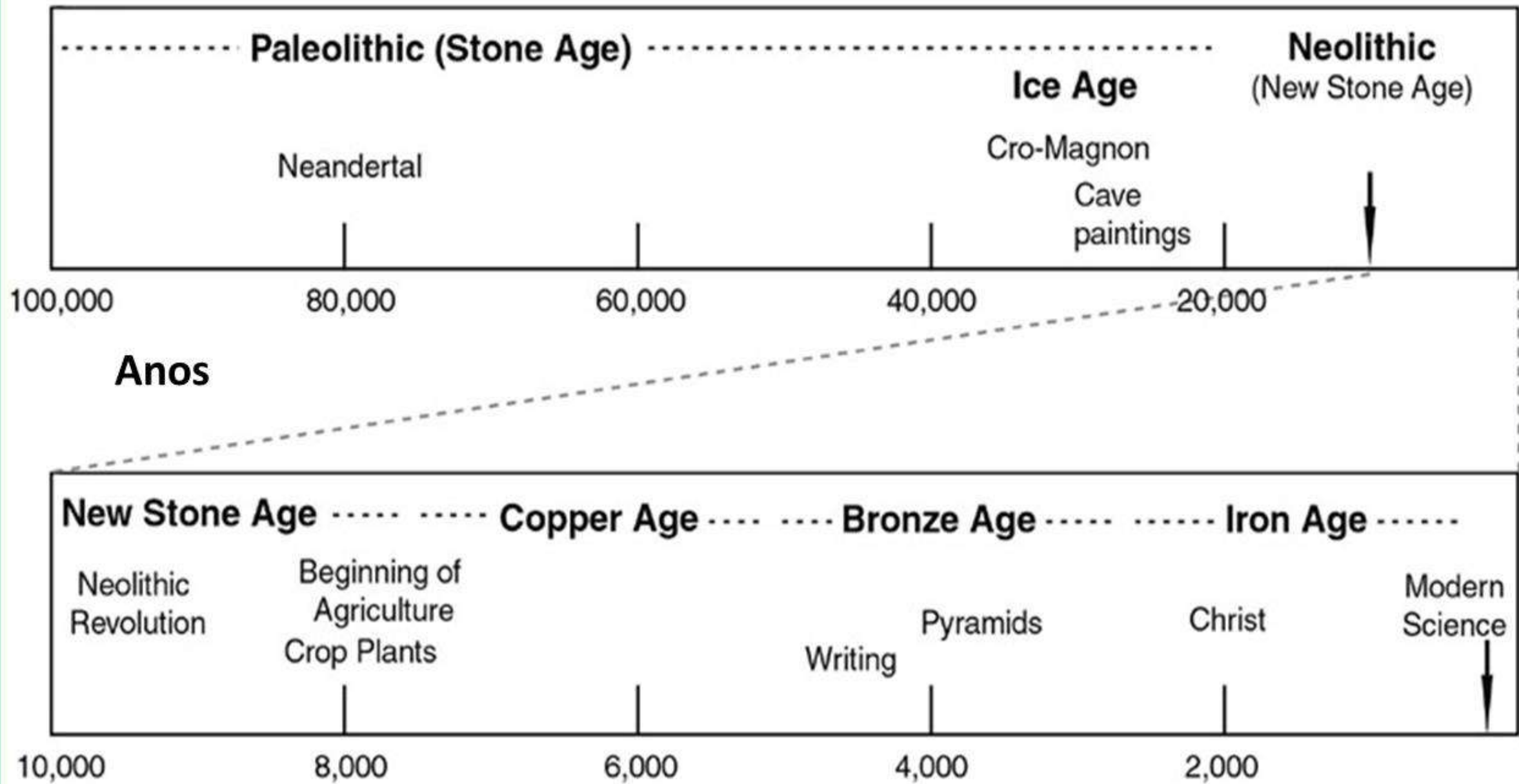
²³ O Senhor Deus, pois, o lançou fora do jardim do Éden, para lavar a terra de que fora tomado.

²⁴ E havendo lançado fora o homem, pôs querubins ao oriente do jardim do Éden, e uma espada inflamada que andava ao redor, para guardar o caminho da árvore da vida.



A REVOLUÇÃO NEOLÍTICA

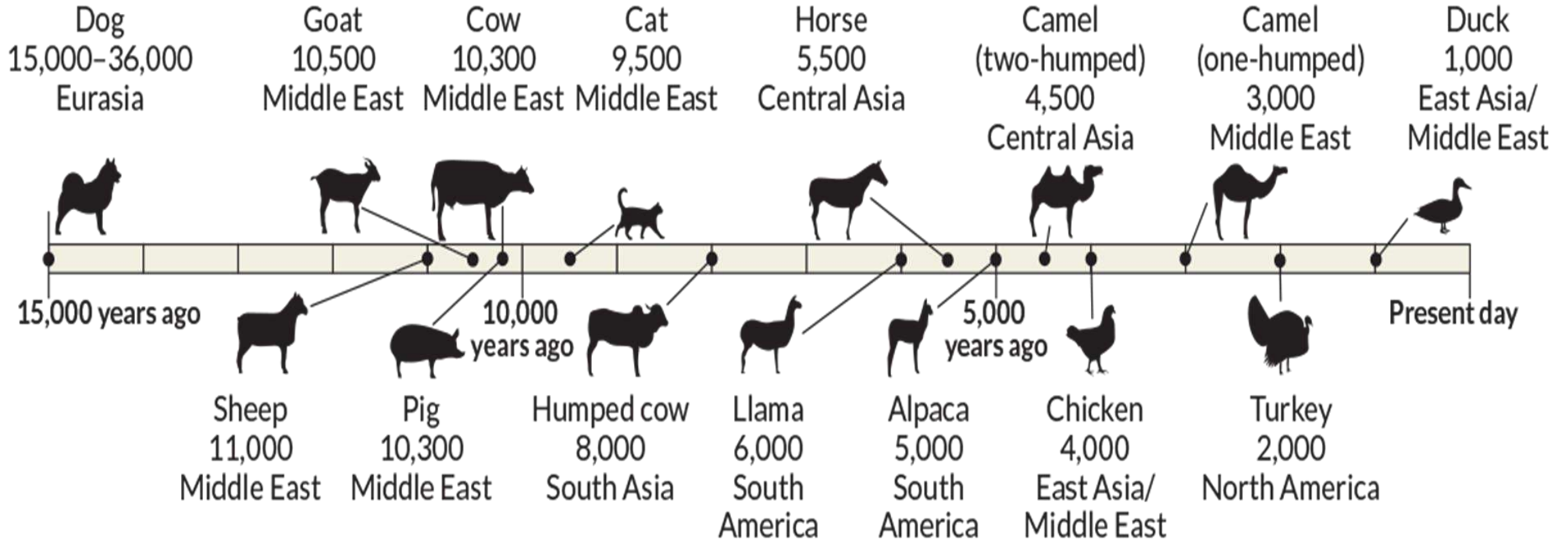
Agricultura e Domesticação de Plantas e Animais



**Os humanos domesticaram os
animais... ou teria sido o
contrário?**

Ou teria sido uma simbiose?

Approximate time frame of domestication based on archaeology

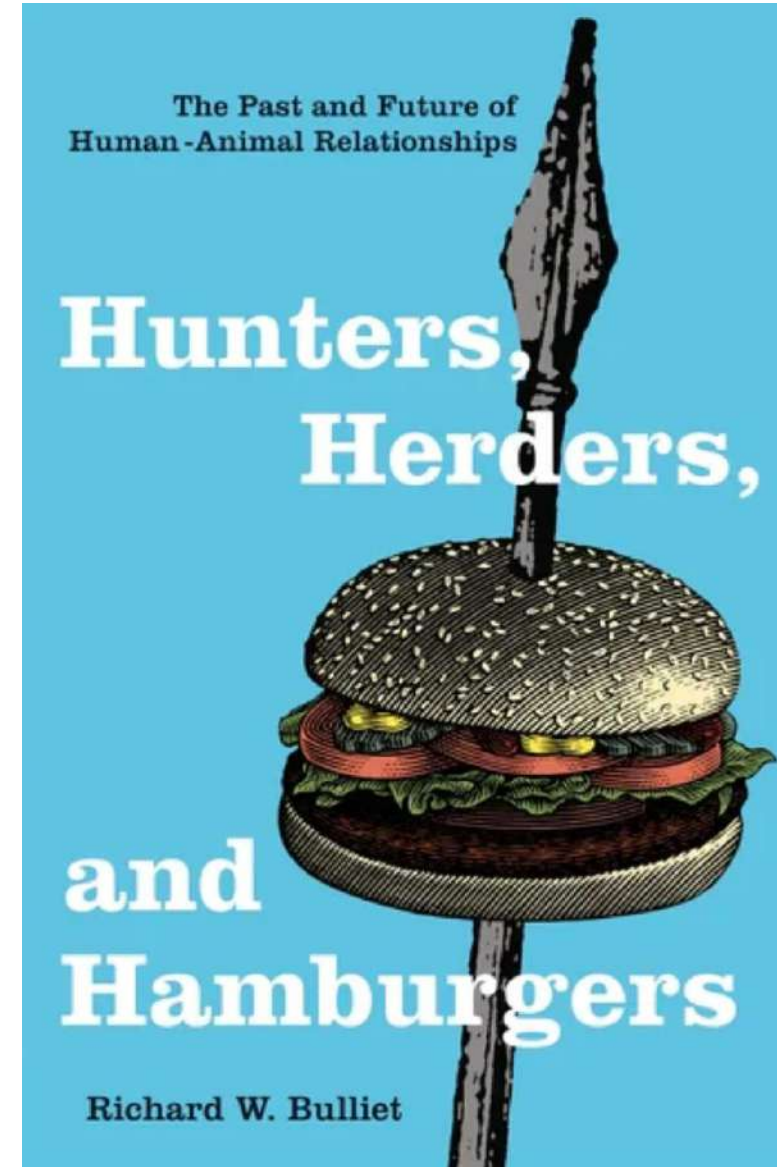


**Até bem pouco tempo os
animais valiam mais vivos do
que mortos.**

**Leite, ovos e lã eram mais
importantes que a carne.**



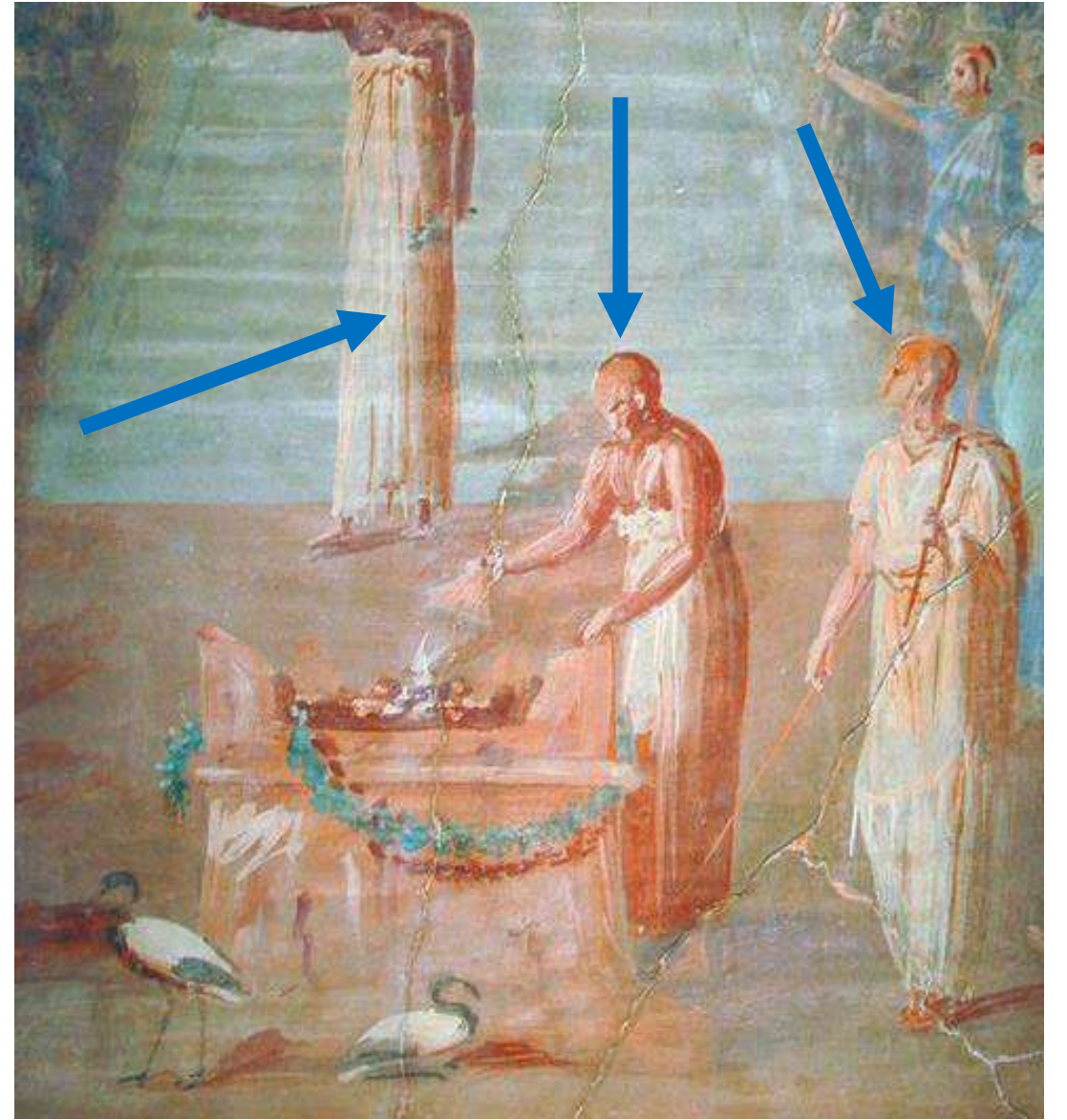
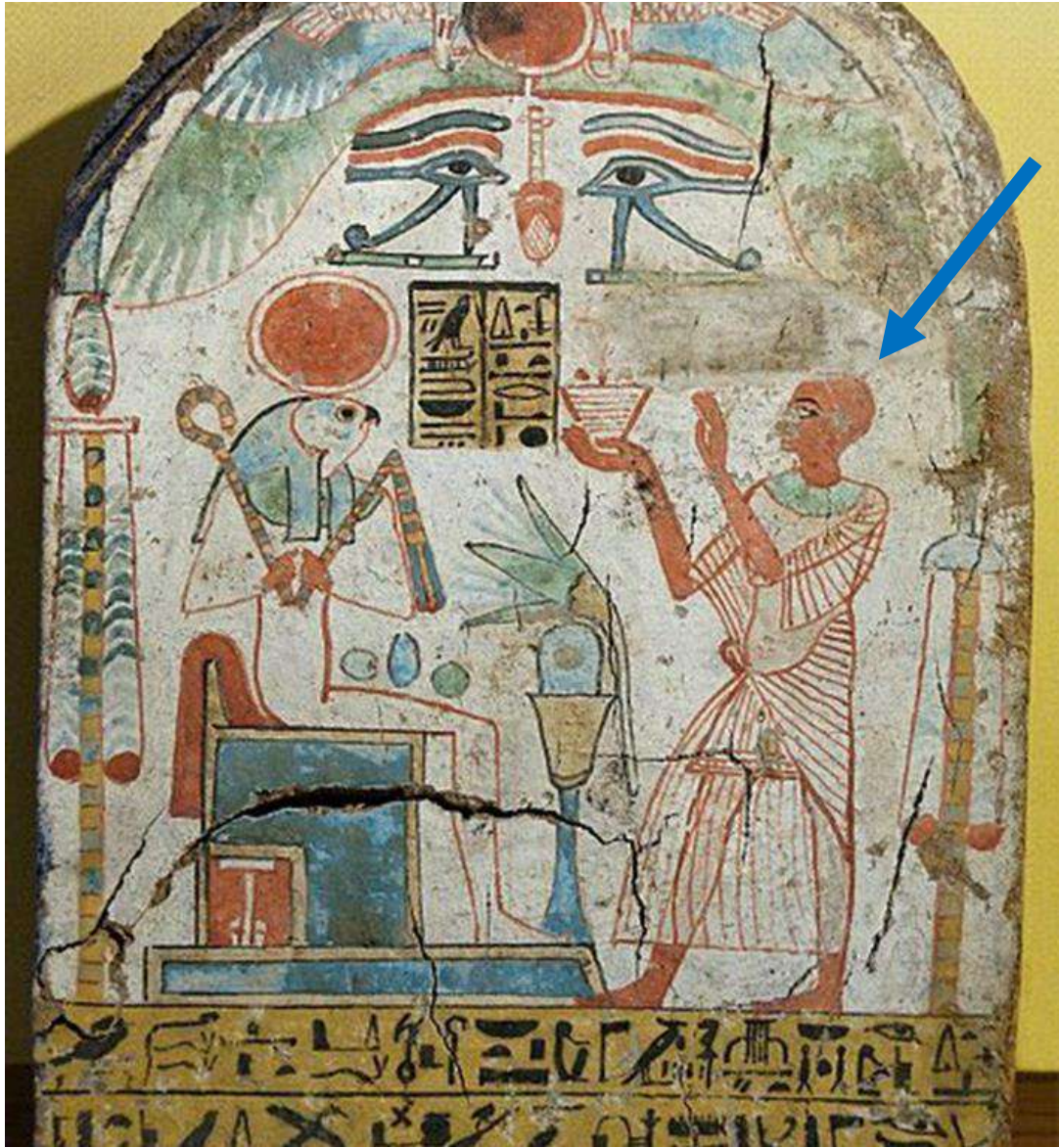
Pré-domesticação
X
Pós-domesticação





O MUNDO ANTIGO

Deuses, sacrifícios e abate ritual





A população das civilizações antigas vivia com uma dieta com pouquíssima carne.

A carne era privilégio do Faraó, sua família, sacerdotes e escribas.



O MEDITERRÂNEO

Trigo, azeite e vinho

Civilizados x Bárbaros



Para ser considerado 'cidadão' na Grécia Antiga era necessário participar dos rituais de sacrifício e dos banquetes cívicos, aonde a carne era compartilhada.

Praticamente toda a carne consumida provinha das oferendas aos deuses, uma espécie de comunhão entre homens e deuses.







Civilizados



Bárbaros

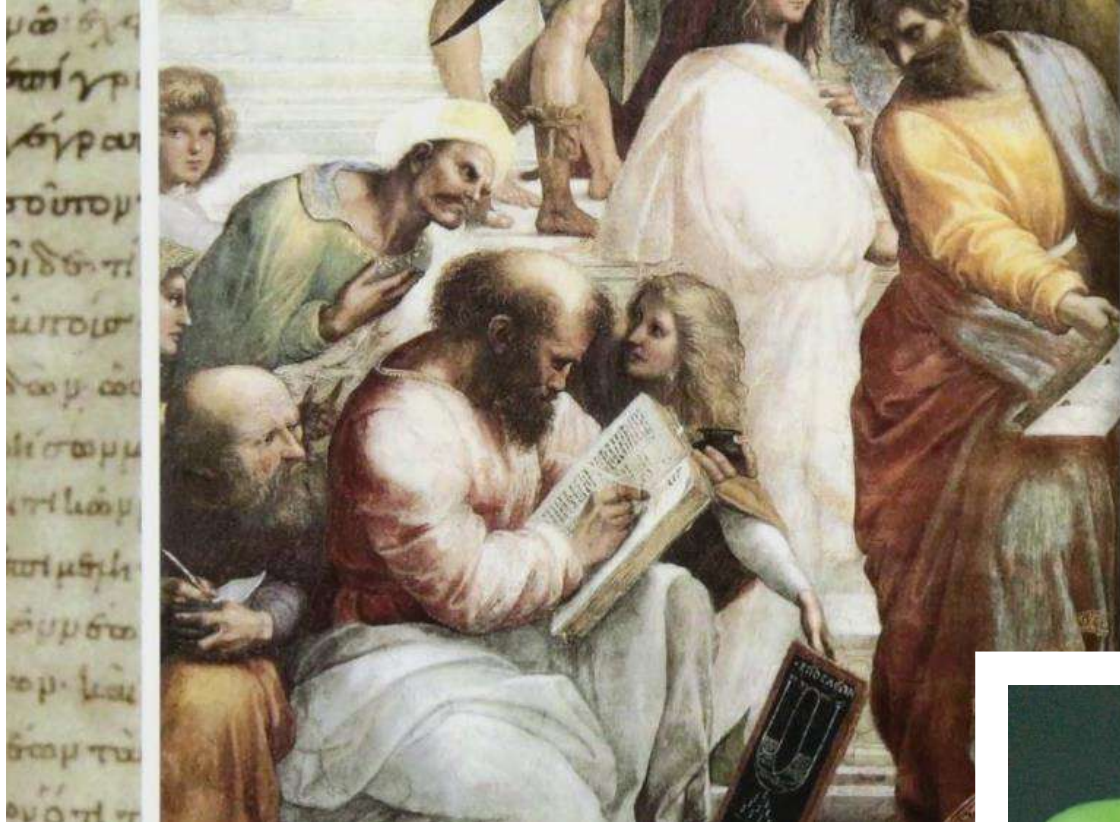
DIETA
MEDITERRÂNEA







PITÁGORAS E O PRIMEIRO MOVIMENTO VEGETARIANO OCIDENTAL Influências da Índia e Egito



Pythagoras, who defended the doctrine of metempsychosis or transmigration of the soul to a different body after death, affirmed that he had been Euphorbus, the best spearman and horseman of his years and the one who wounded Patroclus

Pitágoras

c. 570 BCE – c. 495 BCE





Favas ⇒ flores negras, talo oco ⇒ os gregos acreditavam que as almas usavam os pés de fava para irem ao Reino de Hades (reino dos mortos, governado pelo deus Hades)

Já Aristóteles pensava que os Pitagóricos não comiam favas como uma forma de protesto político contra a forma de governo democrático, já que as favas coloridas eram usadas como voto nas eleições. Os Pitagóricos favoreciam o tipo de governo oligárquico.

BEANS

A HISTORY



Ken Albala

"A vividly entertaining history of the humble bean takes the reader on a curious, surprising and exciting journey across epochs, continents and cultures."
RAYMOND BLANC

Plants of Life — in — Plants of Death



Frederick J. Simoons

Author of *Eat Not This Flesh*





Comer carnes sem depender
do abate ritual é, desde o
início das Grandes
Civilizações, sinal de
DIFERENCIAÇÃO SOCIAL.



SEMITAS:

O povo da Bíblia e a Kashrut

SEMITAS – O POVO DA BÍBLIA

Proibição do consumo de suínos e o abate ritual (Shechita)

Kashrut = lei
alimentar judaica;
o que é legítimo



Kosher = o que está
de acordo com as
leis judaicas, o que
pode ser consumido

KOSHER
Chews its cud and has split hooves
COWS, SHEEP, GOATS, DEER

NOT KOSHER
Doesn't chew cud and/or doesn't have split hooves
PIGS, RABBITS, KANGAROO

KOSHER
Domesticated species
CHICKEN, DUCK, TURKEY

NOT KOSHER
All scavenger and predatory birds
VULTURE, EAGLE, OWL

KOSHER
Has both fins and scales
TROUT, TUNA, SALMON

NOT KOSHER
Does not have both fins and scales
CRUSTACEANS, MOLLUSKS, WATER MAMMALS

KOSHER
Chuck, rib, shoulder, plate

NOT KOSHER
Loin, sirloin, rump, flank, heel

MEAT AND DAIRY TOGETHER

When prepared properly, some of these cuts may be kosher.

Taste of Home

NÃO É SOMENTE O PORCO QUE É PROIBIDO PARA OS JUDEUS!

VISÃO DUALÍSTICA: OU ISTO OU AQUILO

- ✓ Se é ave tem que ter penas e voar (galinha não voa mas o frango selvagem voava);
- ✓ Se é peixe tem que ter escamas e nadar;
- ✓ Se animal terrestre tem que andar;
- ✓ Se não ruma ... PODERIA ser um carnívoro;
- ✓ Sangue é vida, não se pode consumir sangue;

Êxodo 23:19-22

Não cozerás o cabrito no leite de sua mãe.





JOURNAL ARTICLE

Sémiotique de la nourriture dans la Bible

Jean Soler

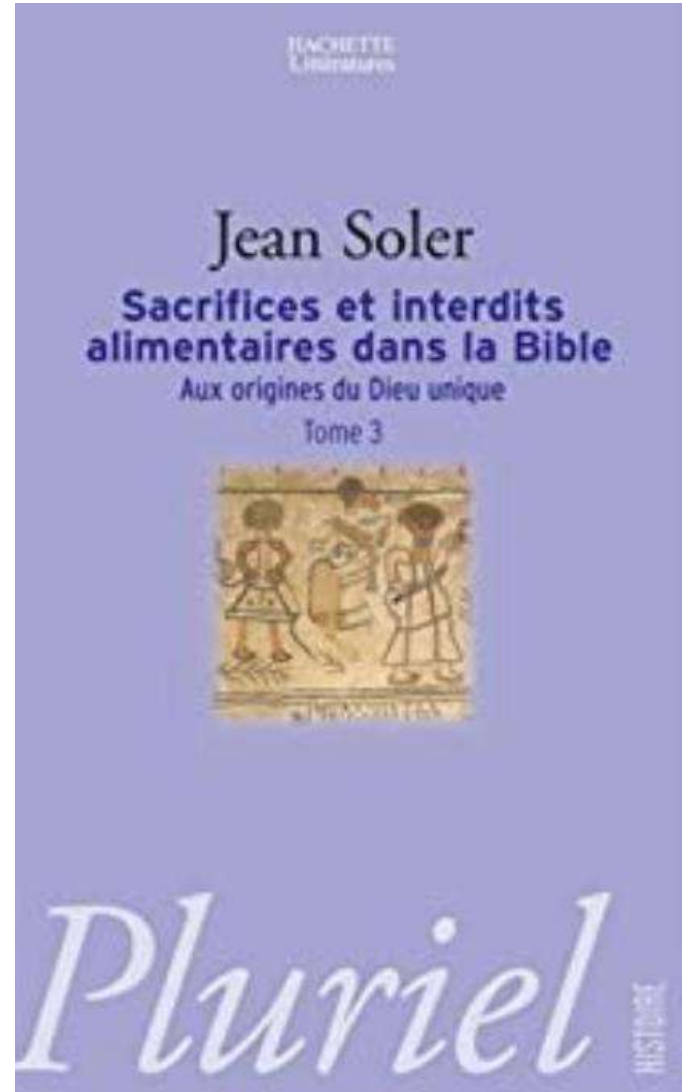
Annales. Histoire, Sciences Sociales

28e Année, No. 4 (Jul. - Aug., 1973), pp. 943-955

Published by: [Cambridge University Press](https://www.cambridge.org/core)

<https://www.jstor.org/stable/27579092>

Page Count: 13



Jean Soler



La violence monothéiste

Éditions de Fallois
PARIS

Jean Soler

Aux origines du Dieu unique

L'invention du monothéisme



PRÉFACE DE JEAN PERROT

Éditions de Fallois
PARIS

McDonald's
KOSHER



- **Forbidden animals include pigs, camels and hares.**

- **Blood from any creature, kosher or non-kosher.**

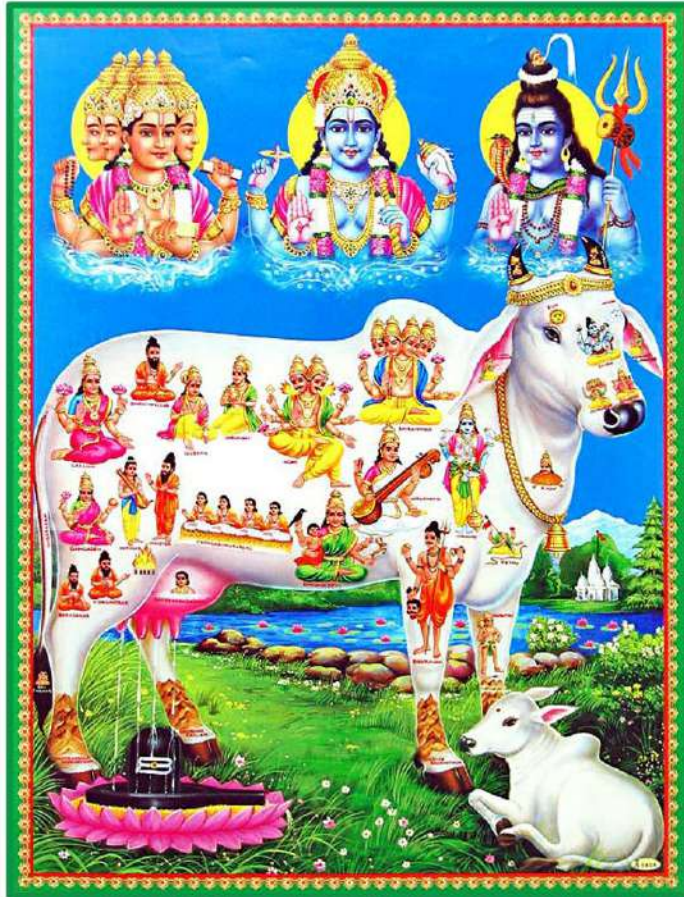
- **Eggs with bloody spots in them.**

- **Insects, rodents, amphibians and reptiles of any kind.**

- **Grape items that have been made by non-Jewish manufacturers.**

- **The fat around the liver and organs.**

E A VACA SAGRADA DA ÍNDIA ???



NOVAMENTE ... A VISÃO UTILITÁRIA:

- ✓ A vaca viva seria economicamente mais viável: leite, trabalho, estrume (usado como combustível e material de construção), etc.
- ✓ Sagrada = deus; não pode ser sacrificada. Entretanto ... se deixam morrer bezerros ...

VISÃO HISTÓRICA E SOCIAL DAS CLASSES NA ÍNDIA:

- ✓ Brahmins = líderes = tinham que se demarcar das demais clases sociais para manter sua dominação política;
- ✓ Privar-se de um alimento foi um grande demarcador social;

A COMIDA SENDO USADA COMO DEMARCADOR SOCIAL: PELA COMIDA CRIAM-SE VÍNCULOS COM O PRÓPRIO GRUPO MAS DISTINGUE-SE DOS DEMAIS GRUPOS

Judeus: lei KASHRUTH

Muçulmanos: Halal = criaram uma identidade própria e uma diferenciação em relação os cristãos (não comer carne suína) e também com relação aos judeus (não consumir bebidas alcoólicas, fermentadas = vinho).

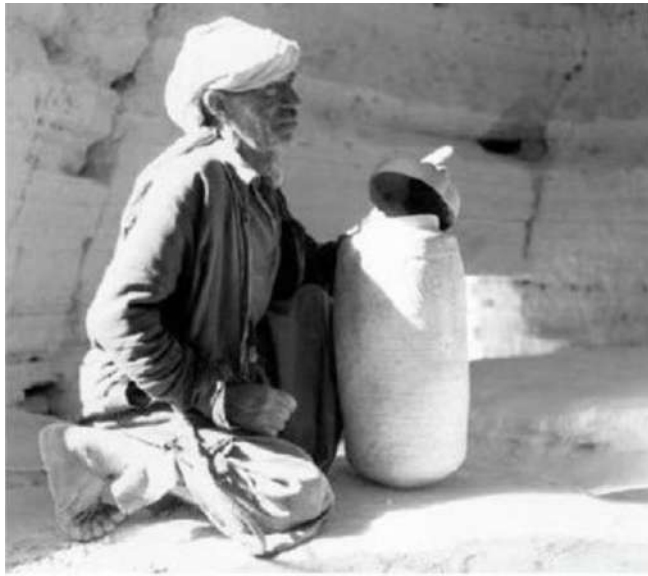
Brahmins: criar uma identidade de grupo “puro” no topo da pirâmide social

AS CARNES, POR SEREM UM ALIMENTO TÃO FORTEMENTE CARREGADO DE SIMBOLISMOS, É UM DOS PRIMEIROS A SER MANIPULADO QUANDO SE QUER CRIAR UMA DIFERENCIAÇÃO SOCIAL, RELIGIOSA, ETC, ATRAVES DA COMIDA.

NOTAR QUE VEMOS CONSTANTEMENTE ESSE TIPO DE “AUTO-SEGREGAÇÃO – IDENTIDADE COM UM GRUPO” EM MOVIMENTOS COMO O VEGANISMO, PALEODIET, CRUGÍVOROS, MACROBIÓTICOS, ETC.

ESSÊNIOS – GRUPO ASCETA JUDEU – SÉCULO II BCE A 68 ACE

- ✓ Vegetarianos;
- ✓ Vida em comunidade;
- ✓ Bens comuns;
- ✓ Visão religiosa distinta dos fariseus e outros grupos judeus.





CRISTIANISMO: O FIM DO ABATE RITUAL E DOS TABUS ALIMENTARES

⁷ Hipócritas, bem profetizou Isaías a vosso respeito, dizendo:

⁸ Este povo se aproxima de mim com a sua boca e me honra com os seus lábios, mas o seu coração está longe de mim.

⁹ Mas, em vão me adoram, ensinando doutrinas que são preceitos dos homens.

¹⁰ E, chamando a si a multidão, disse-lhes: Ouvi, e entendei:

¹¹ O que contamina o homem não é o que entra na boca, mas o que sai da boca, isso é o que contamina o homem.



Paulo e os demais fundadores do Cristianismo vão usar essa fala de Jesus como o fim do tabu em não se consumir carne de porco e o fim das demais interdições alimentares da lei judaica do Kashrut.

Ú
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Para os pais da nova religião a morte do Cristo na cruz era o sacrifício último e nenhum outro sacrifício seria necessário. Sacrifícios rituais mais tarde passaram a ser símbolo de paganismo e, portanto, quem os praticasse era perseguido.

S
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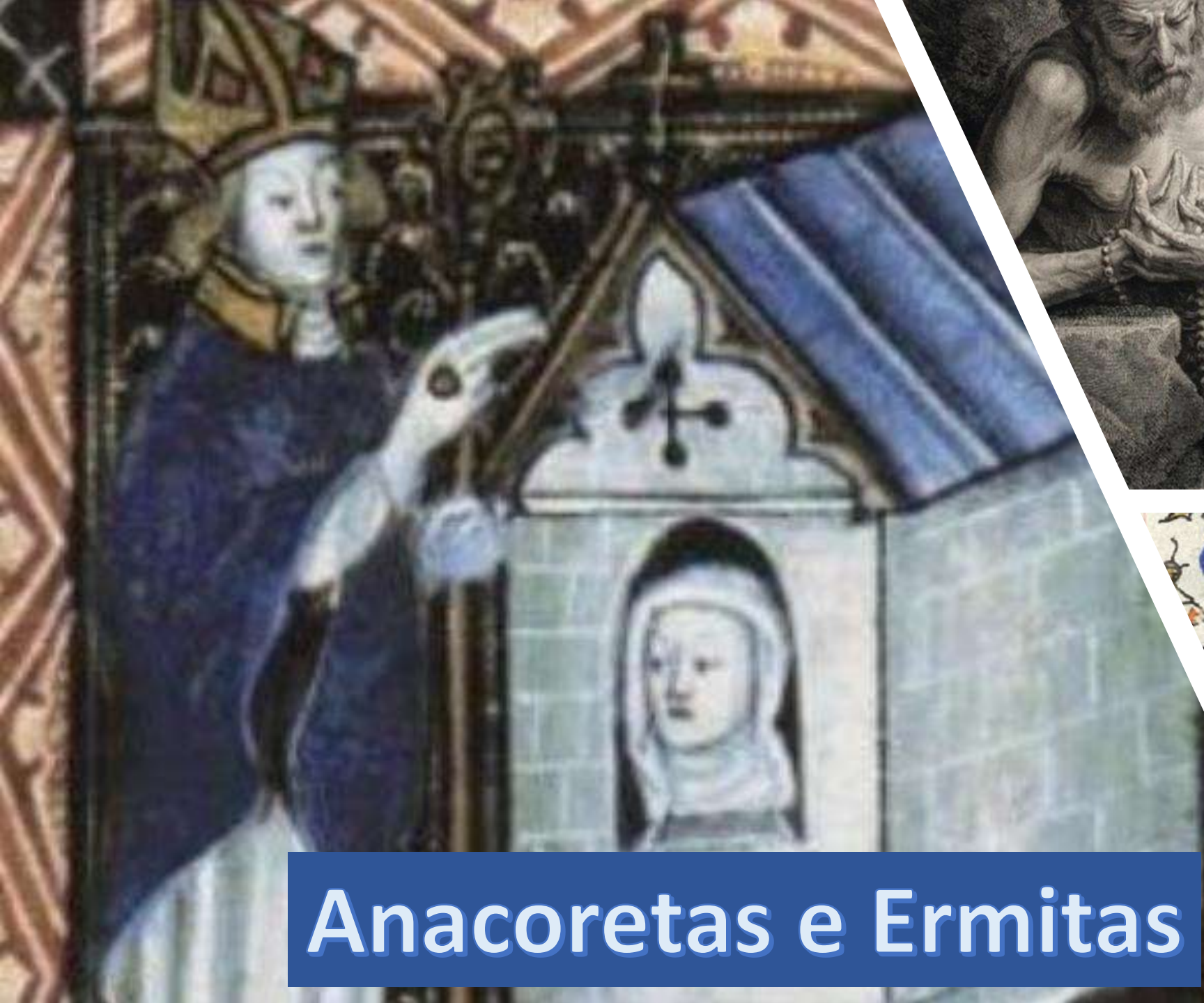
OS PRIMEIROS CRISTÃOS NO SUL DA EUROPA

Bread & Water, Wine & Oil

AN ORTHODOX CHRISTIAN EXPERIENCE OF GOD



Archimandrite Meletios Webber



Anacoretas e Ermitas



A BATALHA DO CARNAVAL E DA QUARESMA





"A carne, carne cria "

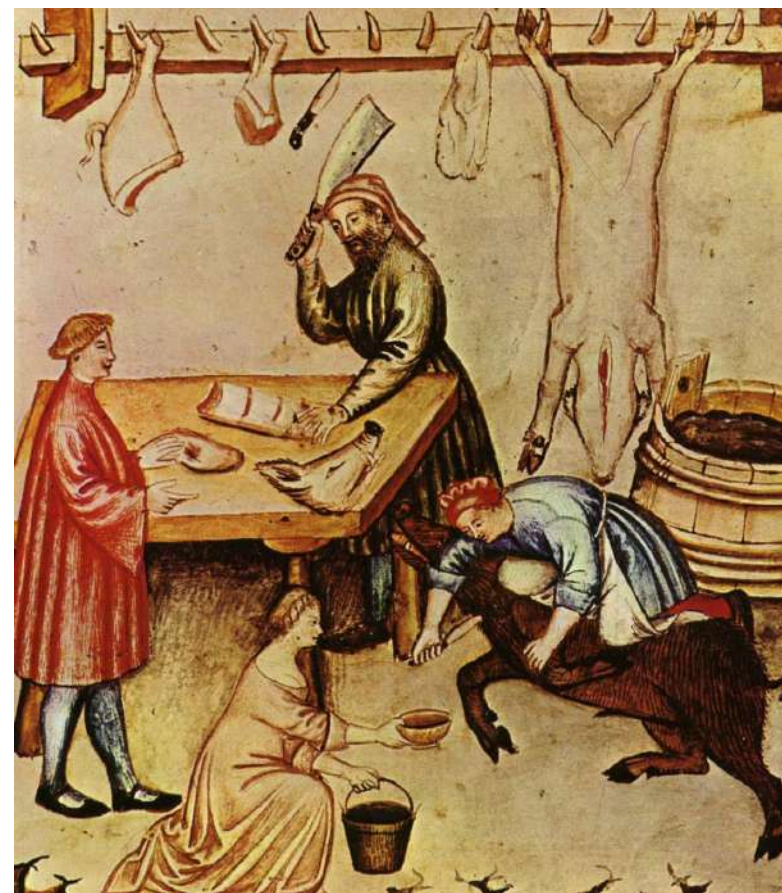
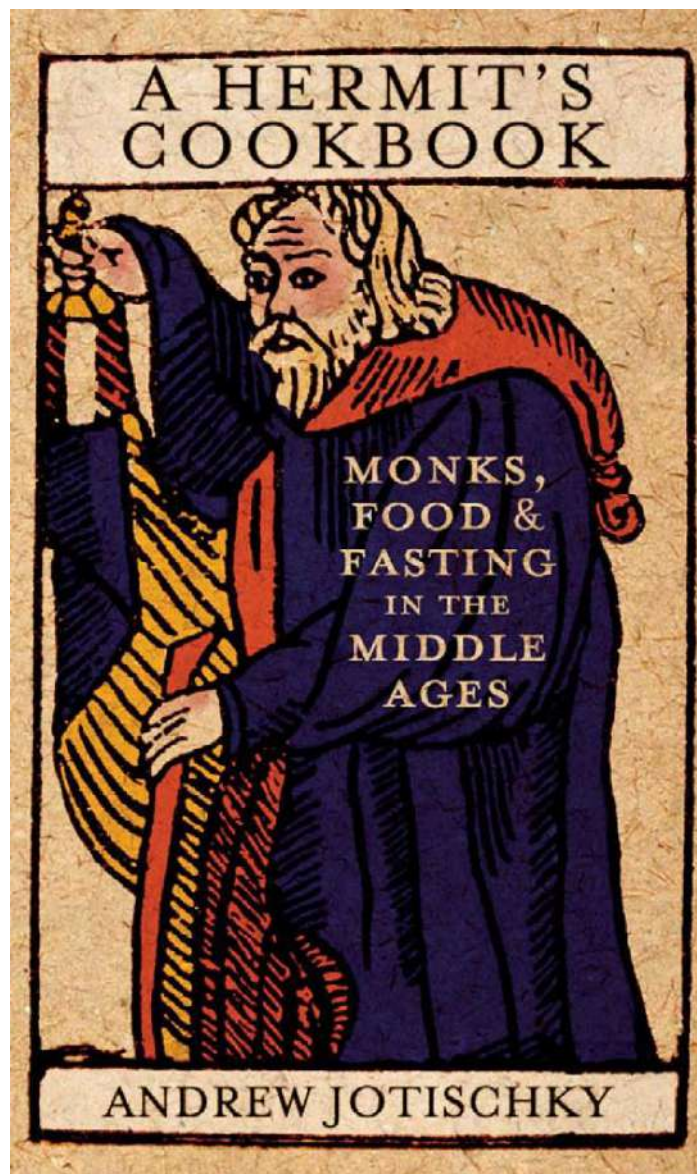
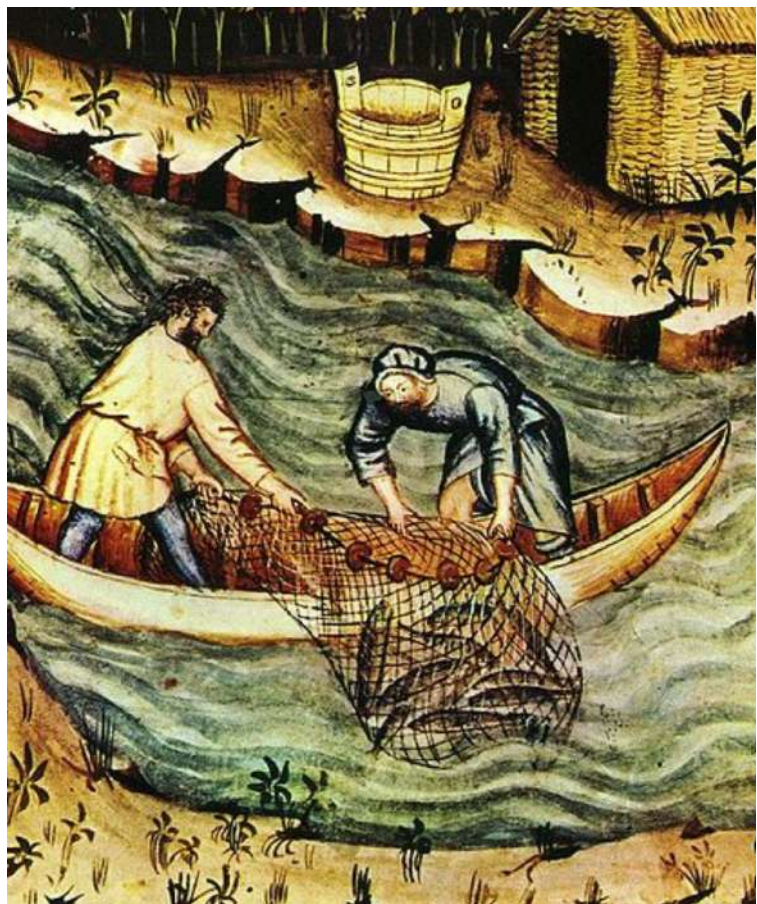
"A carne do acém é pouca e sabe bem, mas não é para quem filhos tem"

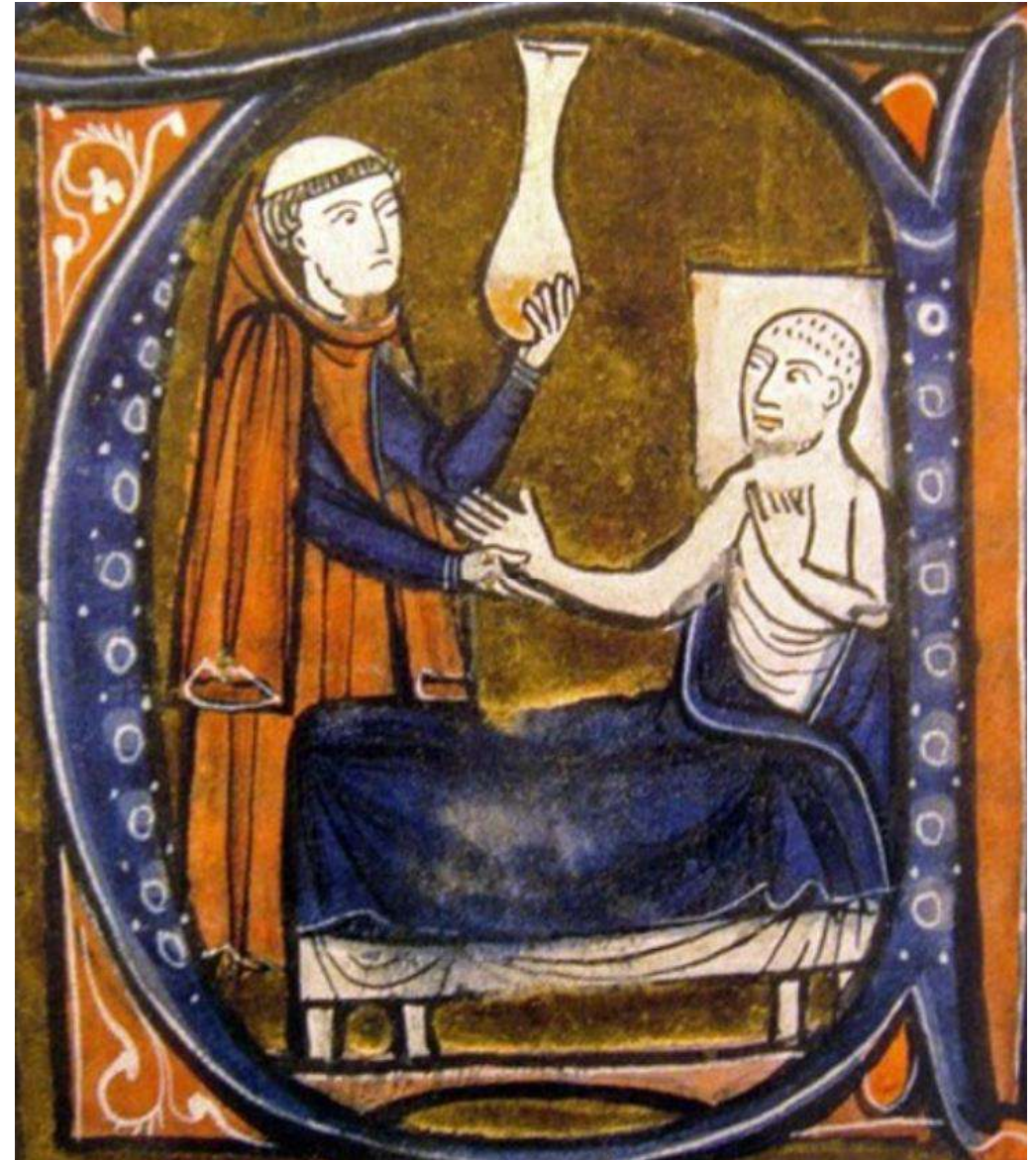
"Carne por peixe, não a deixes"

"Peixe não puxa carroça"

"Carne de vaca, bem cozida e mal assada"

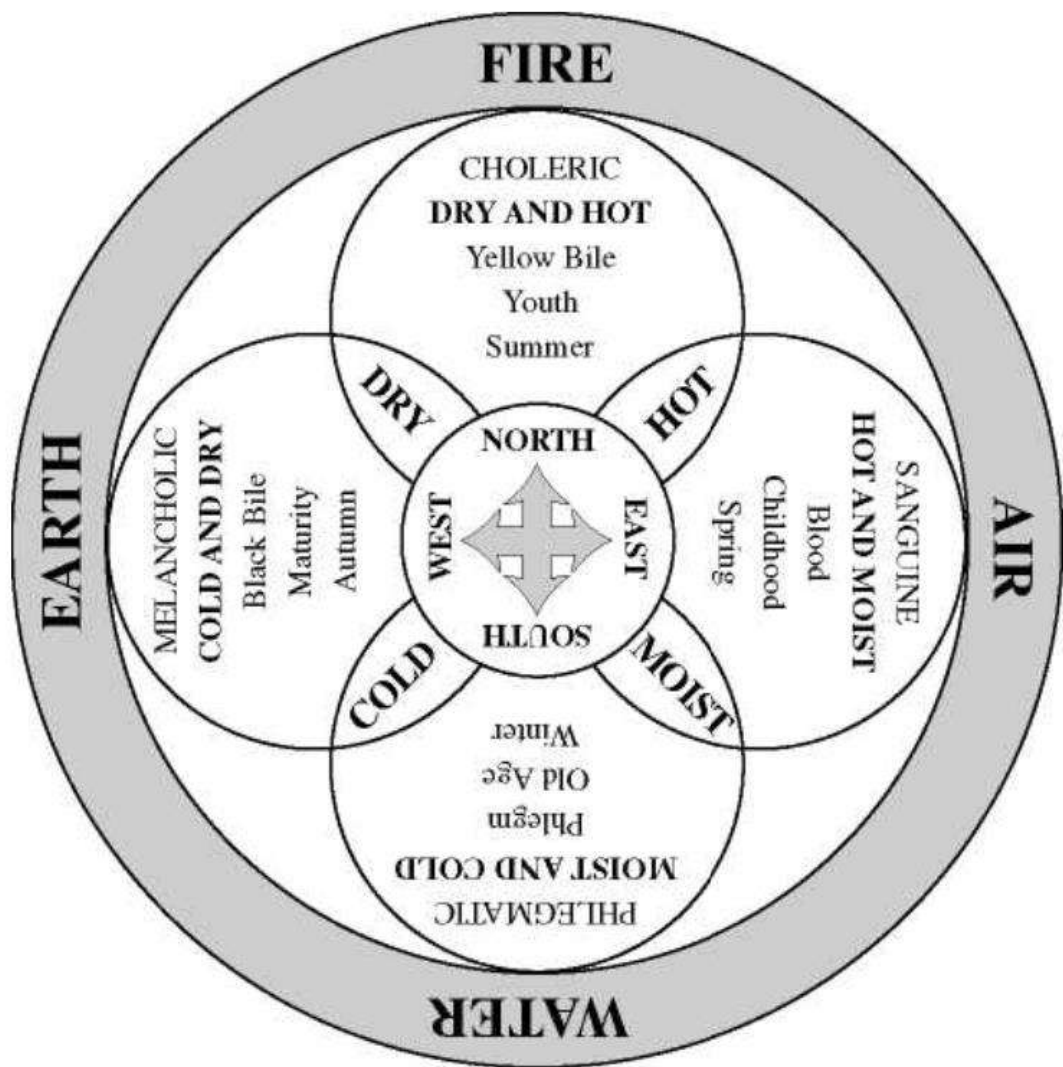
"Carne de hoje faz o homem são"







Galeno: teoria humoral \Rightarrow 4 humores, 4 temperamentos \Rightarrow
EQUILÍBRIO PELA COMIDA



PHLEGMATIC TEMPERAMENT
Nature: Cold and moist
Flavor: Insipid/flavorless
Avoid: Cucumbers, lettuce, spinach, fish, pork, veal
Eat: Choleric Foods



CHOLERIC TEMPERAMENT
Nature: Hot and dry
Flavor: Bitter/salty
Avoid: Rice, mint, parsley, cloves, capers, rosemary, olives, rabbit, salt, pepper, goat and oxen, garlic, onions
Eat: Phlegmatic foods

MELANCHOLIC TEMPERAMENT
Nature: Cold and dry
Flavor: Sour/tart
Avoid: Vinegar, lemons
Eat: Sanguine foods



SANGUINE TEMPERAMENT
Nature: Hot and moist
Flavor: Sweet
Avoid: Basil, sugar, butter, peacocks, lamb
Eat: Melancholic foods



MEDICINA MEDIEVAL – HIPOCRÁTICA e GALÊNICA (Escola de Salerno)

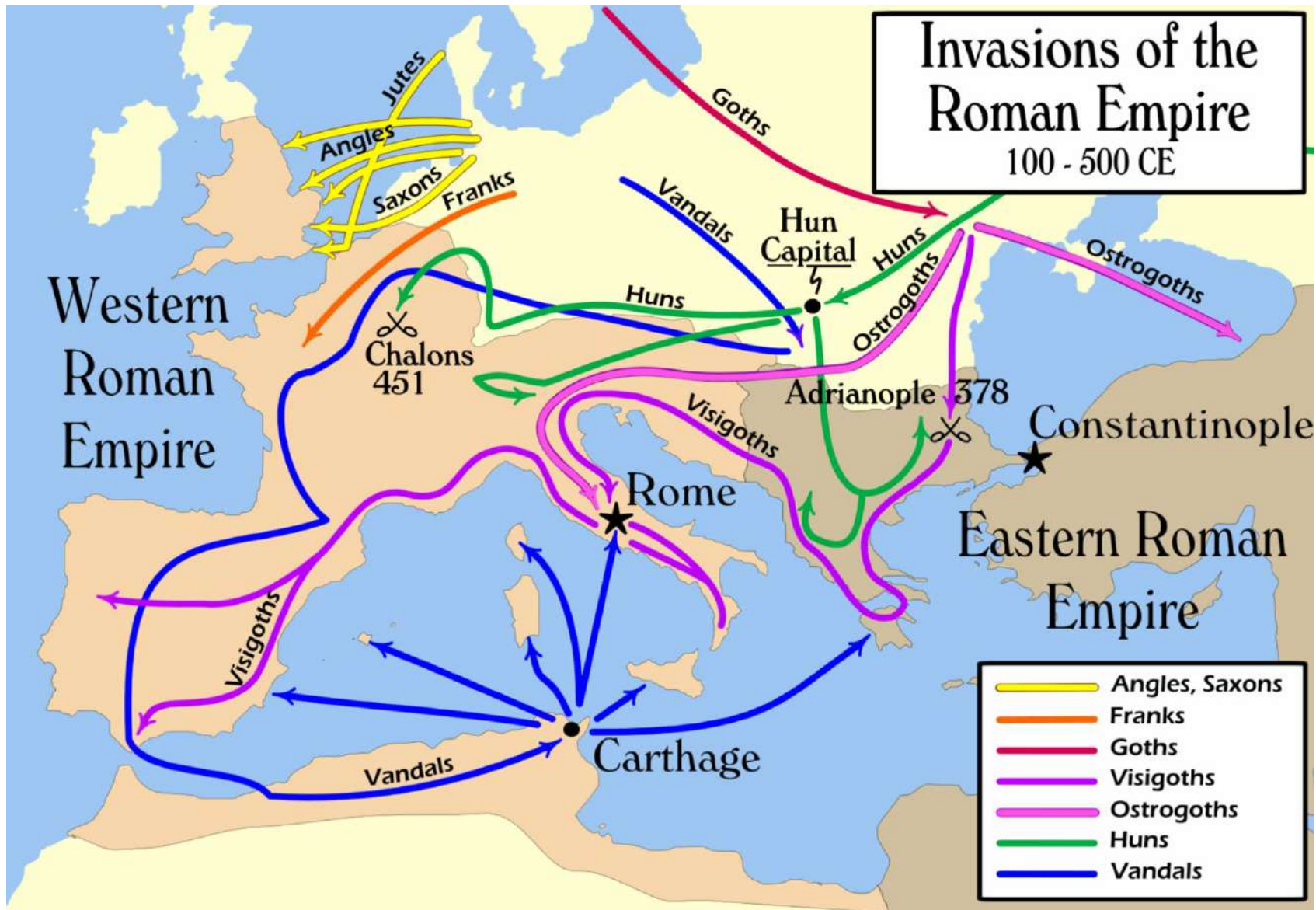
Carnes especialmente as vermelhas: quente; carne produz sangue e “sêmen” (inclusive nas mulheres!); excita sexualidade ... e portanto não é bom que as “EVAS PECADORAS” comam muita carne ...

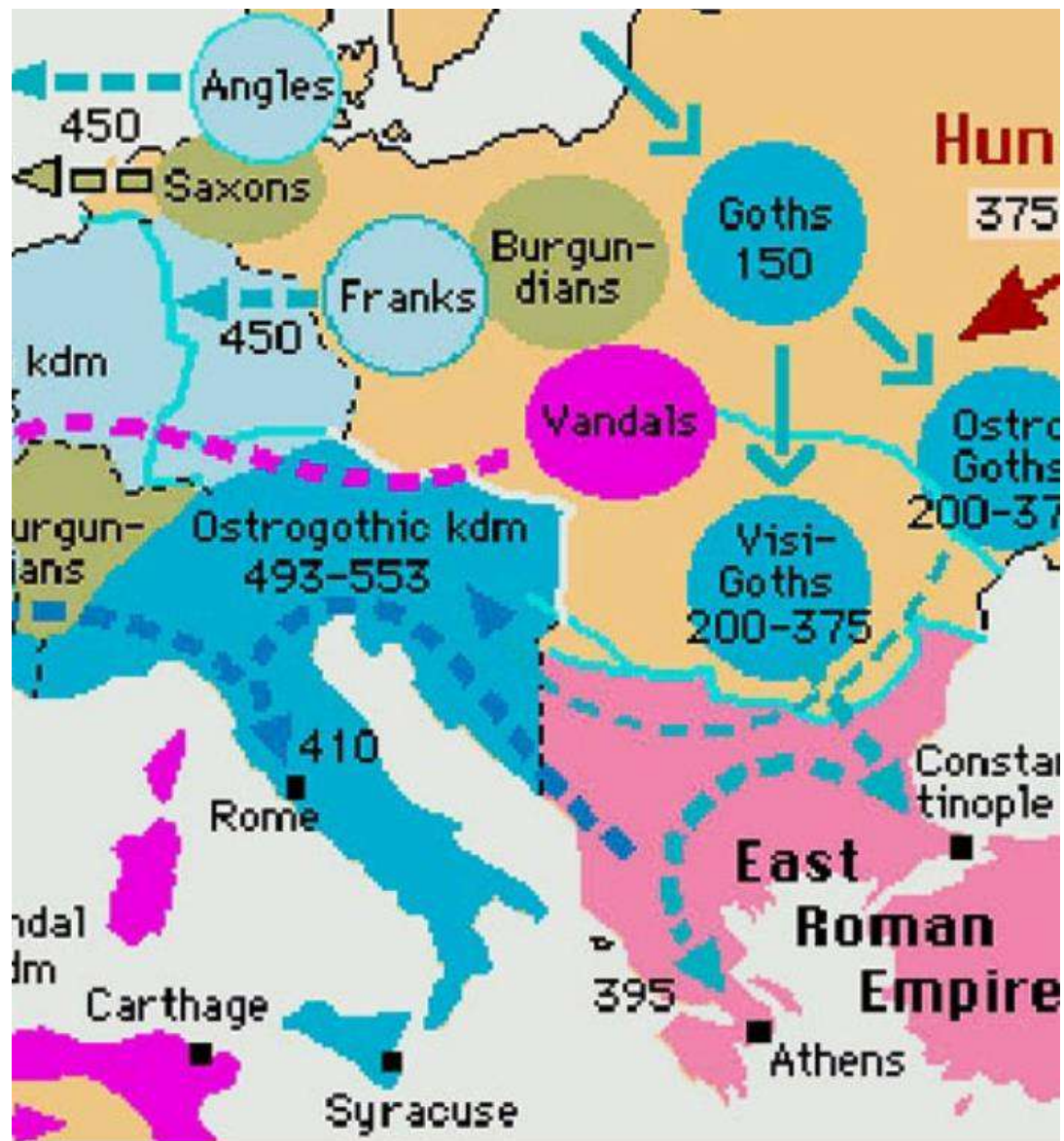
Peixe: frio e úmido; não produz sangue e sêmen; recomendada para os RELIGIOSOS E DURANTE A QUARESMA E DIAS DE ‘COMER MAGRO’.

Sal: seco e quente ⇒ peixe salgado mais ‘equilibrado’ que o peixe seco; peixe de mar melhor que de água doce

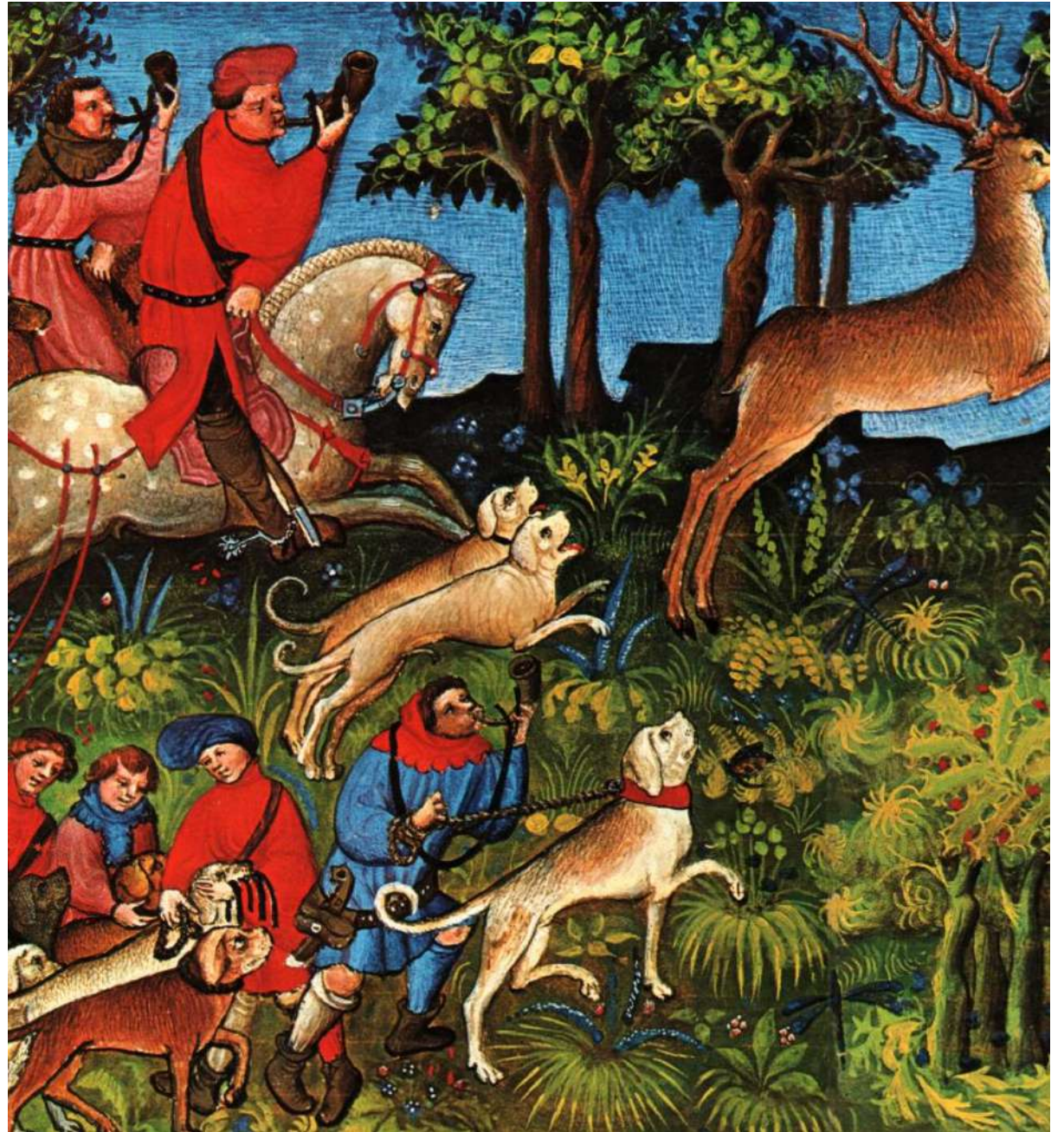
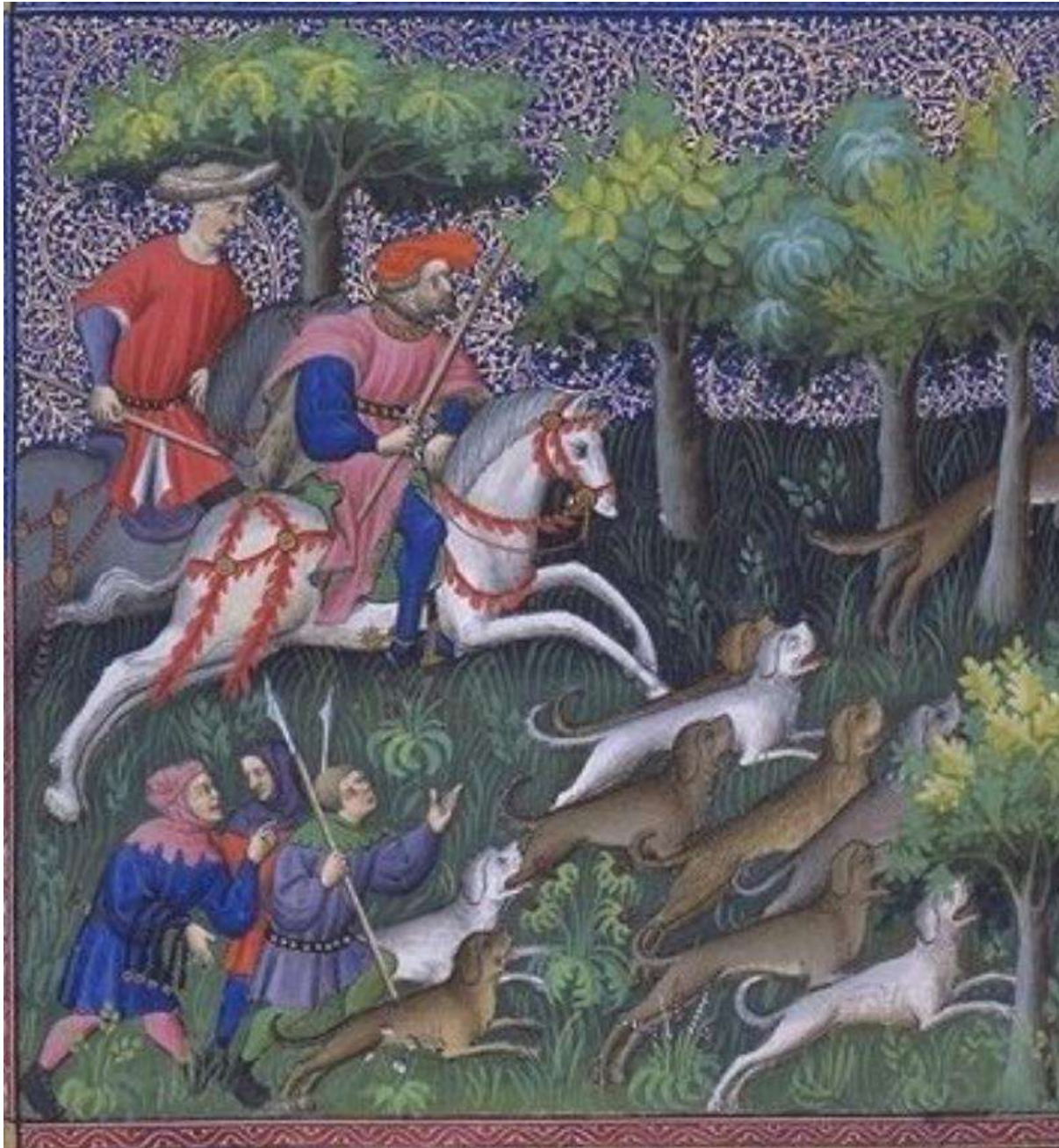


INVASÕES BÁRBARAS E A EUROPA CARNÍVORA





TRIBOS GERMÂNICAS

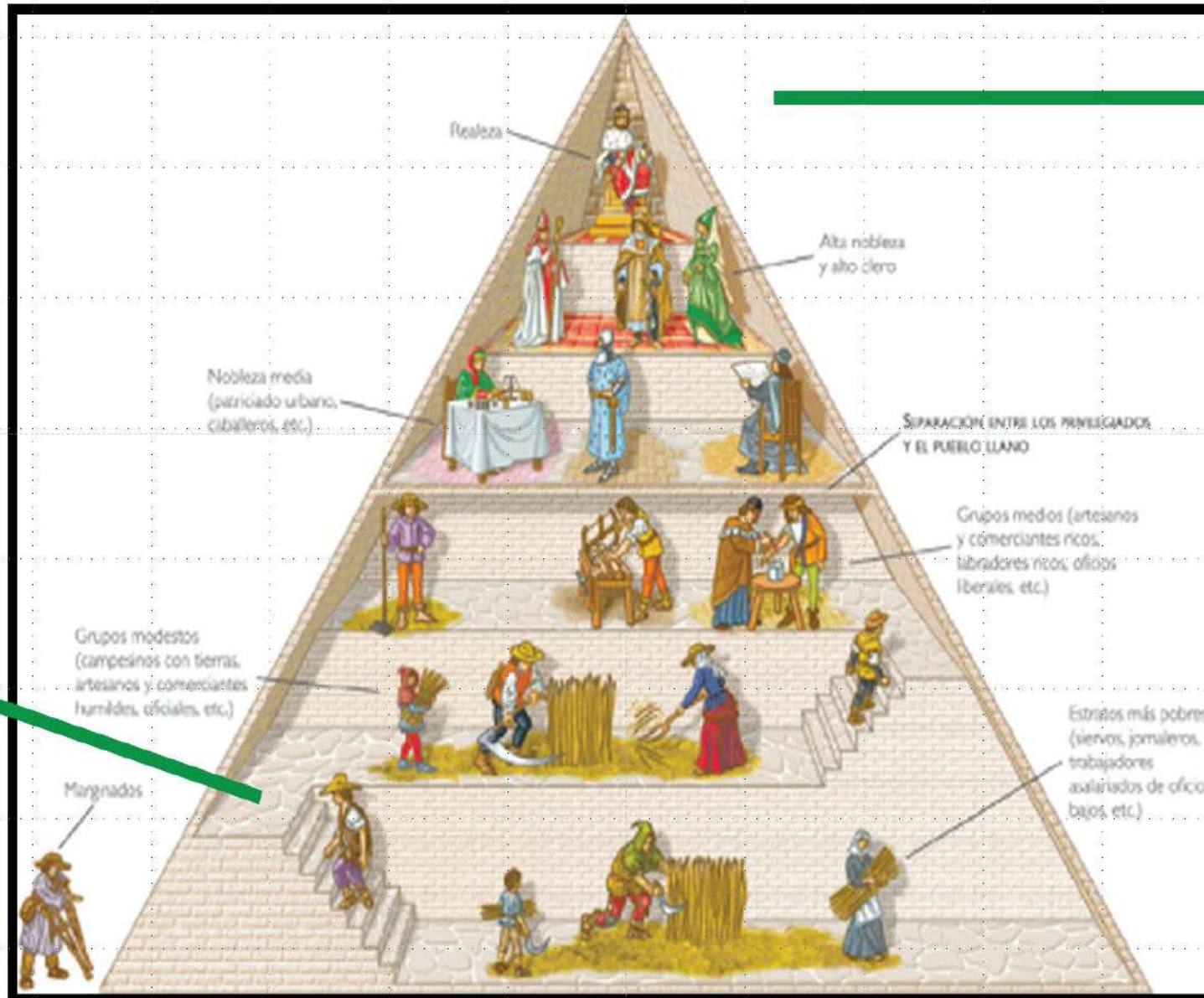






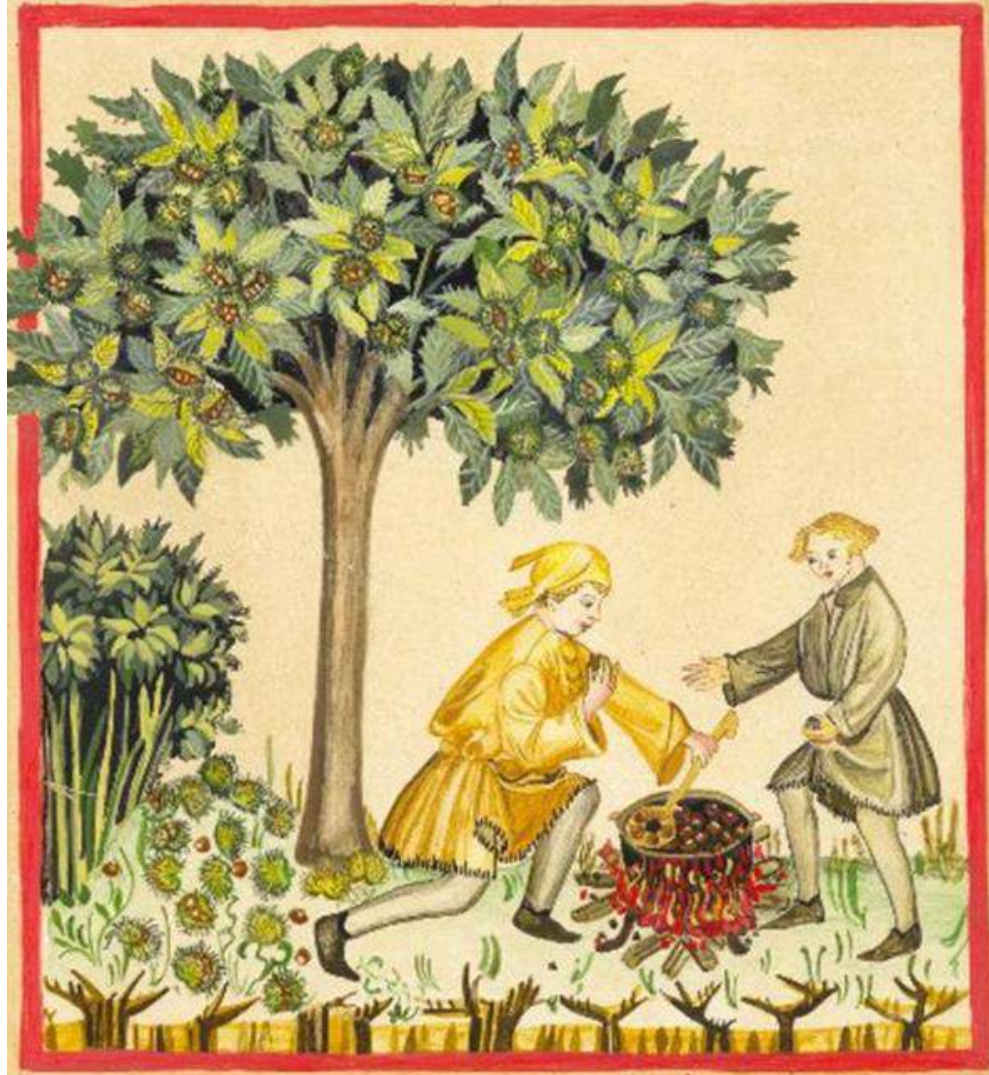
**FEUDALISMO, CLASSES E CADA
UM COME SEGUNDO SUA
POSIÇÃO SOCIAL**

Raízes, pão
integral, cereais
outros que trigo,
leguminosas,
vegetais como
repolhos e
couves, laticínios,
carne suína
salgada, coleta
(cogumelos,
castanhas), peixes
salgados, cerveja



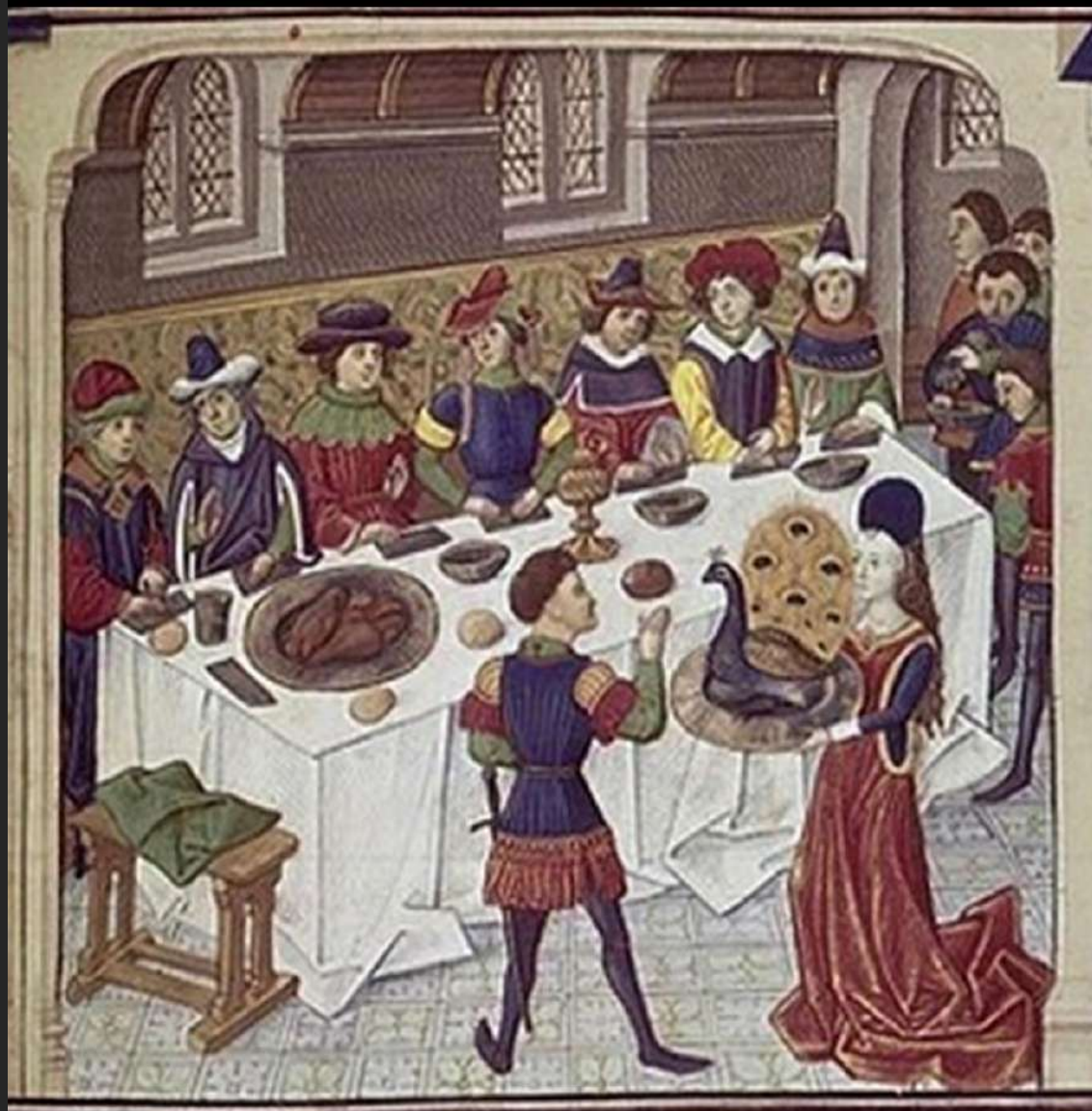
Frutas que dão
em árvores ou
no alto (maçãs,
peras, uvas),
aves, pão
branco, carne
de caça, vinho
(+ praticamente
tudo o que os
servos
consumiam
também!)

Castanee.



Wolke
Knoblauch.







la poule aux œufs d'or

**Não se mata a galinha dos
ovos de ouro.**

**Não adianta chorar sobre o
leite derramado.**



la laitière et le pot au lait

Abul 'Ala Al-Ma'arri (973–1058)



**Vegano, anti-
reprodução e anti-
religião**

*Do not unjustly eat fish the water has given up,
And do not desire as food the flesh of slaughtered animals,
Or the white milk of mothers who intended its pure draught
for their young, not noble ladies.
And do not grieve the unsuspecting birds by taking eggs;
for injustice is the worst of crimes.
And spare the honey which the bees get industriously
from the flowers of fragrant plants;
For they did not store it that it might belong to others,
Nor did they gather it for bounty and gifts.
I washed my hands of all this; and wish that I
Perceived my way before my hair went gray!^[19]*

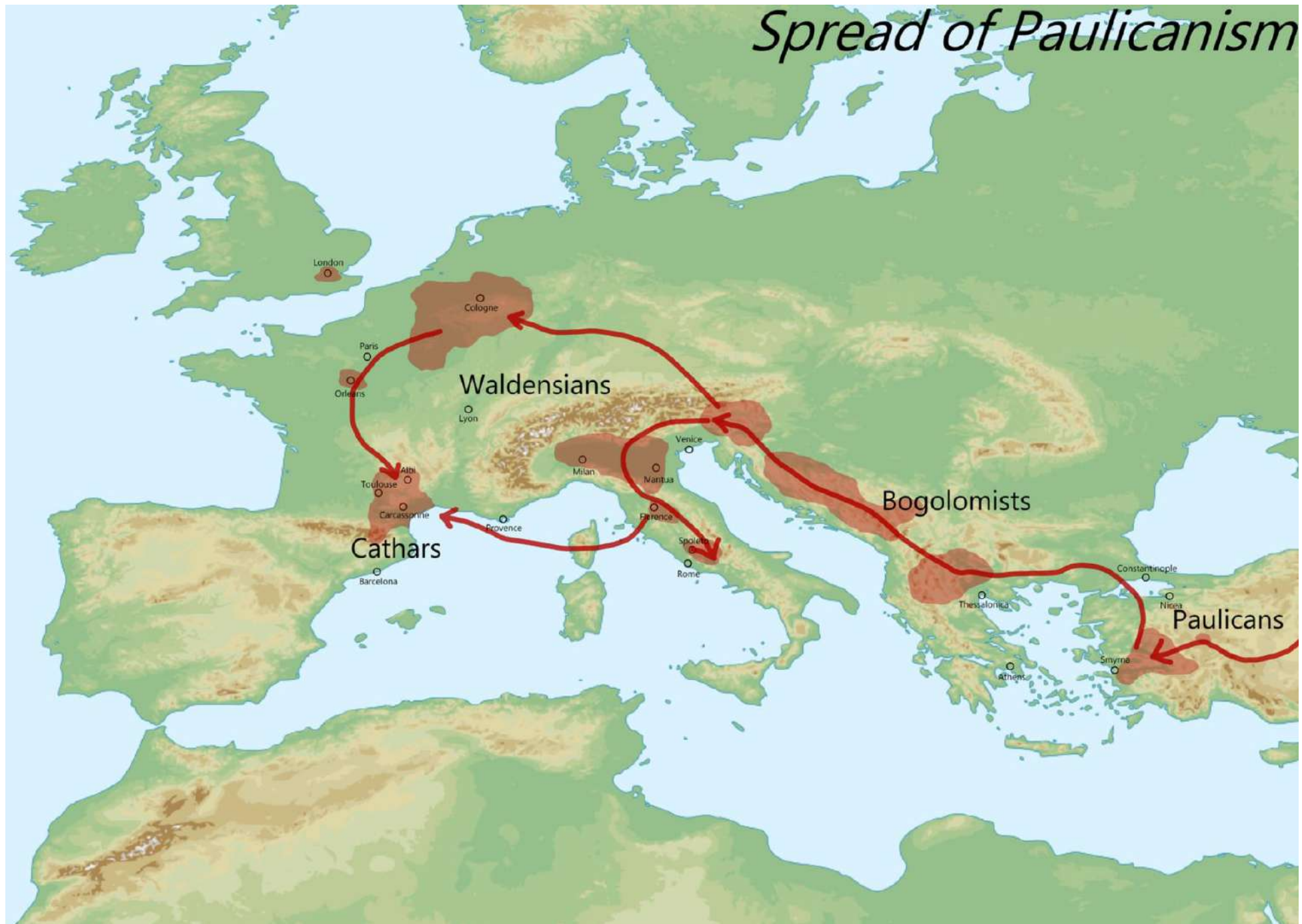


MAX GALLO
DE L'ACADÉMIE FRANÇAISE

**MOI,
CHARLEMAGNE,
EMPEREUR CHRÉTIEN**



Spread of Paulicianism



As Cruzadas



- Paulicians
- Bogomils
- Cathars
- Waldensians
- Lollards
- Hussites





Bogomils (c.1000) e Cátaros (c.1200):

- ✓ Vegetarianos;
- ✓ Anti-reprodução;
- ✓ Bens e vida em comum;
 - ✓ Anti-Sistema;
- ✓ Perigosos para a Igreja;
- ✓ Perigosos para o Reino de França

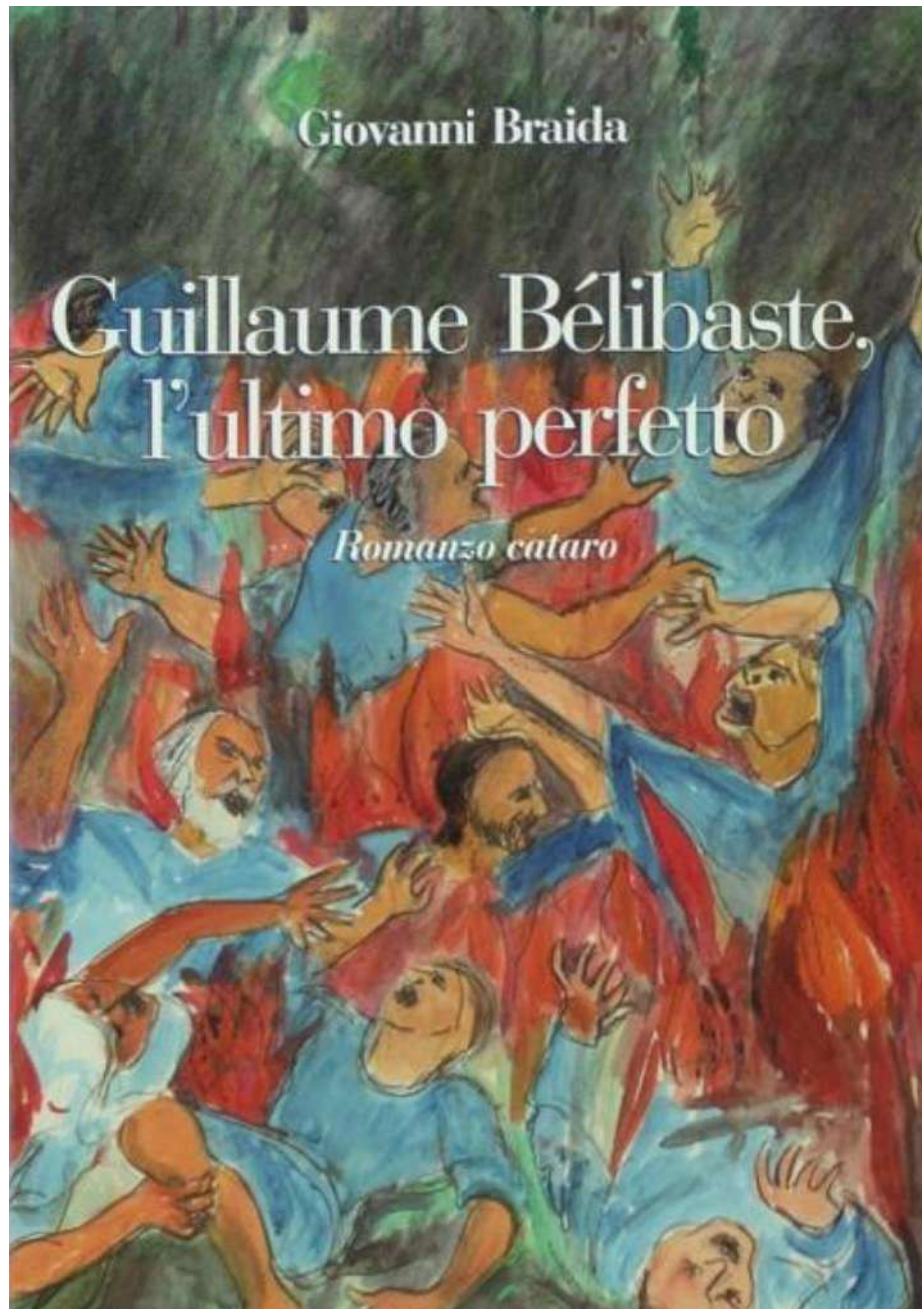




Os Cátaros (Les Chevaliers Cathares ou Bonhomes, os Homens Bons) não comiam carnes e essa foi uma das maneiras encontradas para identificar quem fazia parte da heresia cátara.











MUDANÇAS CLIMÁTICAS, EPIDEMIAS E CANIBALISMO NA CIVILIZADA EUROPA

O PAÍS DA COCAGNA



**São Cristovão e árvore
dos dons**

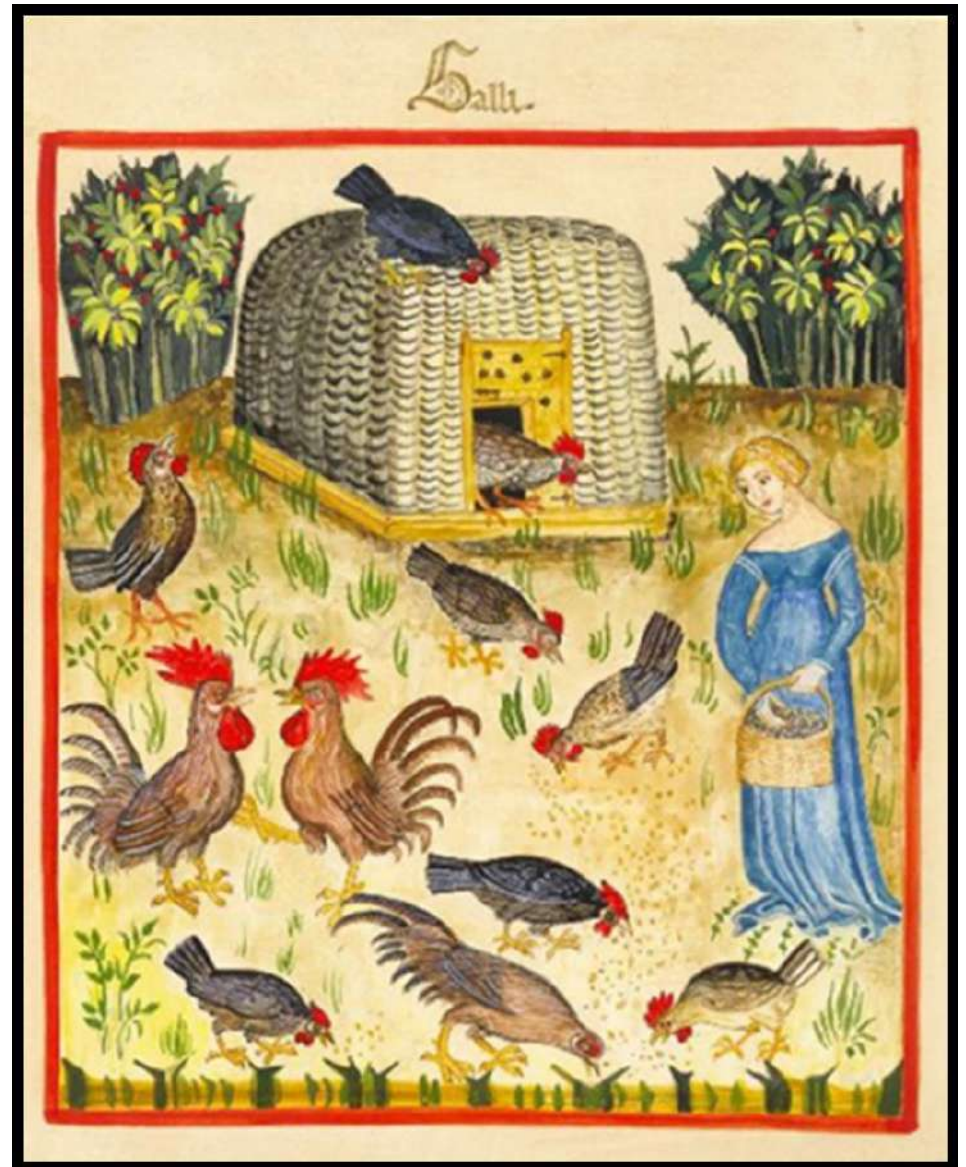




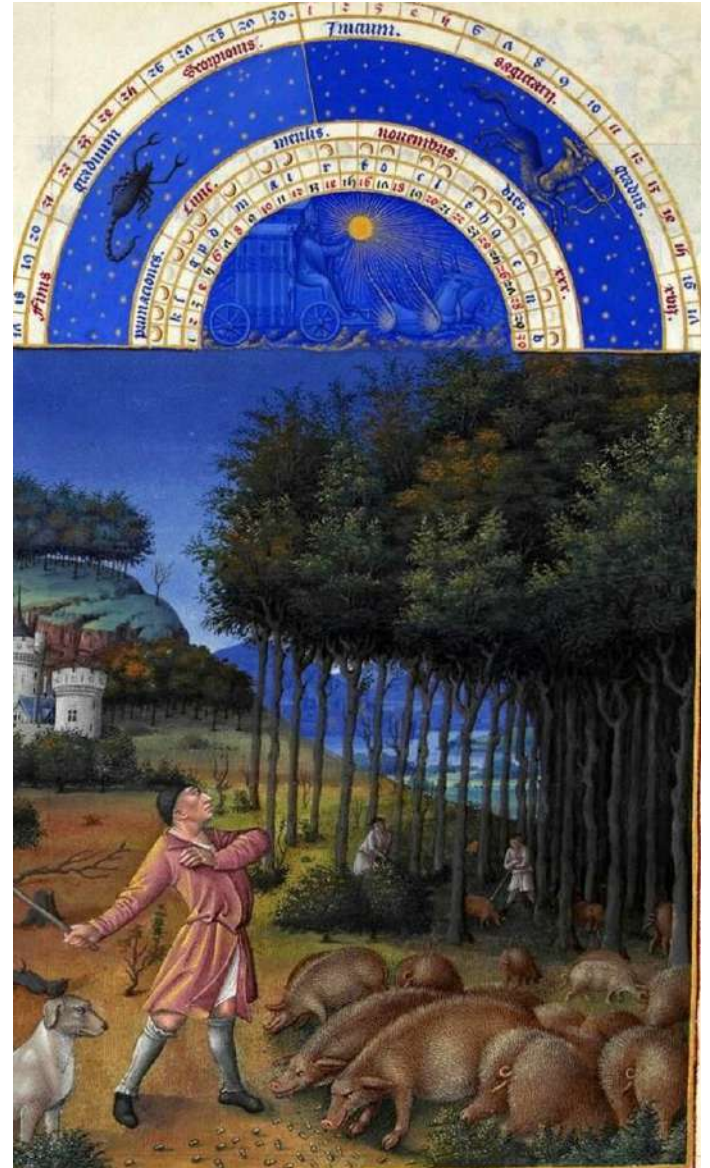




**ELIMINAMOS OS HEGERES PORQUE
SABÍAMOS QUE ERAM VEGETARIANOS.
E AGORA COM OS CONVERSOS?**





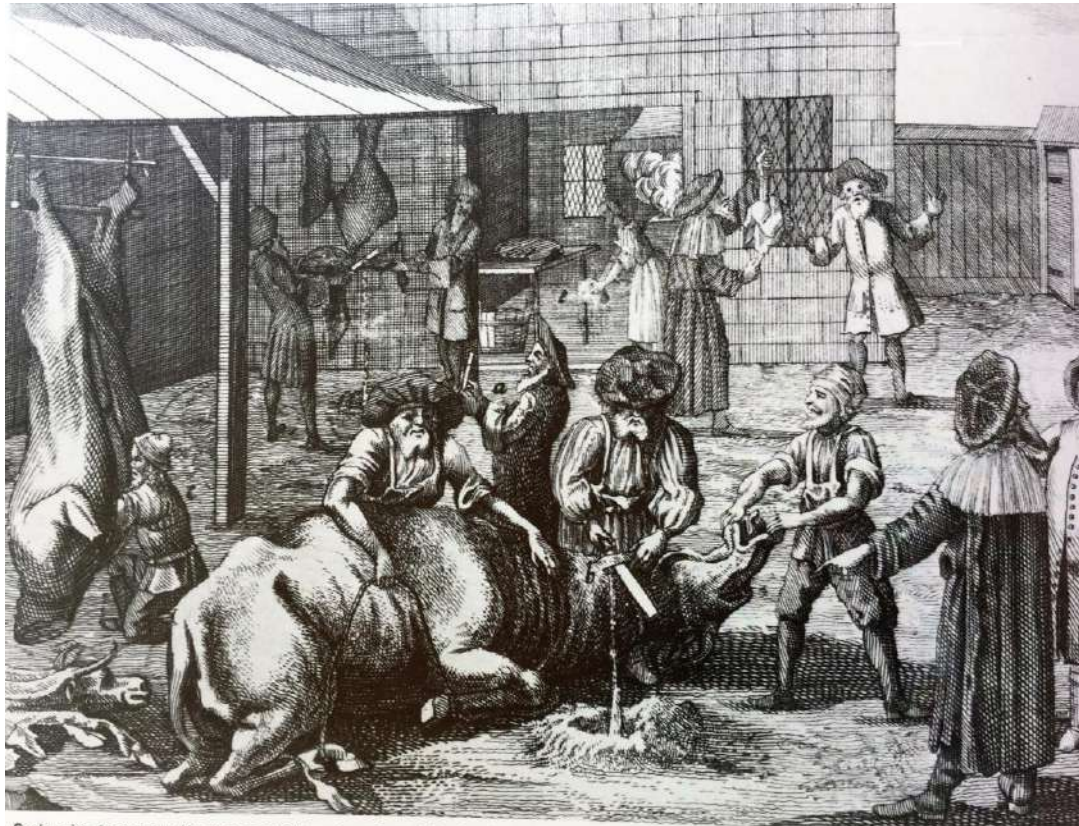


DIGA-ME COMO É O TEU AÇOUGUE E EU TE DIREI QUAL A TUA RELIGIÃO!

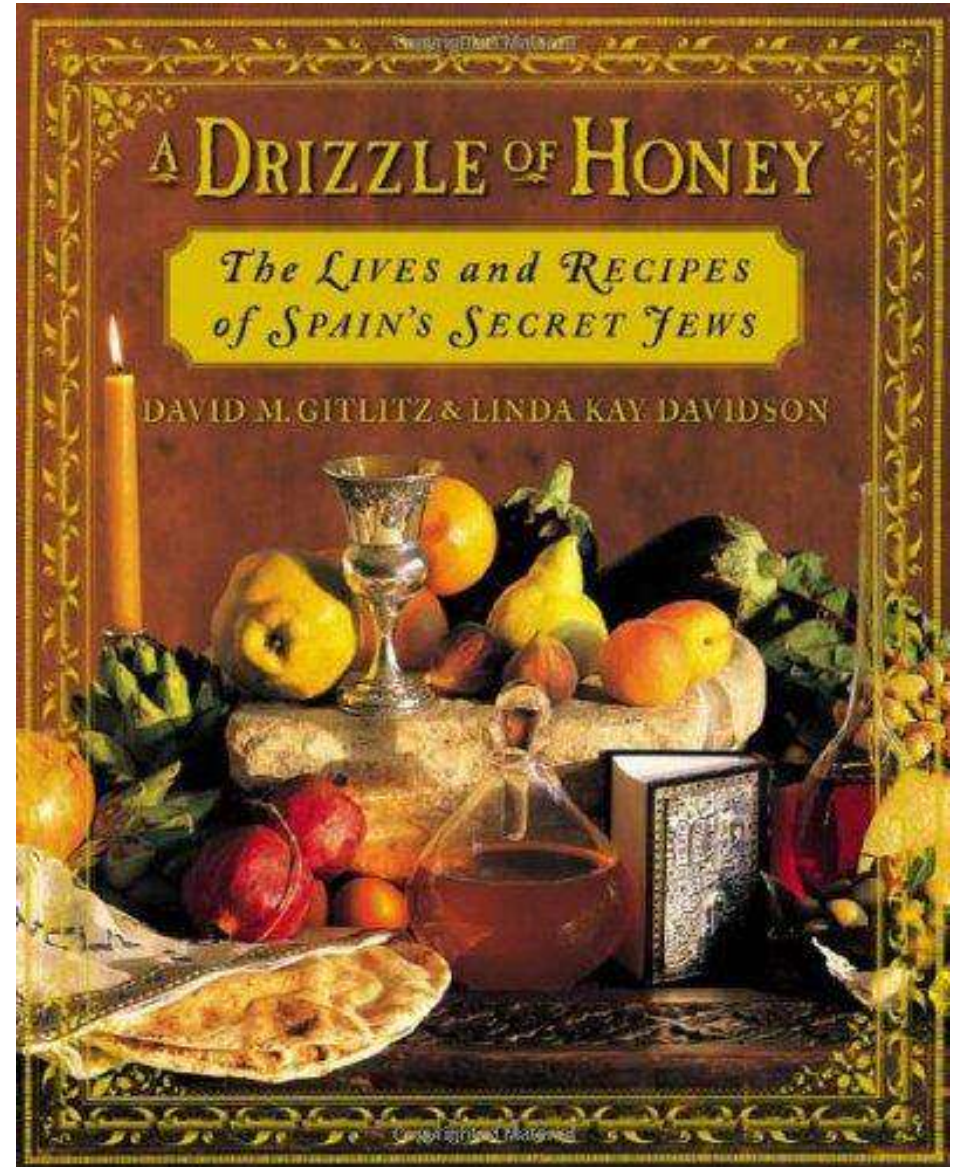




48. Vitrail en Westphalie représentant la Sainte Cène, vers 1500, au-dessus du portail nord de l'église Sainte Marie des Prés à Soest/Westphalie.



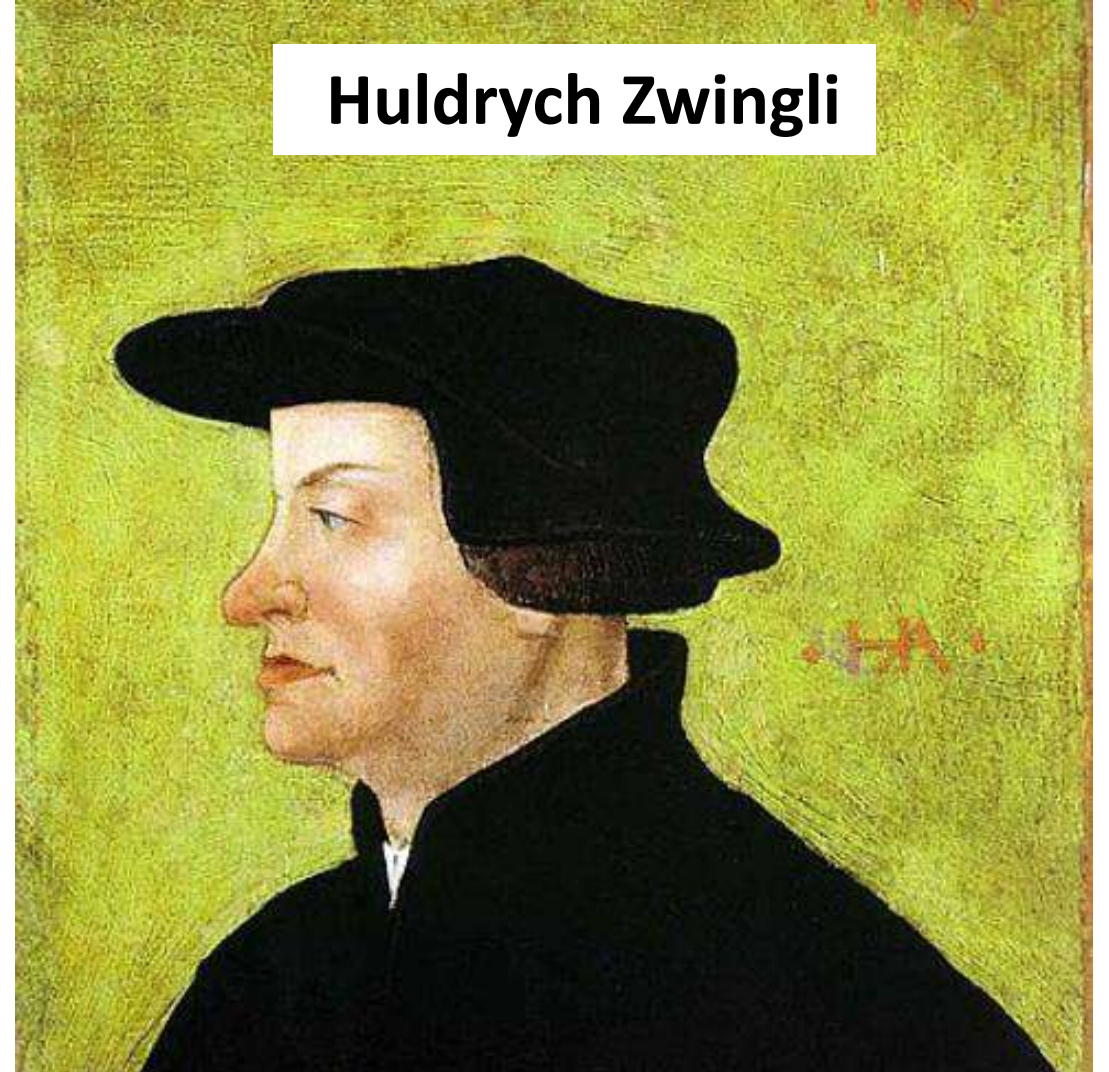
De la mise à mort au découpage et à la préparation de la viande. Scène d'abattoir juif. Gravure de Johan Georg Puschner, XVII^e siècle.







**PROTESTANTES E O FIM DA QUARESMA
E DOS JEJUNS :
“O CASO DAS LINGUIÇAS” (1522)**



Huldrych Zwingli

Von Erkiesen und Freiheit der Speisen

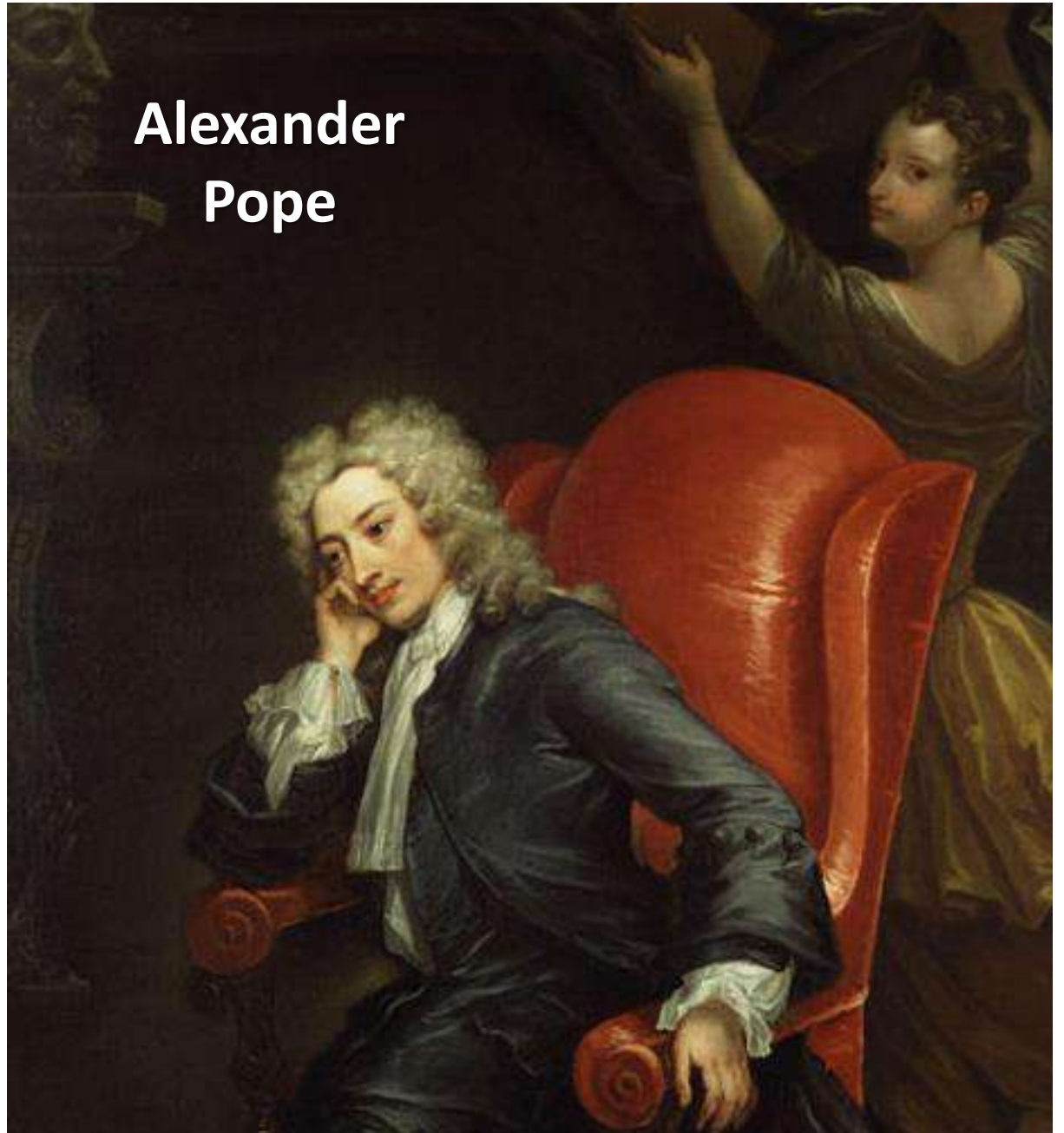


ILUMINISMO, CIÊNCIA, ROMANTICISMO E OS NOVOS VEGETARIANOS

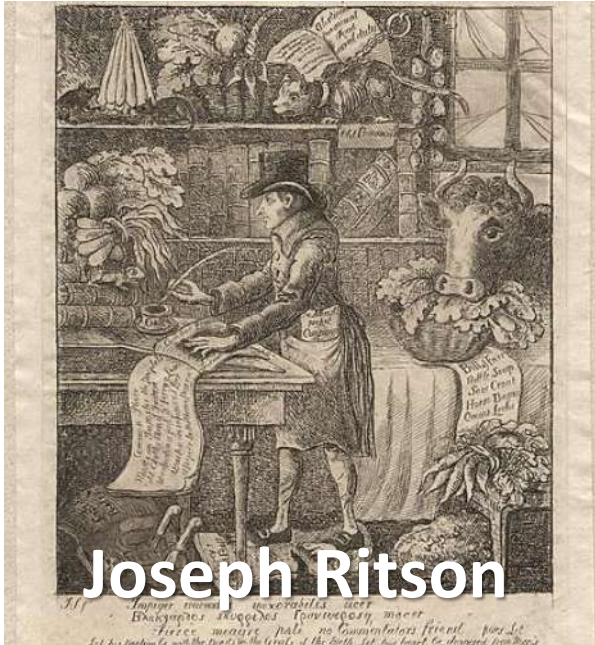
**Lord
Byron**



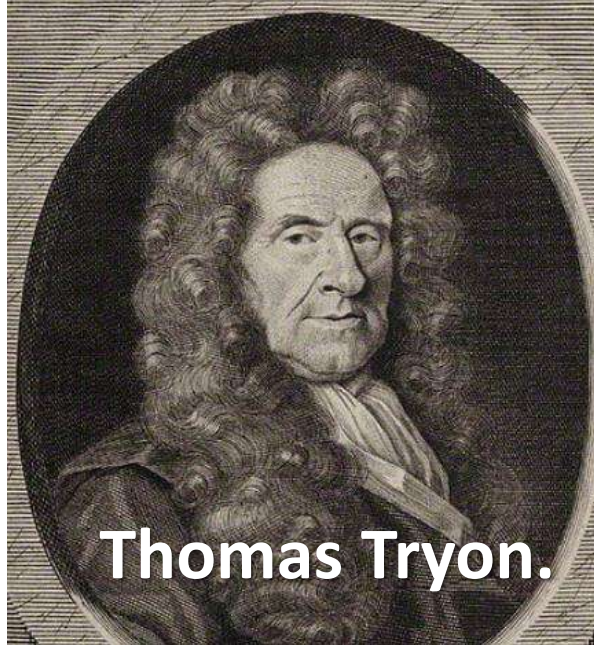
**Alexander
Pope**



Joseph Ritson

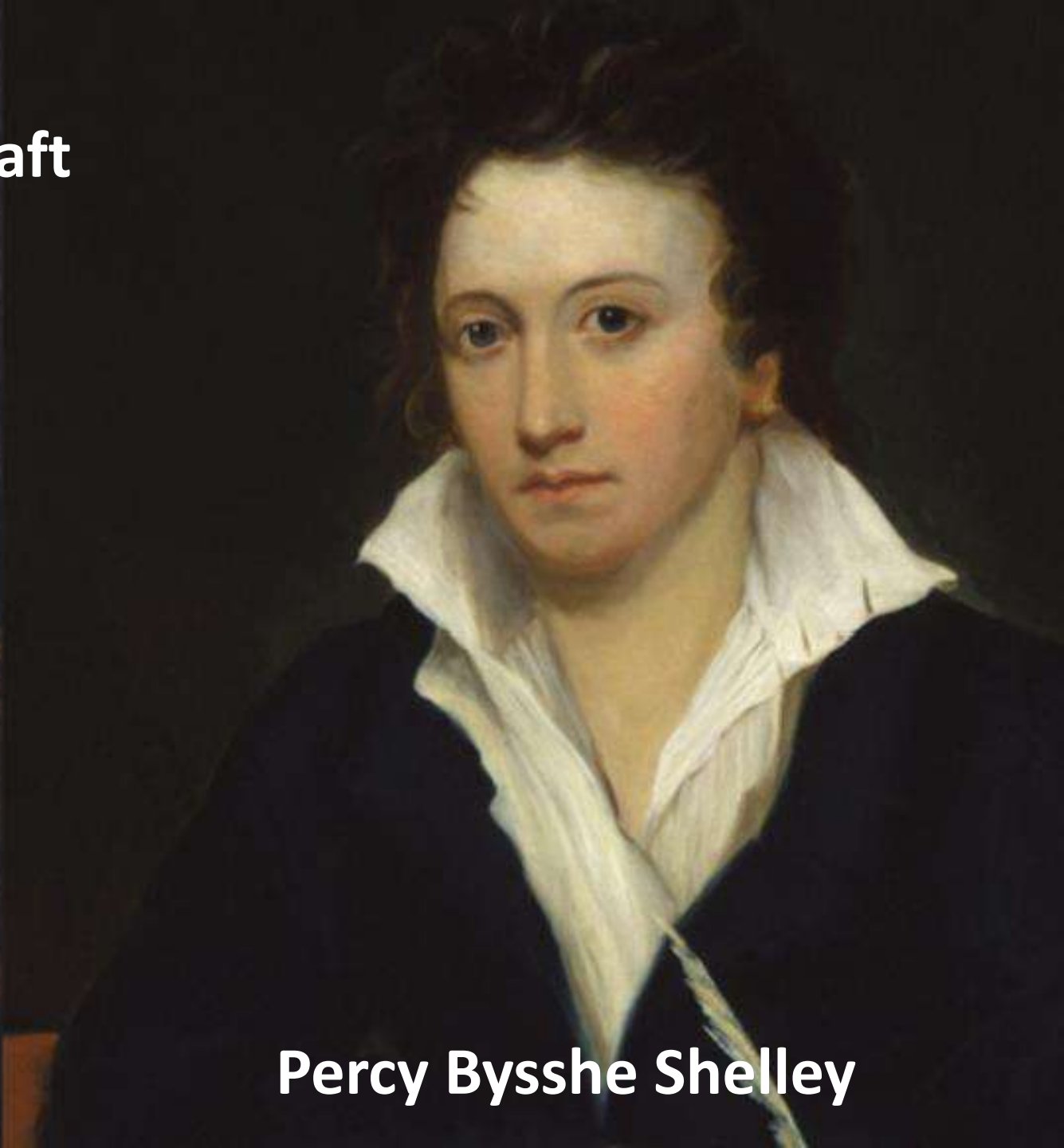


Thomas Tryon.





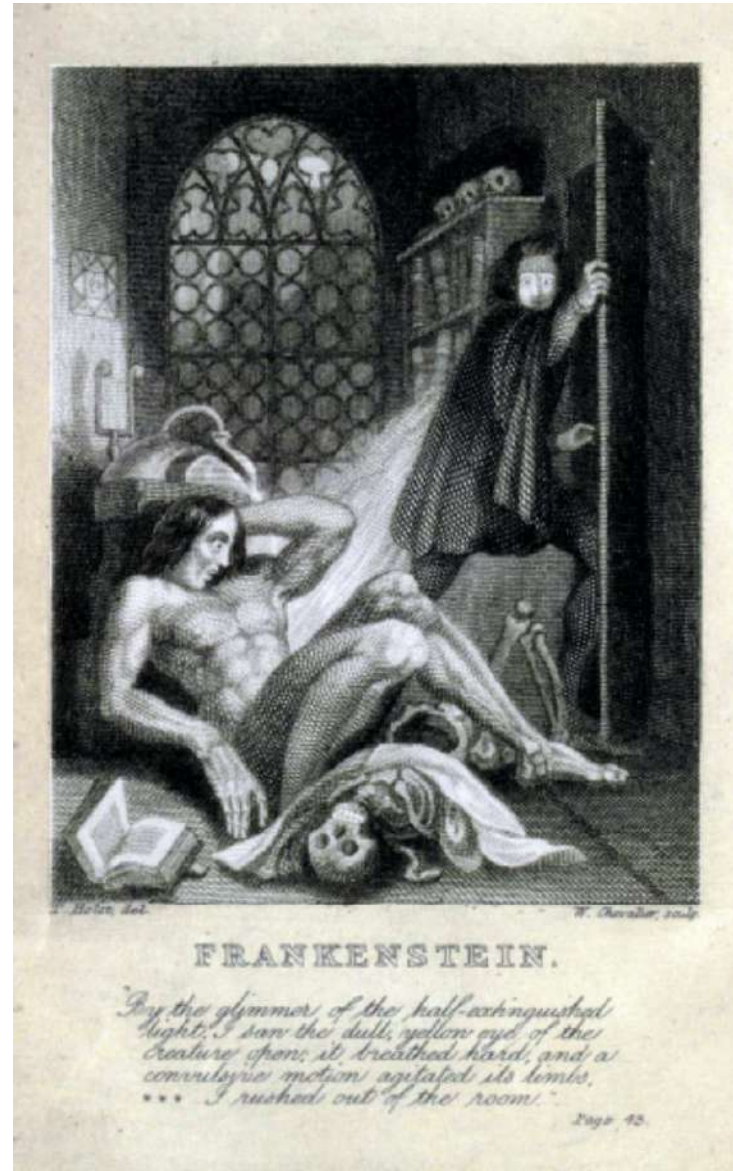
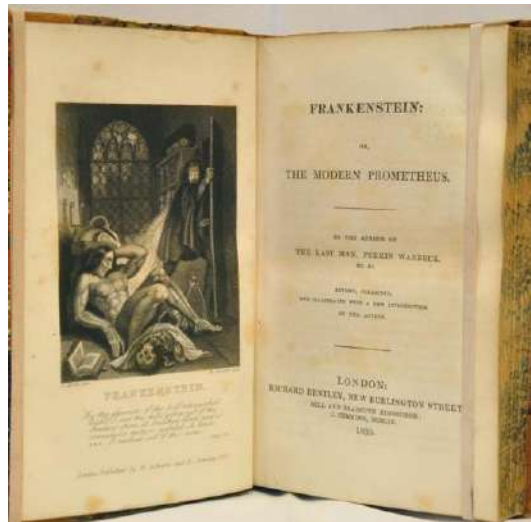
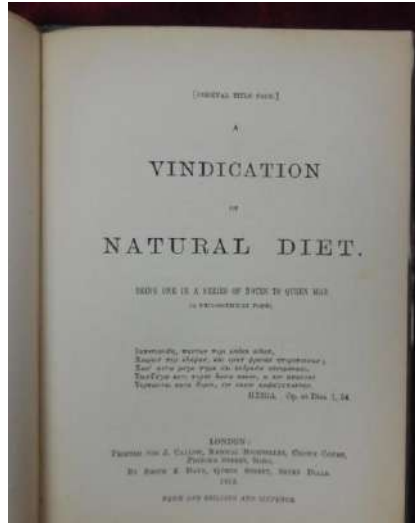
**Mary
Wollstonecraft
Godwin**



Percy Bysshe Shelley

Românticos e Vegetarianos

- ❖ Classe social e cultural mais elevada da sociedade britânica;
- ❖ Visão política progressista (*'gauche'*);
- ❖ Moralidade menos rígida que o restante da sociedade;
- ❖ Independência religiosa;
- ❖ Os seus pares eram consumidores de imensas quantidades de carnes enquanto a população em geral tinha uma alimentação bastante deficiente;
- ❖ O vegetarianismo era uma forma de demarcação social que ia muito além da questão da ética animal.





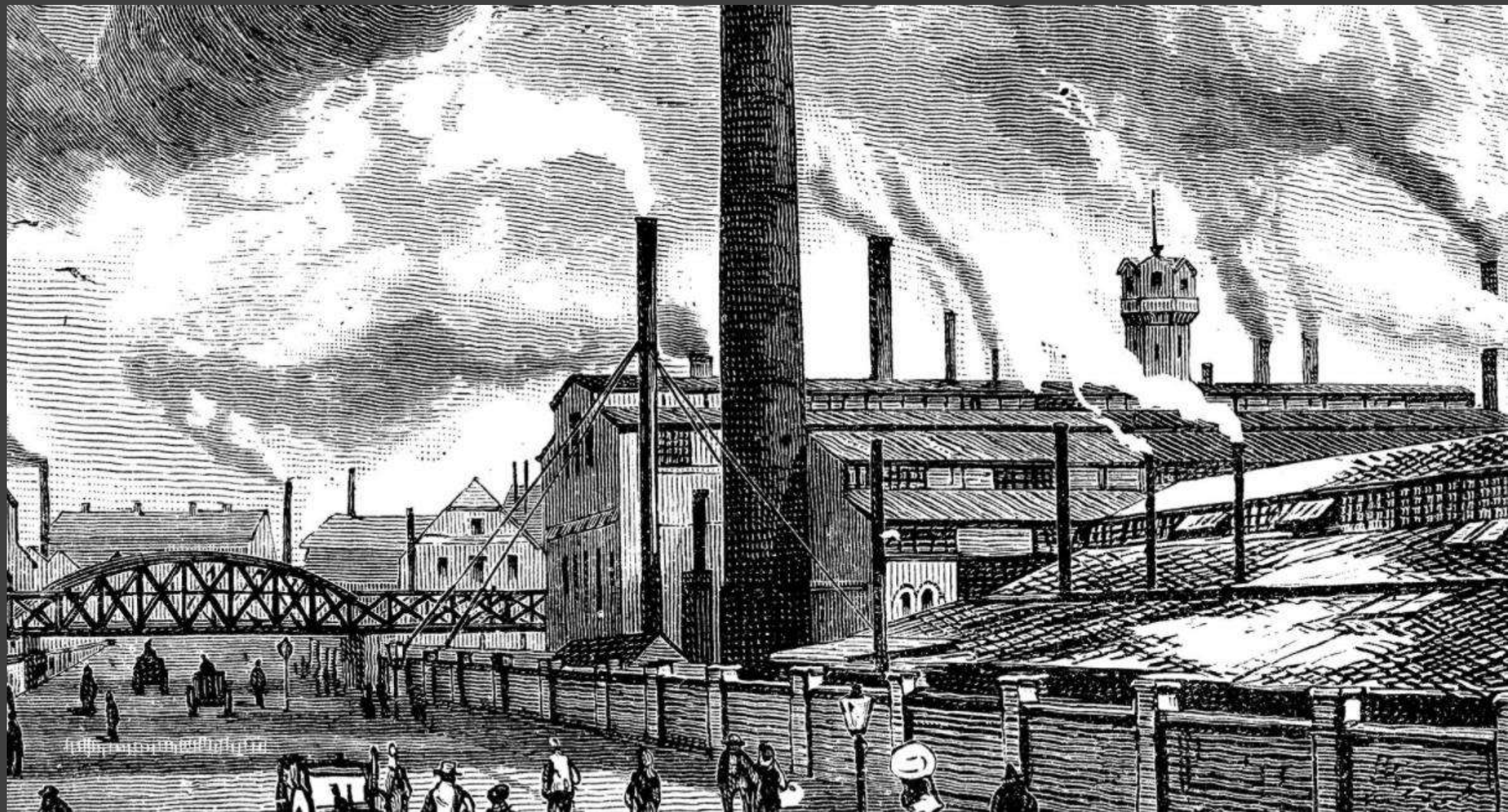
The vegetarian Creature

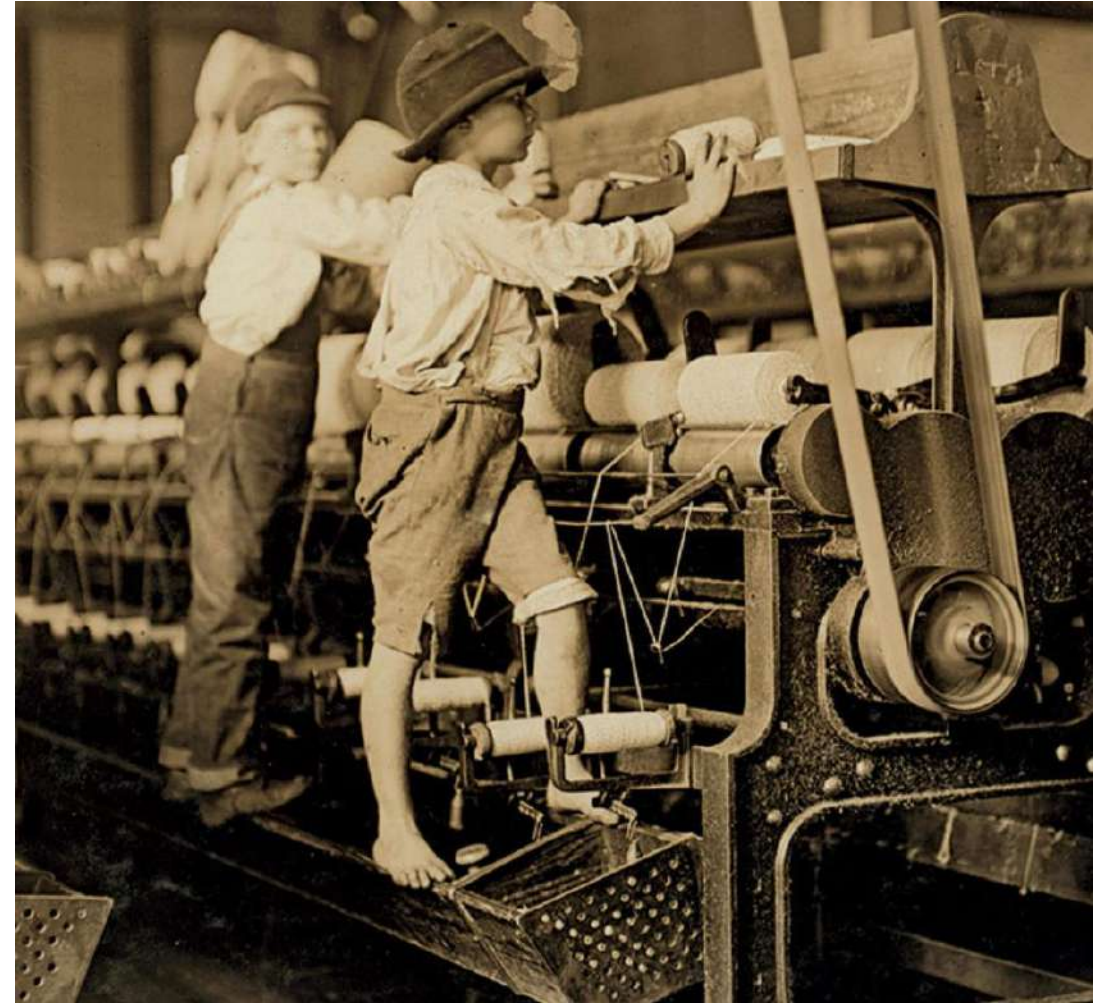
Doctor
Frankenstein

"... After Frankenstein vows to hunt down his 'progeny', the Creature nurtures Frankenstein to keep him alive, feeding him for example with a dead hare; only when killing for Frankenstein does the vegetarian Creature kill for food."



SÉCULO 19 PRINCÍPIOS DO SÉCULO 20
REVOLUÇÃO INDUSTRIAL
E AS REFORMAS RELIGIOSAS DE SAÚDE:
VEGETARIANISMO E MORALISMO







THURSDAY, 6TH JULY. 1893.

POTAGES.

Bernoise à l'Imperatrice.
Crème de Riz à la Polonoise.

ENTRÉES (CHAUDES).

Côtelettes d'Agneau à l'Italienne.
Aiguillettes de Canetons aux Pois.

RELEVÉS.

Filets de Bœuf à la Napolitaine. Poulets gras au Cresson.

ENTRÉES (FROIDES).

Mayonnaises de Volaille. Salades d'Homard.

Jambons decoupés à l'Aspic.

Langues decoupées à l'Aspic.

Roulardes de Veau.

Pains de Foies à la Gelée.

Haricots Verts. Les Epinards.

Gelées et Crèmes.

Pâtisserie assortie.

Cold Roast Fowls.



WINDSOR.

HER MAJESTY'S DINNER,

Thursday, 23rd June, 1887.

Potages.

A la Chiffonade. Au Lièvre à l'Anglaise.

Poissons.

Les Truites bouillies. Les Filets de Merlans frits.

Entrées.

Les Croquettes à la Milanaise.
Les Côtelettes d'Agneau aux Concombres.
Les Pigeons braisés aux Pois.

Relèves.

Les Dindonneaux à la Périgieuse. Roast Beef.
Les Longes de Veau piqués à la Crème.

Rois.

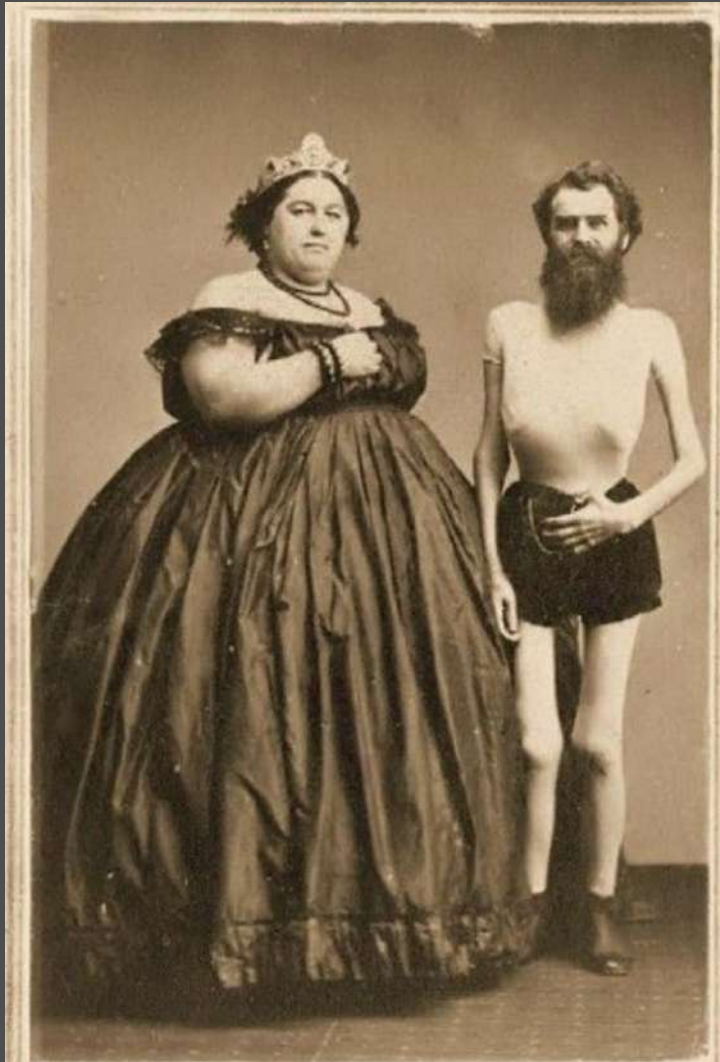
Les Cailles bardées. Les Poulets.

Entremets.

Les Haricots verts à la Poulette. Les Mayonnaises de Poulets
Les Gâteaux de Riz à l'Ananas.
Les Biscottes à la Chantilly. Les Crèmes à la d'Orleans.

Side Table.

Cold Fowl. Cold Beef. Tongue.



MR. & MRS. BATTERSBY.

Weight, 69 & 700 lbs.





HORSE EXERCISE AT HOME.



Vigor's
Horse-Action
Saddle

PERSONALLY ORDERED BY
H.R.H. THE PRINCESS OF WALES.

Her Excellency the Countess of Aberdeen
writes: "That the Saddle has given her complete
satisfaction."



The *ADVANTAGES* of this *UNIQUE*
SUBSTITUTE for Horse-Riding are:

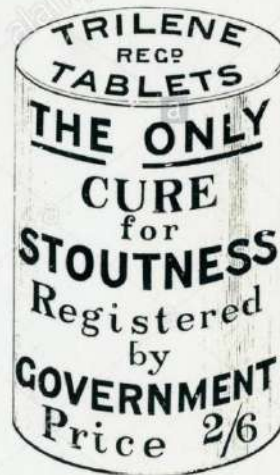
- It promotes health in the same degree that Horse-Riding does.
- It invigorates the system by bringing all the **VITAL ORGANS** into **INSPIRING ACTION**.
- It acts directly upon the **CIRCULATION**, and prevents **STAGNATION OF THE LIVER**.
- It is a complete cure for **OBESITY, HYSTERIA, and GOUT**.

ALL FAT PEOPLE

Can be CURED by taking

Trilene Tablets

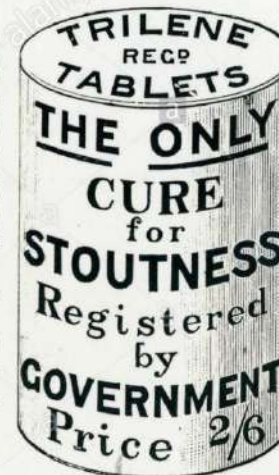
(Regd.)



for a few weeks. They will safely **REDUCE WEIGHT** and **CURE CORPULENCY PERMANENTLY**, whether Abdominal or General. They are small, agreeable, harmless, sent privately, and never fail to improve both Health and Figure without change of Diet.

AN ENGLISH COUNTESS writes:
"Your Trilene Tablets act admirably."

Send 2s. 6d. to Mr. O. Wells, The
Trilene Company, 60, Finsbury
Parade, London.



EAT! EAT! EAT!
 & ALWAYS STAY THIN!

NO DIET - NO BATHS
 NO EXERCISE!

FAT
 the ENEMY that is shortening Your Life
BANISHED!

HOW?
 with
SANITIZED
TAPE
WORMS
 Jar Packed

"FRIENDS FOR A
 FAIR FORM"

Easy To
 Swallow!

Prepared By
 W. T.
 BRIDGE, Chemist
 New York

SEND NO
 MONEY
 PARTICULARS
 MAILED
FREE

No Ill
 Effects!

BAYER
 PHARMACEUTICAL PRODUCTS.

We are now sending to Physicians throughout the United States literature and samples of

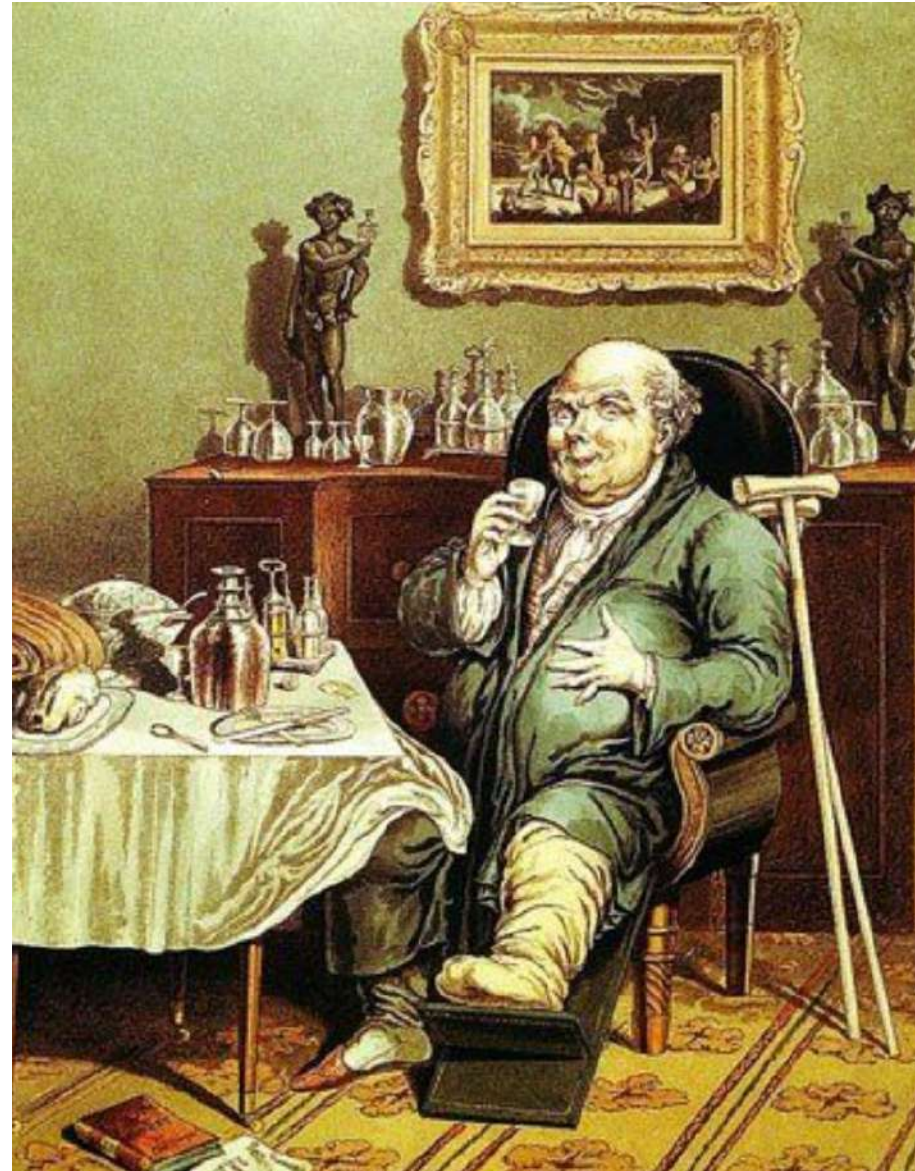
ASPIRIN

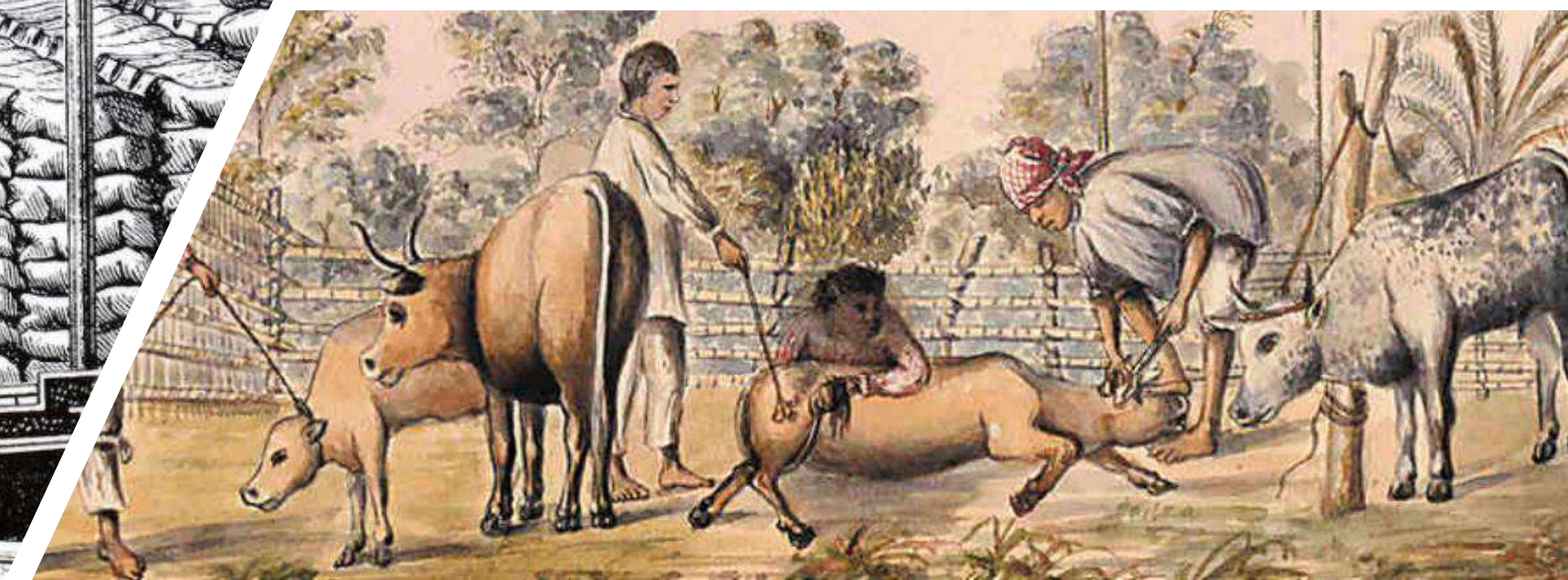
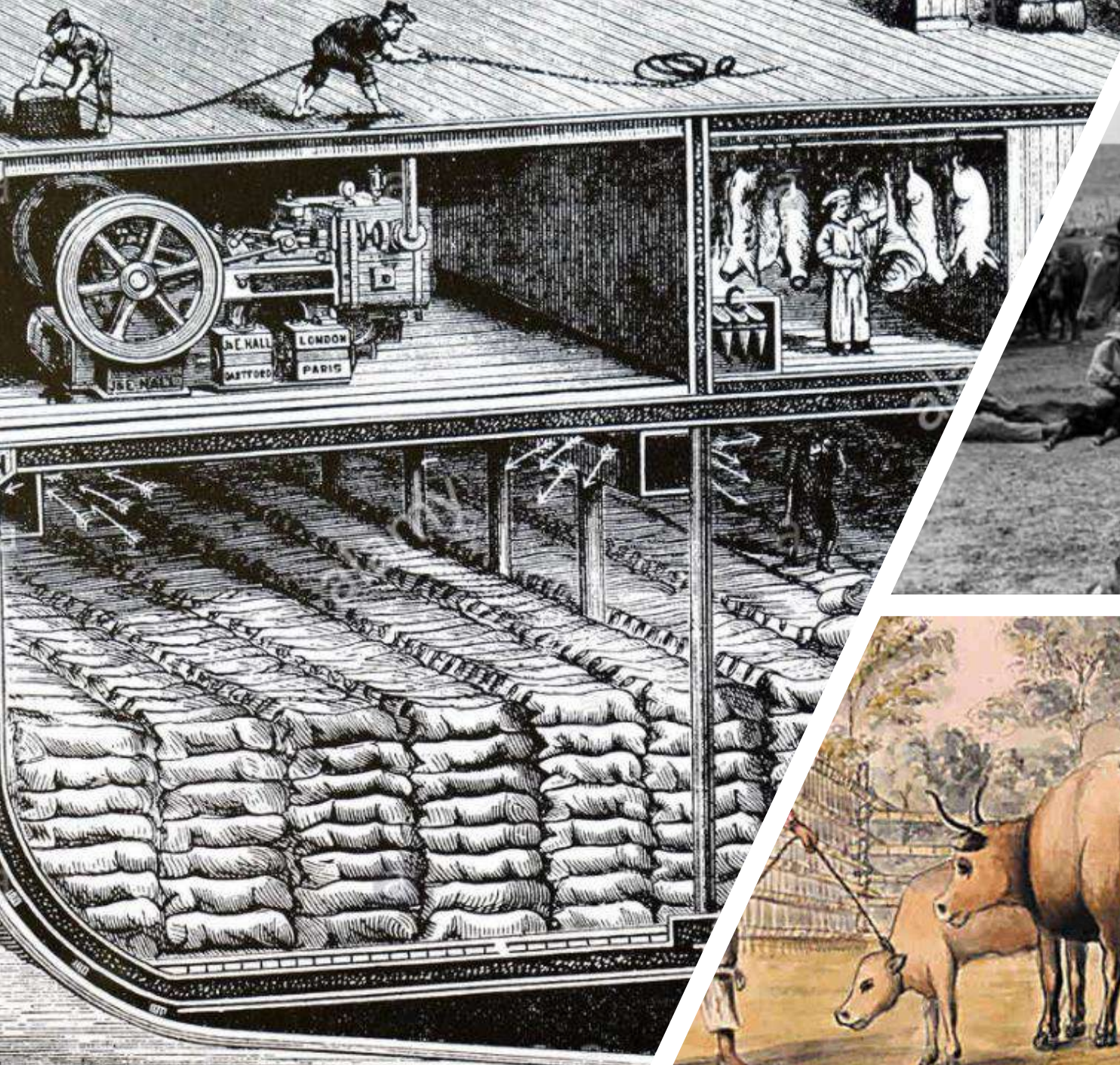
The substitute for the Salicylates, agreeable of taste, free from unpleasant after-effects.

HEROIN

The Sedative for Coughs,
HEROIN HYDROCHLORIDE
 Its water-soluble salt.
 You will have call for them. Order a supply from your jobber.

Write for literature to
FARBENFABRIKEN OF ELBERFELD CO.
 40 Stone Street, New York,
 SELLING AGENTS





O advento do “*ranch*” e da produção extensiva (e hoje intensiva) de animais para corte aconteceu nas Américas. Antes os animais valiam mais vivos do que mortos. Após a criação extensiva de gado – principalmente bovinos nas Américas e ovinos na Austrália e Nova Zelândia – os animais pela primeira vez na história da humanidade a carne passa a valer mais que os subprodutos: tração, lã, leite, adubo, etc.

Esse foi um momento crucial na história da alimentação e que ainda não é completamente compreendido pelas ciências humanas.

O grande especialista das relações homem-animal, prof. Doutor Richard W. Bulliet, tem uma teoria bastante interessante sobre essa mudança extrema. Vide *Hunters, Herders and Hamburgers*.



**"VOTE WET
FOR MY
SAKE!"**

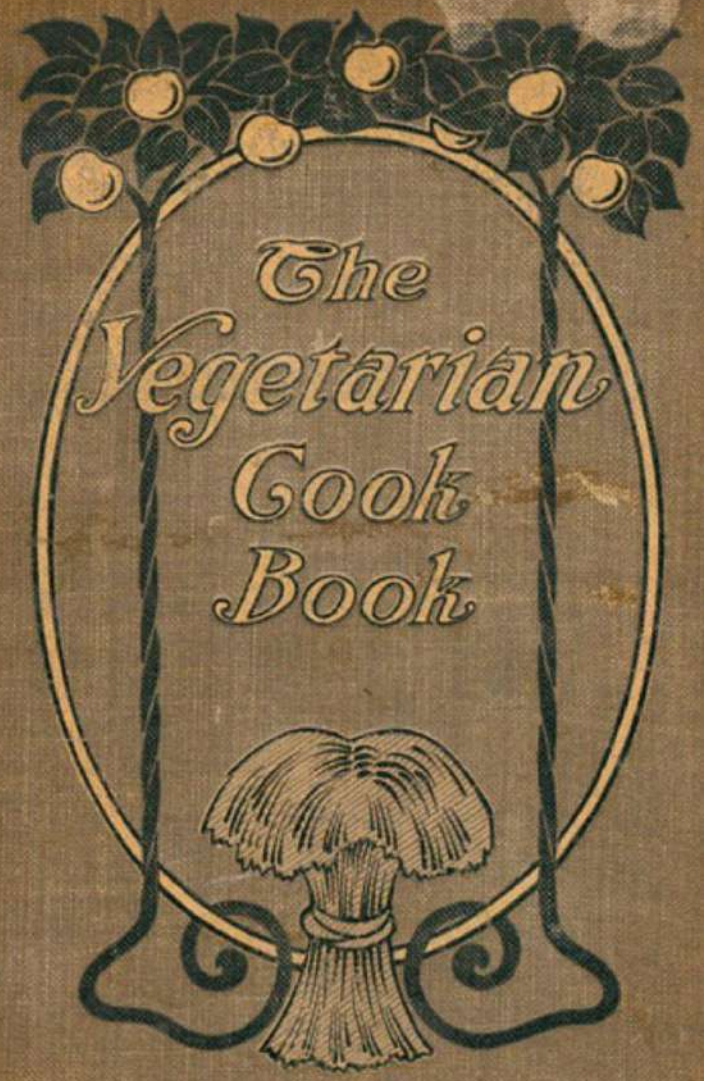
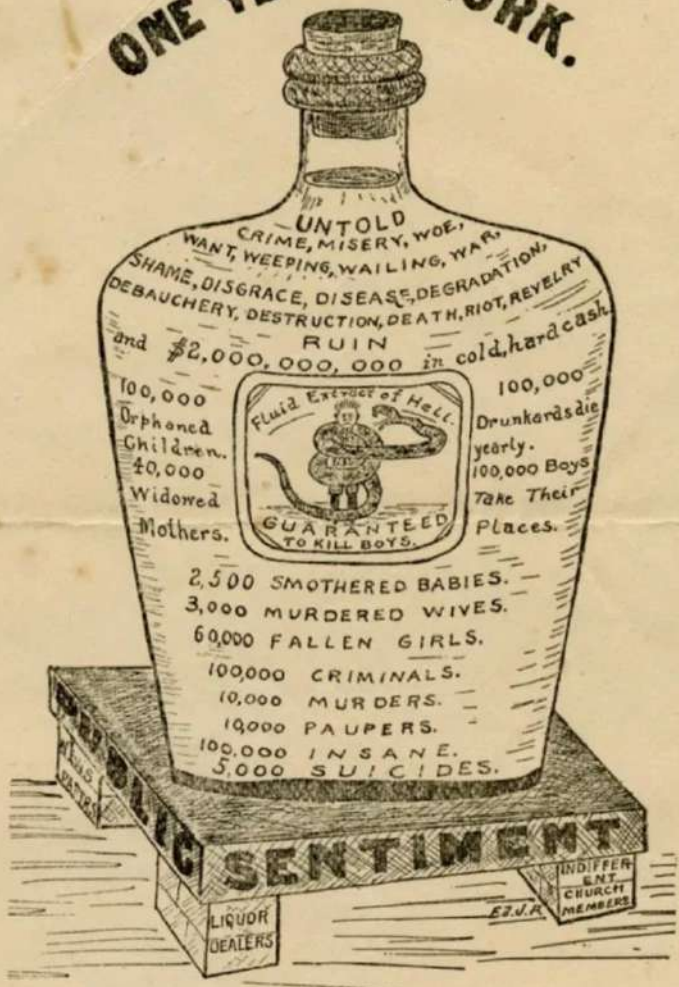


**"VOTE DRY
FOR
MINE!"**



What the Bottle Does.

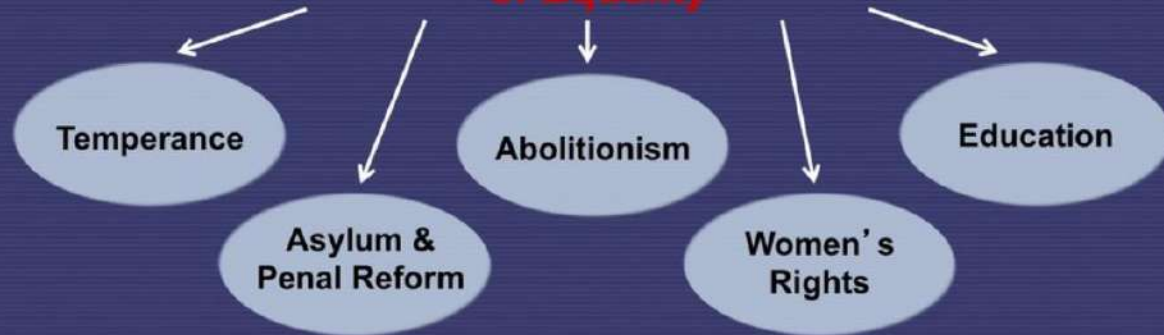
ONE YEAR'S WORK.



The Second Great Awakening

↓
"Spiritual Reform From Within"
[Religious Revivalism]

↓
Social Reforms & Redefining the Ideal
of Equality

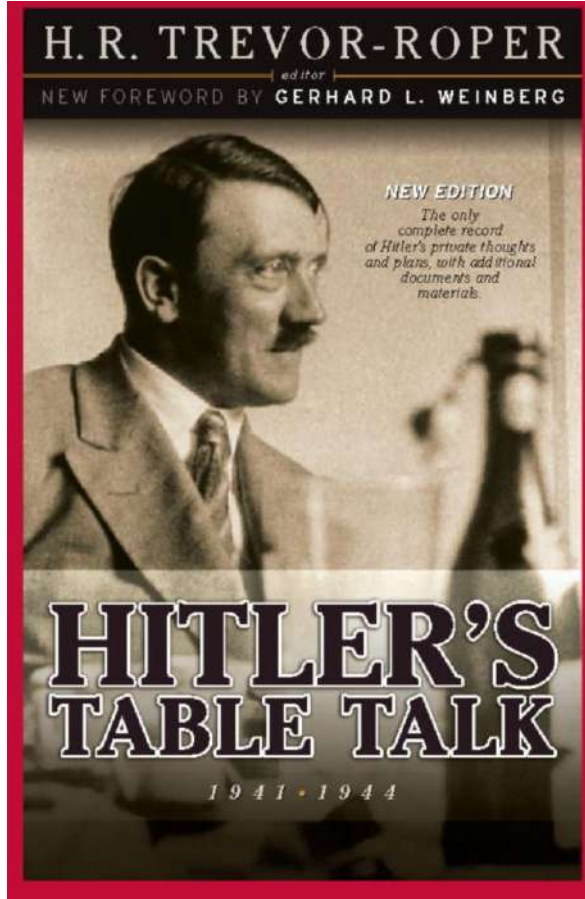


Reformas da Saúde e Religião

- ❑ Dieta vegetariana ou ovolactovegetaria;
- ❑ PROIBIÇÃO DE BEBIDAS ALCÓOLICA;
- ❑ Interdição de tudo o que poderia ser EXCITANTE na comida: especiarias e sobretudo pimenta eram sumamente condenados;
- ❑ **EXTREMAMENTE ETNOCÊNTRICA**: VISÃO PURITANA E MORALISTA DE UNS POUCOS BRANCOS DE CLASSE MÉDIA DE ORIGEM ANGLO-SAXÔNICA.



SÉCULO 20, GUERRAS, NACIONALISMO:
VEGETARIANISMO COMO INDICADOR
DE SUPREMACIA RACIAL



I am thoroughly European — but a European of ancient Europe, exiled in our times; an Aryan, impermeable to those Christian values that have nearly killed the soul of this continent, and therefore as foreign to most of our contemporaries as would be a resurrected daughter of the Pagan North or of Pagan Greece.

~ Savitri Devi





**PÓS GUERRA, AMERICANIZAÇÃO E
CONTRACULTURA:
VEGETARIANISMO COMO EXPRESSÃO POLÍTICA E
ANTI SISTEMA**

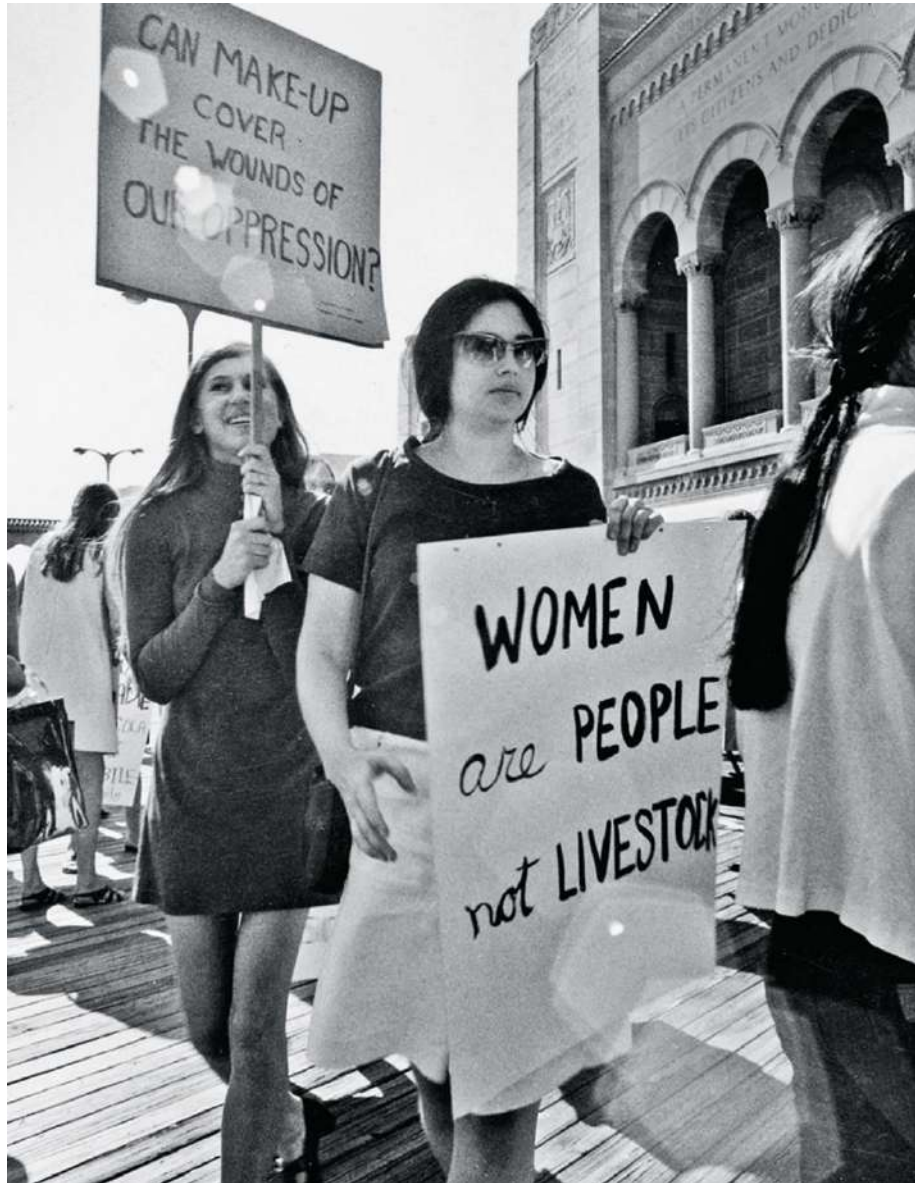


HIPPIE FOOD

HOW BACK-TO-THE-LANDERS,
LONGHAIRS, and REVOLUTIONARIES
CHANGED the WAY WE EAT

**JONATHAN
KAUFFMAN**





Second Wave Feminism

⇒ **vegetarianismo**











**CARNE: MUITO MAIS QUE UM
ALIMENTO, UM SÍMBOLO NATURAL**
OS SIMBOLISMOS DAS CARNES

A HIERARQUIA DAS CARNES

Bovinos

-  **LEITE** ⇒ **QUEIJOS** ⇒ até o fim da Idade Média era comida de camponeses; a partir do Renascimento passa a ser mais consumido pelas classes altas ⇒ *Al contadino non fà sapere...*; **MANTEIGA é produto de luxo**;
-  Força ⇒ trabalho nos campos, transporte; esterco;
-  Consumida pelos pobres só quando os animais não tinham mais serventia como força de trabalho ⇒ pouco apreciada;
-  Não se presta bem às conservas (salga, embutidos, etc);
-  Animais jovens consumidos pelas classes altas ⇒ símbolo de algo especial ⇒ **COMER CARNE BOVINA DE BOA QUALIDADE TORNOU-SE DISTINÇÃO SOCIAL**;
-  Medicina galênica ⇒ comida FORTE ⇒ formadora de sangue e esperma ⇒ abstinência ⇒ **MASCULINO**

A HIERARQUIA DAS CARNES

Aves

- 🐔 **OVOS!**
- 🐔 Não se mata a galinha dos ovos de ouro!
- 🐔 Objeto de comércio.
- 🐔 Consumida pelas classes altas ⇒ símbolo de algo especial para dias especiais (o peru do Natal e o frango assado do domingo).
- 🐔 Medicina galênica ⇒ comida especial para enfermos, não é quente como as carnes vermelhas ⇒ CALDO DE GALINHA!
- 🐔 ASSOCIAÇÃO COM O FEMININO OU NEUTRO;

RICOS





POBRES

“Pobre comendo galinha, um dos dois está doente.”

“Em tua casa não tens sardinha e na dos outros pedes galinha.”

“Galinha velha é que dá bom caldo.”

“Não se compra galinha gorda por pouco dinheiro.”

“Capão de oito meses, para a mesa de reis.”

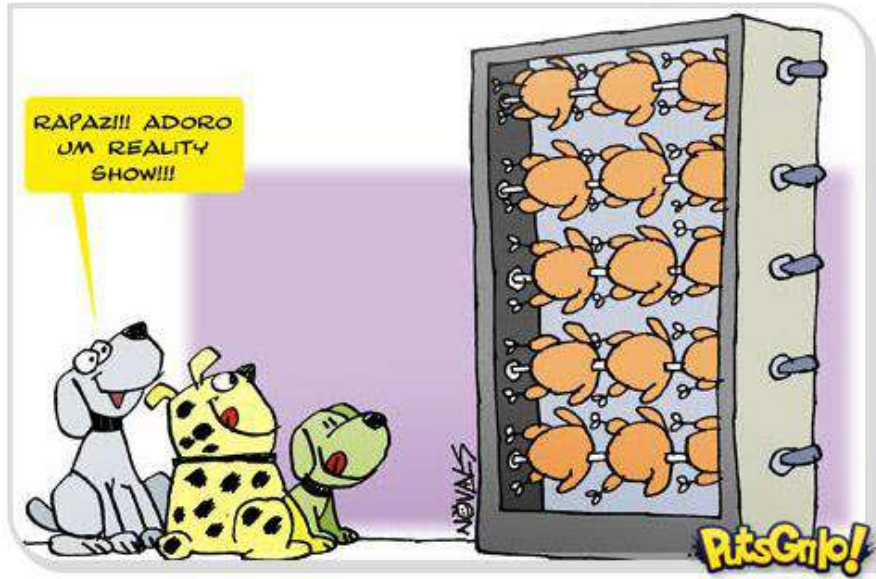
“Acabou a galinha, acabou o resguardo.”

“Caldo de galinha e água benta não fazem mal a ninguém.”

“Não mate a galinha dos ovos de ouro.”

DA MESA DO RICO À MESA DO POBRE

Aves e novas representações sociais



Quando um alimento migra de uma classe social à outra, em geral seus significados também mudam.



A HIERARQUIA DAS CARNES

Suínos

- **CONSUMIDOS POR TODOS, SOBRETUDO AS CLASSES MAIS POBRES;**
- **RESERVA E SOBREVIVÊNCIA;**
- **FÁCIL DE CRIAR** : consome sobras dos humanos nas cidades; em semi-liberdade nos campos (bolotas, etc);
- **CARNE QUE MELHOR SE ADAPTA À CONSERVAÇÃO**: salga, defumação, cura, embutidos;
- **ABSOLUTAMENTE TUDO É CONSUMIDO**: nenhum desperdício;
- Medicina galênica ⇒ comida **FORTE, QUENTE E ÚMIDA QUANDO SALGADA OU EM CONSERVA** ⇒ o equilíbrio se consegue por exemplo com o uso da **MOSTARDA**;
- **DIFERENCIADOR CULTURAL**: CATÓLICOS X JUDEUS E MUÇULMANOS – CIDADE X CAMPO
⇒ **SEMIÓTICA!**



Embutidos e Conservas

A garantia de
sobrevivência durante
a entre-safra e os
longos invernos

- “Charcuterie” ⇒ do francês *chair* (carne) + *cuite* (cozida)
- Linguiça ⇒ do latim *lucanica*, um embutido rústico da Roma Antiga, que deu origem a inúmeras linguças da região mediterrânea
- Salsicha, salame ⇒ do latim *salsus* (salgado), via *salsicia* (latim medieval), *saussiche* (francês antigo do norte), *sauce* e *sausage* (inglês antigo)

Nasce la Scuola di Alta Salumeria Italiana. A Bologna, corsi di formazione per futuri salumieri

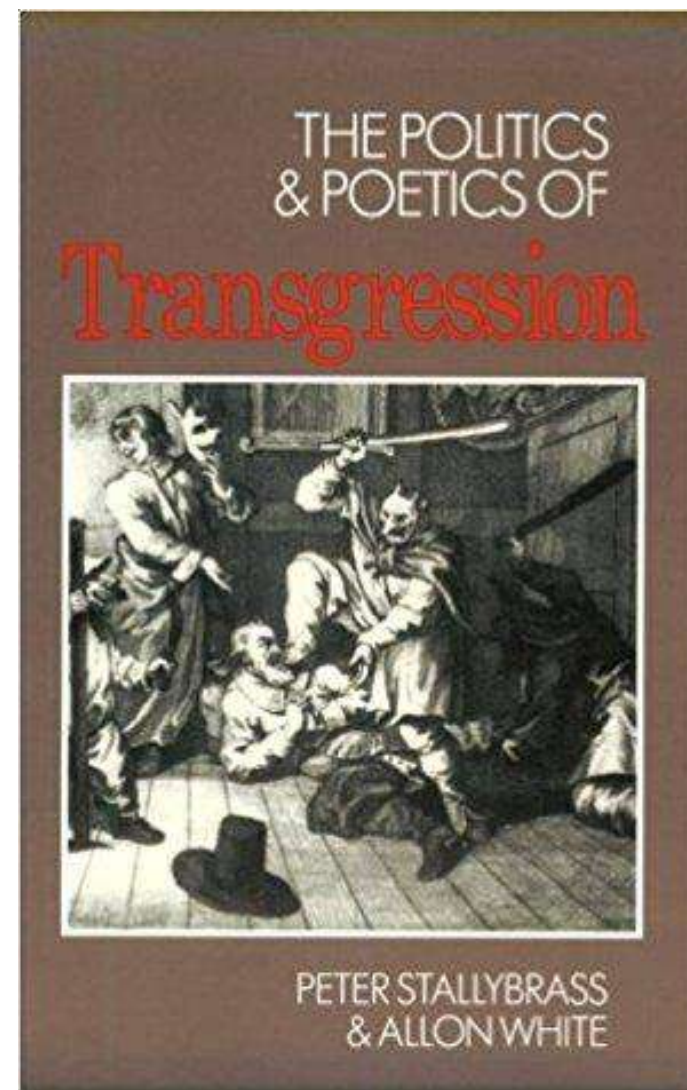
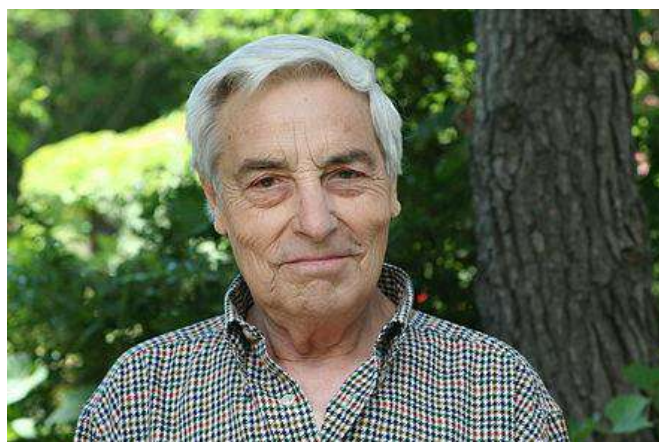
Entro il mese di ottobre 2015 iniziano i corsi della prima Scuola di Alta Salumeria Italiana. L'istituto si impegna a formare operatori del settore dediti a valorizzare la produzione di salumi, formaggi e condimenti alimentari italiani.

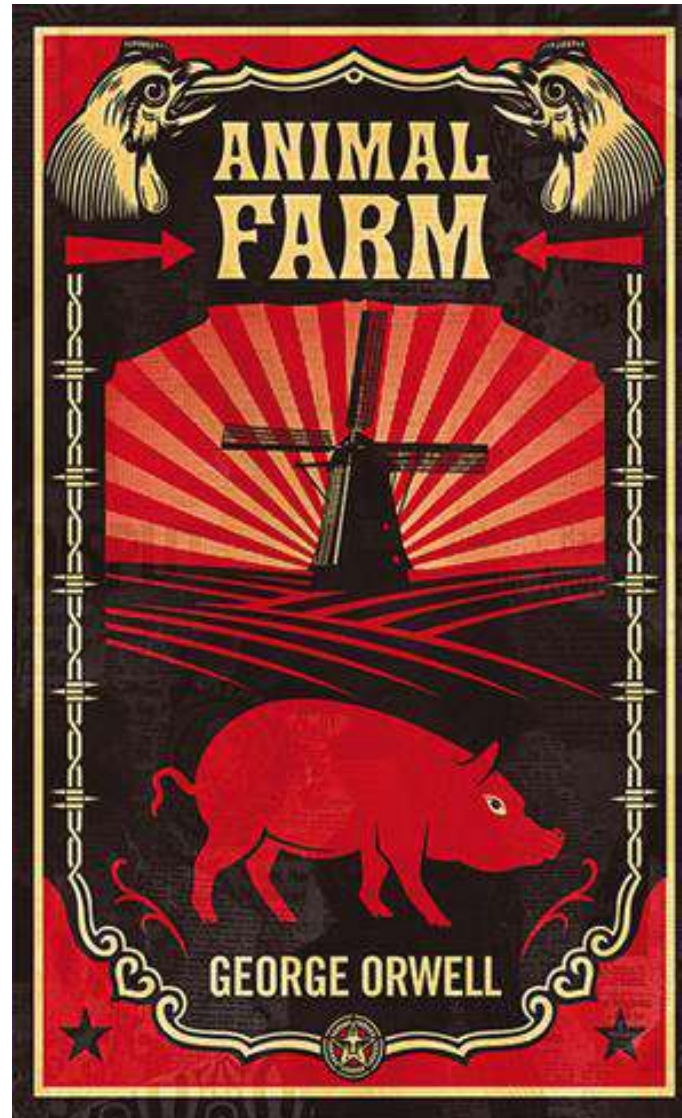




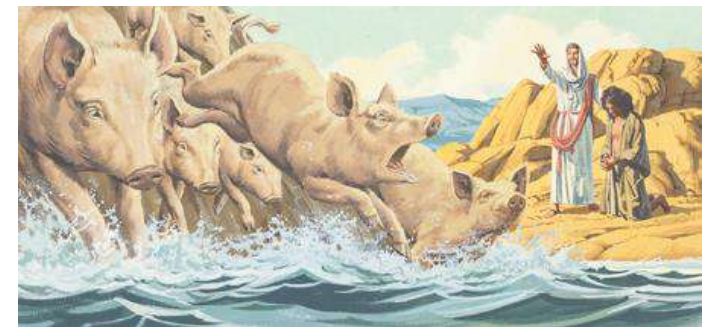


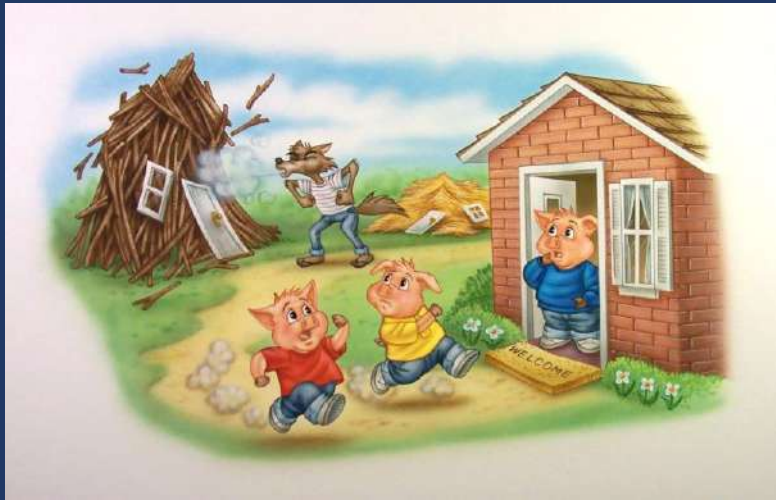
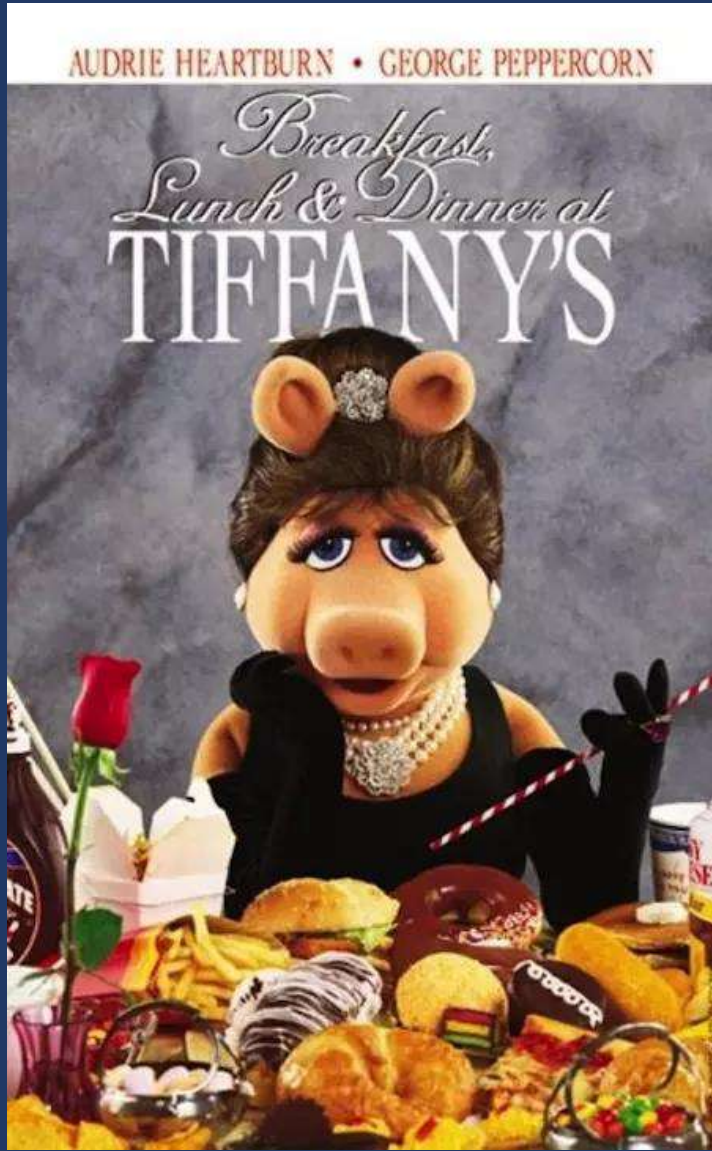
*« Les bourgeois c'est comme les cochons
Plus ça devient vieux plus ça devient bête... »*





DO NOT CAST
YOUR PEARLS
BEFORE SWINE







**PERGUNTINHAS PRA VOCÊS:
É hora da prova dos 9!**



Num lugar da Mancha, de cujo nome não me quero lembrar, vivia, não há muito tempo, um desses fidalgos que usam lança em hastilheira, adarga antiga, cavalo magro e galgo corredor. Panelada de **algo que era mais vaca do que carneiro, guisado⁽¹⁾** na maioria das noites, **ovos fritos com torresmos⁽²⁾** aos sábados, **lentilhas às sextas-feiras, filhote de pombo bravo como acréscimo aos domingos** — consumiam três quartos da sua fazenda.

N un lugar de la Mancha, de cuyo nombre no quiero acordarme no ha mucho tiempo que vivía un hidalgo de los de lanza en astillero, adarga antigua, rocín flaco y galgo corredor. Una olla de algo mas vaca que carnero, salpicón⁽¹⁾ las mas noches, duelos y quebrantos los sábados⁽²⁾, lentejas los viernes, algún palomino de añadidura los domingos, consumían las tres partes de su hacienda.

O que é “comida
de verdade” para
vocês?

O que não pode faltar à mesa nos seguintes eventos?

- Natal:
- Ano Novo:
- Quaresma:
- Páscoa:
- Dia das Mães:
- Dia dos Pais:
- Domingo à tarde/noite, feriado e dias da “preguiça”:

O que não pode faltar num hamburguer?

Queijo

Alface

Bacon

Tomate

Maionese

Outro _____



E o futuro: para onde vamos ?

1.3 BILLION
TONNES OF FOOD PRODUCTION
ARE WASTED EVERY YEAR

That's one-third
of world food
production

MORE THAN
820 million
PEOPLE DO NOT HAVE
ENOUGH TO EAT TODAY.



Waste happens all along the
supply chain, from the
production stage to
final household consumption.



@AJLabs

Source: FAO, UN | October 16, 2019



ALJAZEERA

Our global food system is facing a crisis. One-third of the world's available food either spoils or is thrown away before it ever reaches a plate, while 1.2 billion people go to bed hungry or undernourished.



1.3 billion tons

1.3 billion tons of food is wasted or lost each year. This represents 340 pounds of food lost or wasted for every person on the planet.



1.6 billion people

Perfectly consumable food that either spoils or gets thrown away could feed 1.6 billion more people each year.



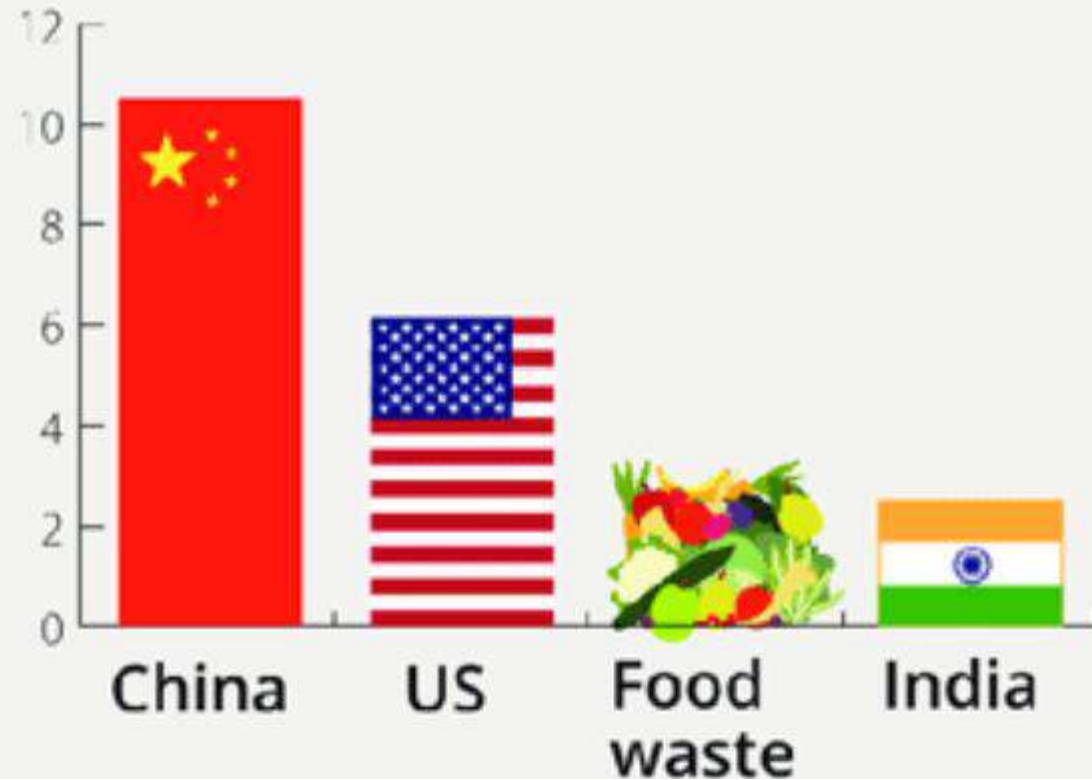
\$1 Trillion

The retail value of lost and wasted food costs the global economy more than the combined 2015 profits of the Fortune 500.



If global food waste was a country, it would be the third largest greenhouse gas emitter after the US and China

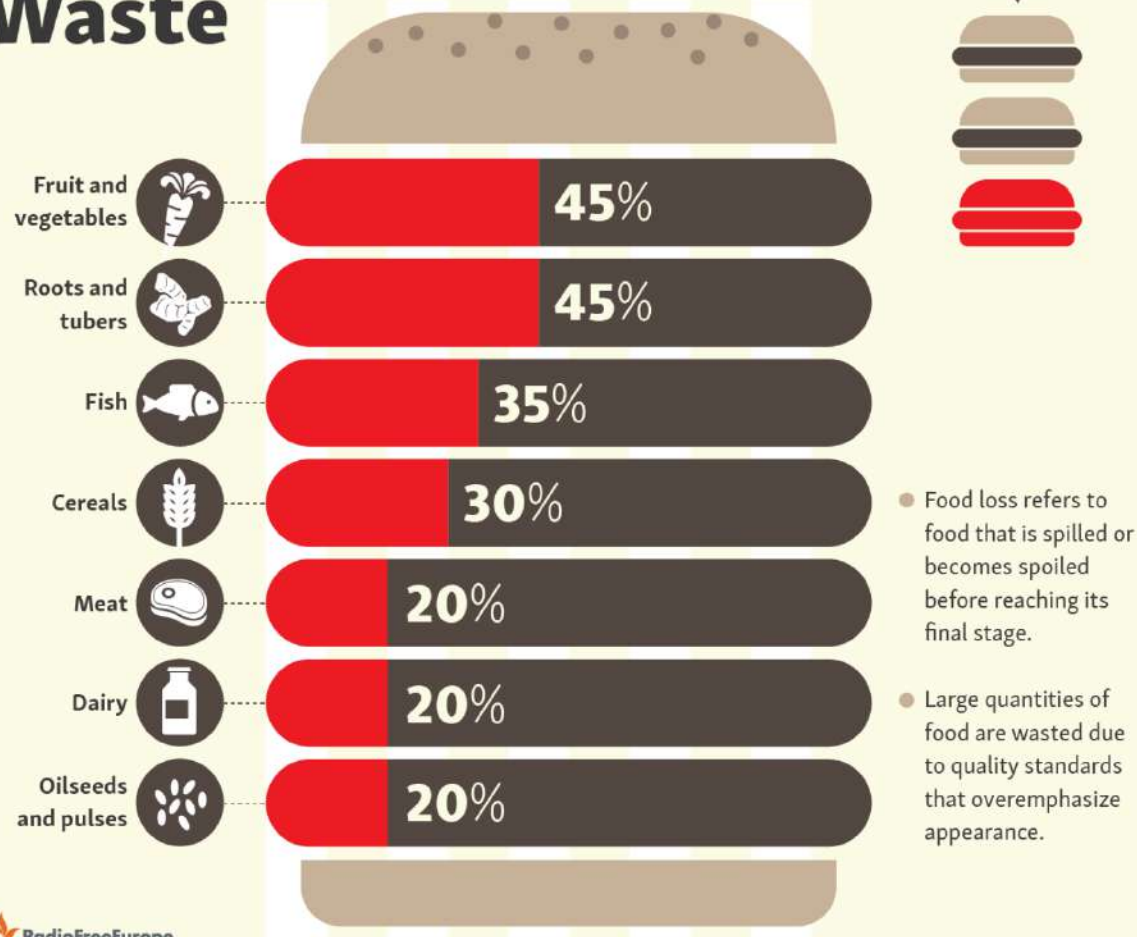
billion
tonnes
CO2
equiv-
alent



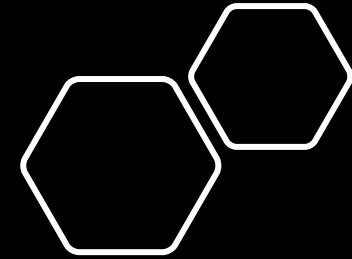
source: FAO

Global Food Waste

Approximately 1.3 billion tons of food is lost or wasted every year. That is about **one-third** of all the food produced for human consumption in the world.

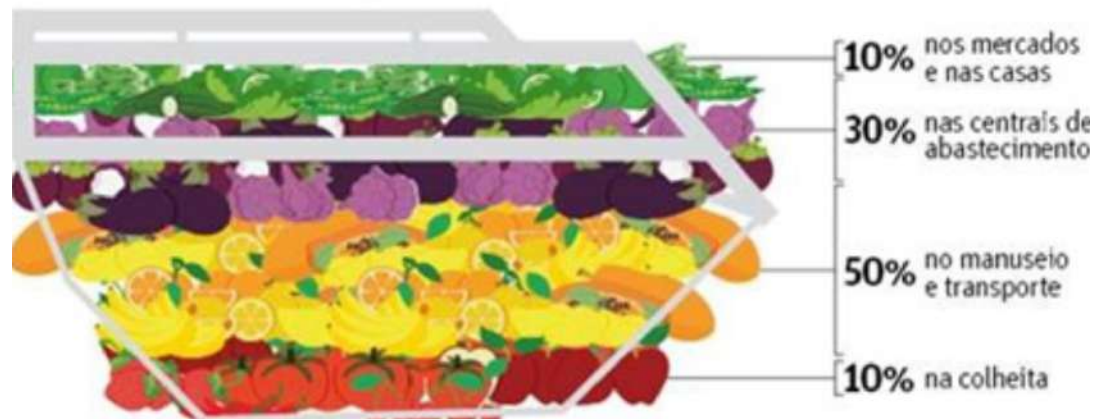


- Food loss refers to food that is spilled or becomes spoiled before reaching its final stage.
- Large quantities of food are wasted due to quality standards that overemphasize appearance.



AMPEÃO DE DESPERDÍCIO

Brasil é um dos dez países que mais descartam alimentos em todo o mundo



O QUE ISSO SIGNIFICA

POR DIA { 41 mil toneladas que alimentariam 25 milhões de pessoas por dia (13% da população do Brasil)

POR ANO { 15 milhões de toneladas desperdiçadas no Brasil, que alimentariam 9 bilhões de pessoas em um dia – ou toda a população do Brasil por 47 dias

Fonte: Instituto Akatu e ONU Verde

Fonte: www.institutoakatu.com.br/ Acesso em 05/12/2019



ALGUNS TEMAS PARA DISCUSSÃO FUTURA

Em termos ecológicos, sociais, nutricionais, culturais e éticos:

- ✓ Aonde estaria realmente o problema, no consumo **EXCESSIVO** de carnes ou no desperdício de alimentos ? Ou em ambos? Ou na forma como criamos os animais?
- ✓ O que causaria a nível mundial a eliminação da pequena criação de animais, da caça e da pesca para as populações não-urbanas ? **NOTA: populações rurais = cerca de 3 BILHÕES DE HABITANTES;**
- ✓ Como ficariam as religiões de matriz africana se não fosse mais permitido o consumo de produtos animais? Seria correto eliminar essas religiões?
- ✓ 48% dos animais em perigo de extinção são **ANIMAIS DOMÉSTICOS**. Seria então correto extinguir espécies ?
- ✓ Se os animais domésticos forem deixados livres na Natureza vão se reproduzir como aconteceu com o gado nas Américas e os coelhos na Austrália, destruindo a flora e fauna nativas. O que fazer então com esses animais?
- ✓ E os animais que são considerados ‘pestes’, como baratas, formigas, cupins, ratos e outros? O que vamos fazer com eles ?